

Staff Wellbeing Enrolment Form



QUEEN'S
UNIVERSITY
BELFAST

QUEEN'S
SPORT

Contact Details

Staff No:	<input type="text"/>	Home Telephone:	<input type="text"/>
Title:	<input type="text"/>	Mobile Telephone:	<input type="text"/>
Name:	<input type="text"/>	Home Address:	<input type="text"/>
Email:	<input type="text"/>	Post Code:	<input type="text"/>

Please select the course you wish to attend:

Dance 1300 – 1400 Starts 05.10.20 6 weeks £15.00 <input type="checkbox"/>	Pilates 1300 – 1400 Starts 06.10.20 6 weeks £15.00 <input type="checkbox"/>	Yoga 1300 – 1400 Starts 07.10.20 6 weeks £15.00 <input type="checkbox"/>	Tone N Trim 1300 – 1400 Starts 08.10.20 6 weeks £15.00 <input type="checkbox"/>
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Health Questionnaire

There are many benefits to be gained when people exercise regularly. This questionnaire aims to identify your health status so that we can provide advise and avoid risk of injury and illness. Please read the questions carefully and provide an accurate answer. Where necessary please provide additional information.

	Yes	No
Has a Doctor ever diagnosed you with a heart condition?	<input type="checkbox"/>	<input type="checkbox"/>
Have you recently suffered from chest pains during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
Do you ever feel faint or have spells of severe dizziness?	<input type="checkbox"/>	<input type="checkbox"/>
Are you currently receiving treatment or medication for high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
Have you broken any bones in the past 6 months?	<input type="checkbox"/>	<input type="checkbox"/>
Do you suffer from any bone or joint problems that exercise might aggravate?	<input type="checkbox"/>	<input type="checkbox"/>
Do you suffer from epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
Do you suffer from chronic asthma?	<input type="checkbox"/>	<input type="checkbox"/>
Are you diabetic? If yes, is the diabetes type 1 or type 2? Please note below	<input type="checkbox"/>	<input type="checkbox"/>
Have you undergone any recent surgery?	<input type="checkbox"/>	<input type="checkbox"/>
Is there any reason which has not been mentioned that may affect you taking part in physical activities?	<input type="checkbox"/>	<input type="checkbox"/>

Additional Information

Data Protection

The information collected on this form is used by Queen's University Belfast in its provision of sport & recreation. This information will be kept for six years after your course has ended. Financial information relating to your course will also be kept for six years in accordance with regulations.

Internal Communications

Queen's Sport would like to keep you up to date with future courses and programmes. Full details of how we use your data and our Privacy Policy can be found online at www.queenssport.com or upon request.

If you wish to receive up to date information please tick this box:

Signature Date