### **SU VOLUNTEER**

GIVE YOUR TIME, MAKE A
DIFFERENCE, AND BOOST
YOUR SKILLS AND WELLBEING





### WHY VOLUNTEER?



### Why Volunteer?

- Make a tangible difference in the local community
- Develop your skills and build up your experience
- Boost your confidence
- Improve your wellbeing by doing good for others and doing something you enjoy
- Meet new friends



## FIND YOUR PERFECT VOLUNTEERING OPPORTUNITY



### SU Volunteer

- We have a network of over 520 volunteer involving organisations!
- Sign up to our newsletter at <u>www.q-su.org</u> to keep up to date with all the latest volunteering opportunities or get in touch to explore options tailored to your interests
- Get rewarded for your volunteering through Prestige Volunteers and Future Ready Award
- Contact us on <u>su.volunteer@qub.ac.uk</u>





### Homework Clubs

- Support children and young people to improve their study skills, build confidence and raise their aspirations
- Working in partnership with youth and community groups across Belfast
- Induction training provided as well as on-site support and ongoing specialist training
- Apply on <u>www.q-su.org</u> by 16 January



# FANCY DOING GOOD FOR YOUR COMMUNITY?







### Handy Helpers

- A flexible way to volunteer through one-off and short-term projects
- Open to all students, throughout the academic year
- Experience a variety of opportunities and communities
- Tuesday Teas and Friday Fundays
- Register at <u>www.q-su.org</u>

SU VOLUNTEER OPPORTUNITY

### JUMPIN

FROM TASTER SESSIONS TO SPECIALIST TRAINING, JUMP IN TO THE WONDERFUL WORLD OF VOLUNTEERING.





### Jump In

- Enables students to progress in their voluntary role and develop their futureready skills
- Supports beginners to access volunteering opportunities e.g. fairs and taster sessions
- Coming Up:
  - Tour & Taster with Advice Space (25 Jan)
  - Information Session about volunteering with SVP (31 Jan)
  - Simon Community Homelessness Awareness Session (6 Feb)
  - Tour & Taster with Crescent Arts Centre (8 Feb)
  - Information Session about volunteering with Childline (13 Feb)



### Jump In

- Specialist training for experienced volunteers e.g. club and society committee members and school reps
- Guidance for student-led volunteering and fundraising projects
- To get in touch, contact us on <u>su.volunteer@qub.ac.uk</u>



## THANKS SO MUCH FOR LISTENING!

NOW OVER TO YOU - ANY QUESTIONS?

www.q-su.org su.volunteer@qub.ac.uk @queensstudentsunion





