



**QUEEN'S  
UNIVERSITY  
BELFAST**

# 10 Easy Ways to Live a Sustainable Life

1 BUY LOCAL TO SUPPORT LOCAL



2 SAY NO TO SINGLE-USE PLASTICS



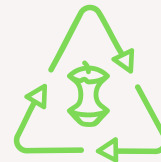
3 LIMITING FASTFOOD - PREVENTS WASTE + PROMOTES HEALTHY EATING



4 PLANT TREES AND WILDFLOWERS IN YOUR GARDEN



5 CONVERT FOOD WASTE INTO COMPOST



6 PREVENT, REDUCE, REUSE, RECYCLE, RECOVER, DISPOSE



7 SPEND TIME IN NATURE



8 UNPLUG UNUSED DEVICES



9 SAVE WATER



10 RAISE AWARENESS AMONG FAMILY, FRIENDS AND COLLEAGUES



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