

#### Sept 2023

\* WELCOME

Issue 5

# CARE EXPERIENCED STUDENTS NEWSLETTER

### Named contacts

WIDENING PARTICIPATION

A reminder that the named contacts for care experienced students are: Julie-Ann Hamilton j.a.hamilton@qub.ac.uk Sinead O'Kane: s.okane@qub.ac.uk

## Accommodation

## Reminder

If you have opted to stay in Queen's Student Accommodation this year, then let us know so we can make accommodation aware of your intent to avail of the Care Experienced offer of guaranteed accommodation 365 days a year.

## Academic Support

If you are an UG student who needs help with referencing, time management, how to start an assignment then you can receive academic support from the <u>Learning Development Service.</u> Good luck!!

### WELCOME TO THE CARE EXPERIENCED NEWSLETTER

We hope to issue this newsletter every 1-2 months with updates on specific and general support and opportunities for our Care Experienced community.

# Support Meetings and Bursary

Welcome to our new students and of course to our returning students! We hope you are excited for your next chapter at Queen's. We are again offering 1:1 support meetings to discuss any additional support you may need. We will also discuss the <u>Care</u> <u>Exprienced Bursary</u> at these meetings. Please complete the relevant form: <u>New student form</u>

<u>Returning student form</u> - please complete even if you don't want a support meeting, especially if you already receive the bursary.

Please note that thanks to Department for the Economy funding we are hoping to provide an additional bursary amount with the second payment (normally around March/April). Further information to follow in the New Year.

#### **UPCOMING EVENTS**

- Free Sexual Health Clinic in the SU will start up again in September find out more on the <u>SU</u> <u>events page</u>
- The Pantry: Free Refill Station will run again this year to provide students with free grocery essentials. Check out <u>here</u> for times and details
- <u>Chatty Chairs with SU Volunteer</u> September 21st 1pm 2pm meet the SU Volunteer team, meet other students and find out more about the brilliant <u>volunteering opportunities</u> at Queens.
- Enjoy all the freshers activities and keep an eye out for members of the WPU team feel free to introduce yourself!

### SUQCESS

SUQCESS (Supporting Queen's Care Experienced Students) has been kindly funded by a private donor to provide support for care experienced students to help with their studies. This support may come in the form of vouchers for books, support with groceries, support with groceries, support with accessing a placement, etc. Applications are open all year round and can be found at: <u>go.qub.ac.uk/qubcares</u>

Remember that <u>well-being</u> host drop-in sessions Mon-Fri from 11am - 3pm on the first floor of One Elmwood. You can also call: 07387 546 123

Find out more about support for care experienced students at Queen's <u>here</u>:



## Scholarships

- Scholarship for students thinking of studying a Masters in Autumn 2024 in a Maths related course click <u>here</u>
- Other scholarship and funding opportunities can be found <u>here</u> and I will alert about any other relevant opportunities as they arise.

# **Coaching for Success**

Calling all care experienced and Widening Participation programme students! Could you benefit from professional coaching to help you reach your full potential? The Coaching for Success Programme 2023-24 is now open for applicants. If successful you'll:

- Receive a free monthly coaching session from November 2023 -April 2024
- Build up your skills and confidence
- Develop your self-awareness

To find out more, join the coaching team for lunch and an information session on 24th October from 1pm - 2pm, Meeting Room 1, One Elmwood.

#### Coaching for Success Information Session

Or if you can't make the information session but would like them to contact you with more information, register <u>here</u>

**Careers** A reminder that you can use MyFuture to see Careers events and arrange a meeting to look at next steps and opportunities

### Advice

Need advice on housing, finances, study, just about anything? <u>SU Advice</u> offer 15 minute drop in sessions (first come, first served) on the third floor of One Elmwood Student Centre Tuesdays, Wednesdays and Fridays 11.30am – 2.00pm. You can also book an appointment by emailing su.advice@qub.ac.uk