

## STUDENT WELLBEING STEP-UP MODEL OF SUPPORT

Tier 1	Tier 2	Tier 3	NHS	
Level 0-1	Level 1-2	Level 2-3	Level 3-4	
Other Supports	One:One Wellbeing Advisers	Wellbeing Assessment Manager	Secondary Mental Health Supports	
<ul style="list-style-type: none"> <li>• <u>WOW Events</u></li> <li>• Online / Apps</li> <li>• Self-help sites</li> <li>• Sports membership</li> <li>• Clubs &amp; Societies</li> </ul>	Identify presenting issue and complete assessment e.g. Inspire Counselling, Report & Support, Advice SU, Coaching	<ul style="list-style-type: none"> <li>• Complete Assessment</li> <li>• Identify presenting issue(s)</li> </ul>	<ul style="list-style-type: none"> <li>• e.g. GP referral to BHSCT Student Mental Health Pilot Project</li> </ul>	
		<b>High Risk</b>		<ul style="list-style-type: none"> <li>• Attend A&amp;E <i>(with friend / family if possible)</i></li> </ul>
		Drop-In Assistant Disability & Wellbeing Advisers		Students Assessed at Risk
Short 15 min face-to-face meeting to identify presenting issue and signpost on e.g. School, LDS, Accommodation, Inspire Hub, Chaplaincies etc.	<ul style="list-style-type: none"> <li>• Immediate Risk – A&amp;E</li> <li>• Emerging Risk – GP</li> <li>• Wellbeing Assessment Manager</li> </ul>	<ul style="list-style-type: none"> <li>• GP / Out of Hours</li> <li>• Safety Plan</li> <li>• Notify emergency contact</li> <li>• Contact Senior Manager / School / Accommodation</li> </ul>		
		Refer Student to Services: <ul style="list-style-type: none"> <li>• Inspire Counselling</li> <li>• External Supports</li> <li>• Wellbeing Adviser</li> </ul>		

