

Grit & Grace

Become the leader you want to be



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What does it take for a woman to become a good leader? The answer, according to Meryl Streep, is a combination of “Grit and Grace”. She was referring to Democratic nominee Hillary Clinton but the answer seems applicable regardless of what industry or sector you are working in.

This programme will help you feel more confident as a leader because it is built on the belief that everyone can learn to be a better leader, and there is no ‘ideal’ profile.

Using various psychometric tools and exercises, you will uncover your strengths, your values, your unique leadership brand that is authentic for you and how to engage effectively with others by flexing your style.

Designed and delivered by the William J Clinton Institute in partnership with Women in Business NI, this highly participative and engaging 3-day programme will take place in the beautiful Riddel Hall.



Workshop Dates: 
Friday 26th May, 9-5pm, Riddel Hall
Thursday 15th June, 9-1pm, Riddel Hall
Thursday 29th June, 2-8.30pm, Ulster Bank



Programme Costs:
£495 – Women in Business members
£595 – Non-members
(VAT – not applicable)

How to book/get more information

Visit our website to book your place www.leadershipinstitute.co.uk or contact us on 028 9097 4394 or email: leadershipinstitute@qub.ac.uk

Programme Content:

» Day 1: (full-day)

- Welcome introductory exercise
- Understanding your values using psychometric tool
- Exploring preferences through MBTI
- Assigning peer discussion topic and self-selecting groups
- Reflection

» Peer Learning Group 1

- Groups meet to discuss the topic from Day 1 and share reflections and experiences

» Day 2: (half-day am)

- Leadership; what leaders do, how to add value
- Influencing others
- Guest Speaker to share her leadership journey
- Peer learning topic 2
- Personal action planning

» Peer Learning Group 2

- Groups meet to discuss Day 2 topic and share reflections and experiences

» Day 3: (half-day pm)

- Final workshop to bring together and build on the learning to date
- Developing your leadership brand; your story – past, present and future
- Feedback session
- Final exercise
- This final workshop will be followed by a WIB dinner and networking event, proudly sponsored by Ulster Bank and held at their corporate headquarters in Belfast.