

STUDENT WELLBEING STEP-UP MODEL OF SUPPORT

Tier 1	Tier 2	Tier 3	NHS
Level 0-1	Level 1-2	Level 2-3	Level 3-4
<p>DROP-IN Assistant Disability & Wellbeing Advisers</p>	<p>One:One Wellbeing Advisers</p>	<p>Wellbeing Assessment Manager</p>	<p>Secondary Mental Health Supports</p>
<p>Short 15 min face-to-face meeting to identify presenting issue and signpost on e.g. School, LDS, Accommodation, Inspire Hub, Chaplaincies etc.</p>	<p>Identify presenting issue and complete assessment e.g. Inspire Counselling, Report & Support, Advice SU, Mental Health Coaching etc.</p>	<ul style="list-style-type: none"> Complete Assessment Identify presenting issue 	<ul style="list-style-type: none"> e.g. (GP referral to BHSCT Pilot Programme)
		<p>High Risk</p>	
<p>Other Supports</p>	<p>Students Assessed at Risk</p>	<ul style="list-style-type: none"> Attend A&E <i>(friend / family if possible)</i> 	
		<p>Moderate/High Risk</p>	
<ul style="list-style-type: none"> WOW Events Online / Apps Self-help sites Sports membership Clubs & Societies 	<ul style="list-style-type: none"> Immediate Risk – A&E Emerging Risk – GP Wellbeing Assessment Manager 	<p>Refer Student to Services:</p> <ul style="list-style-type: none"> Wellbeing Advisor Inspire Counselling External Services 	

