

Next Generation Leadership Programme September 2010



“I enjoyed everything”

“Liz was excellent – what a personality! Best part was her tips to relieve stress and chill out”

“The handouts, web addresses etc. provided will be a useful resource for future”



“All topics covered were extremely well presented”

“I really enjoyed the course. I have learned a lot about myself and made new friends”

“Absolutely superb. Very engaging session”

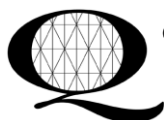


“This was excellent. Allows you the opportunity to put your point of view across”

“Found everything useful and learnt a lot about myself”

“The session focused on the individual and was very well delivered. An excellent ‘time out’ session”

“I didn’t realise what a difference the techniques Liz showed us could make to your well-being”



Queen's University
Belfast

**Next Generation
Leadership Programme**

Monday 20 – Friday 24 September 2010

Monday 20 September 2010

1900 – 1930 Wine and Soft Drinks Reception in the Canada Room
1930 – 2200 Welcome Dinner in the Canada Room
Address: Anna Carragher, Commissioner for the Equality Commission NI & Chair of the Grand Opera House Trust & former Controller of BBC NI

Tuesday 21 September 2010

0845 - 0915 **Registration, and Refreshments** in the Canada Room

Session 1 **Introducing Dialogue: moving beyond dysfunctional communication**
0915 - 1230 Sarah Hill, Dialogue Facilitator & OD Consultant
1045 – 1100 Refreshment Break

1230 - 1315 Lunch and informal mingling

Session 2 **Developing Yourself as a Leader**
1315 – 1630 Adina Mulkerns, Learning & Development Consultant
1445 - 1500 Refreshment Break

Wednesday 22 September 2010: Canada Room

Session 3 **Speaking with Confidence**
0900 - 1445 Kellie O'Dowd, Head of Training, Trademark Belfast
1045 – 1100 Refreshment Break

1230 – 1315 Lunch and informal mingling
1445 - 1500 Refreshment Break

Session 4 **Nothing Ventured...**
1500 - 1630 Dr Joanna McMinn, Former chief executive of the National Women's Council of Ireland

Thursday 23 September 2010: Canada Room

Session 5 **Getting the Future We Want**
0900 – 1230 Mark Faulkner, Director, Focused Partnerships Ltd
Queen's University, Belfast
1045 – 1100 Refreshment Break

1230 – 1315 Lunch and informal mingling

Session 6 **Managing Conflict in the Workplace**
1315 - 1630 Gordon Douglas, Community Affair Manager & Una Reid, Event Manager,
Queen's University, Belfast
1445 - 1500 Refreshment Break

Friday 24 September 2010: Canada Room

Session 7 **Creative Well-being**
0900 - 1230 Liz Comerton, Certified Counsellor, British Association of Anger Management
1230 - 1300 Presentation of Certificates by Prof. Yvonne Galligan
1300 - 1400 Lunch in the Canada Room