

# **PSYCHOLOGY**

The Science Behind Behaviour

# **RESEARCH-LED TEACHING**

We're at the forefront of ground breaking research which you'll find embedded throughout our teaching.

### **SKILLS FOR LIFE**

Learn more about yourself and develop employability skills with professional placement opportunities.

# THEORY AND PRACTICE

We'll show you psychology in action both inside and outside of the classroom.

SHAPING A BETTER WORLD SINCE 1845



# **PSYCHOLOGY**



## Why study Psychology?

Psychology is the scientific study of behaviour and the mind: you'll study how we think and learn; how we develop and age; how we differ from one another; how we interact, collaborate and sometimes conflict with each other. You'll consider the extent to which these behaviours are influenced by both nature and nurture, and also explore animal behaviour which reveals the contrasts that make us uniquely human. As you'll see, our Psychology degree is diverse and stimulating. Our graduates are confident, independent achievers who have numerous professional career pathways open to them.

Throughout your time with us, you'll develop a wide range of transferable skills which make our graduates so appealing to employers.

Psychology offers an arguably unique grounding in both qualitative and quantitative research skills, meaning our graduates have high verbal and numerical competencies. You'll have well developed organisation and self-management skills and be confident communicators to both small and large groups of people, using a range of media

Equipped with team-working and leadership experiences, you'll not only be able to problem solve with critical insight, but lead others to do so too. All this on top of your insights into the mind and behaviours of others, and yourself.



Course Director Dr Paul Wilson

# Who will be teaching you?

Dr Wilson is a Chartered Psychologist and Lecturer specialising in Psychology Education. He teaches Individual Differences (how we differ in terms of personality and intelligence); Conceptual and Historical Issues in Psychology (where students think about the big unanswered questions in psychology, consider where the discipline has come from, and where it is heading to) as well as Research Methods, Statistics and Psychometrics (how we measure psychological characteristics and analyse data).

His research interests include the dark side of peoples' personality, human intelligence, and individual characteristics that influence educational outcomes in higher education. Paul is also an active member of the British Psychological Society, the professional body for Psychologists in the UK.

## Our subject areas

Over the first two years of the programme, we cover a diverse syllabus, approved by our accrediting professional body, the British Psychological Society (BPS), which provides a solid foundation across the full range of psychology's core domains.

#### Your study options

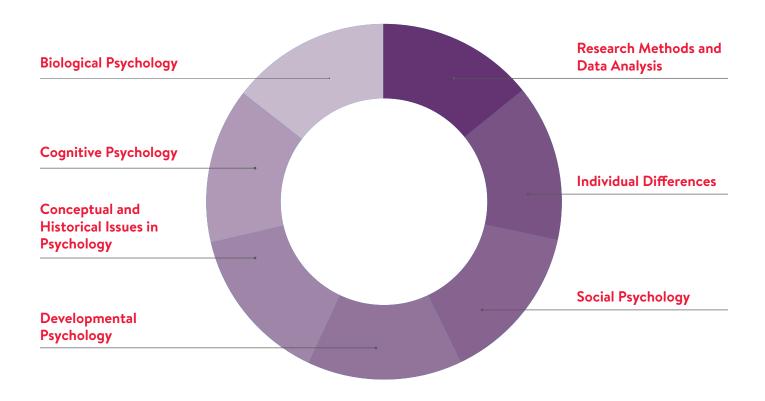
#### Level 1

Provides a gentle introduction to psychological theories of the core domains, research methods and the application of psychology in everyday life. We deliver this through a variety of engaging and interactive teaching methods including lectures, small-group tutorials and practical laboratory classes.

#### Level 2

Builds more detailed knowledge of the core domains whilst developing critical and analytical thinking skills. Our subject specialists use a mixture of theoretical and practical teaching methods to hone the skills required to be a successful graduate.

# WHAT YOU'LL LEARN



# Professional Work Placement Year Option

At the end of Level 2, you'll have the opportunity to enhance your employability and practice your psychological skills within the workplace, by taking a year-long professional work placement, working with one of our many partners across the private, public and voluntary sectors.

#### Level 3

Allows you to tailor your psychology degree according to your individual interests. Our Level 3 students choose their modules from a selection designed to explore current developments across many domains of psychology; all delivered by our cutting-edge researchers. Have a look at our School's website for details of current module offerings which change year-onyear. In previous years, for example, our students have looked at how we can change public behaviour using subtle "nudges"; the dark side of personality; the psychology of music; youth and political violence; and why elite sports people sometimes "choke" under pressure.

For students who don't wish to take a year-long work placement before starting Level 3, we also offer our 'Insights into Graduate Employment' module.

All of our students complete their degree in Psychology by submitting a research project thesis at the end of Level 3. This independent research is completed under the supervision of our expert academic staff, who will be with you every step of the way on your transition to becoming a graduate Psychologist.

### **Psychology In Action**

You'll also have opportunities to see psychology in action across your three years.

We have a Research Participation Scheme for first year students, where you gain experience by taking part in research projects being run within the School, while earning degree credit.

We also offer a number of paid research skills studentships where students have the opportunity to work with one of our academic teams over the year, developing your research skills while contributing to one of our many research projects.

As part of your studies, you'll have the chance to take personality and ability tests for yourself, see how they're scored and learn how to interpret your results, gaining insight into who you are as an individual and how you tend to approach life, work and study situations.

Optional modules in final year may offer field trips. In previous years, our students have gone to Belfast Zoo to see animal psychology in action; to a peace line/community group to see social psychology in action; and have hosted visits from a local primary school gaining practical experience of administering educationally relevant psychological assessments to young children.

# AFTER GRADUATION



"For anyone considering Psychology at Queen's, I would encourage you wholeheartedly to go for it. The staff, facilities and resources available won't disappoint. The biggest draw for me was the impressive staff. Most professors work on their own research while also teaching and I enjoyed the idea of being taught by world leaders that are active within the field of psychology."

**Jessica Geiger** California, USA



"Since starting Aperture, I have improved upon my skills and knowledge that I have learnt not only in my Psychology degree but through my previous work experience. It has given me a lot more confidence to do tasks I would never have thought of doing. It has enhanced my transferable skills especially my communication skills and my organisation and planning. My psychological skills have also been improved as I now have more research experience. My year of placement has allowed me to get "a foot in the door" and make great connections.

The placement has opened my eyes to a career outside of clinical psychology, and made me think more in depth about what I would like to do after I finish my undergraduate degree."

**Zoe Robinson** Aperture

### Why Queen's?

Research-led Teaching: the most recent Research Excellence Framework (REF 2014) placed the School among the UK's top 20 Psychology, Psychiatry and Neuroscience departments in terms of both research intensity and research impact. Our impact reflects how the School's research is informing policy makers, developing industry partnerships and ultimately touching on the lives of thousands of individuals. We're at the forefront of ground breaking research which you'll find embedded throughout our teaching.

State of the Art Facilities: Weekly lab classes in Year 1 and Year 2 take place in our newly refurbished teaching and learning space located in the David Keir Building. This facility is available exclusively to Psychology students and outside teaching times can be used for group work or private study. We also provide a Psychology student common room for relaxation between classes. In addition we have a wide range of research facilities available for student projects including our Animal

Behaviour Lab, Electrophysiology Lab, Social Interaction Lab, Eye Tracking Lab, Child Development Lab and much more.

#### **CAREERS**

Our degree is accredited by the BPS, meaning our graduates are eligible to join the BPS with graduate basis for chartership (MBPsS grade), provided the minimum standard of a 2:2 degree classification is achieved and the final year thesis is passed. Throughout your three years at Queen's, you'll see we have embedded, through our graduate employment Insight Programme, employability skills and opportunities which will prepare you for the world of work after graduation.

Our Psychology graduates excel in a wide variety of careers including management consultancy, journalism, human resources, teaching, social work, marketing and accountancy to name but a few. Others complete postgraduate qualifications to become practitioner psychologists, specialising in Clinical, Educational, Health, Occupational or Sport and Exercise Psychology.

#### **FURTHER STUDY**

Further study is required to become a practitioner psychologist or academic researcher. We offer professional doctorate degree programmes in Clinical Psychology and also in Educational, Child and Adolescent Psychology, in addition to a doctoral research (PhD) programme. We also offer master's degree programmes as a stepping stone to these competitive and prestigious professional programmes – please visit our website for our current postgraduate opportunities.



Build your experience and confidence through a short work placement with one of our many employer-partners. You will work on a 6-8 week project applying psychology in the workplace. This is perfect if you don't wish to take a year-long work placement between second and final year.

## **OBJECTIVES:**

- to provide an insight into the world of work before graduation
- to demonstrate the application of psychological knowledge and skills to an organisation, department or specific project
- to get feedback on performance in the workplace
- to provide networking opportunities with employers
- to encourage selfreflection on skills base and career aspirations

#### THE FIRST 6 YEARS OF THE PROGRAMME:

**82** Partner organisations (2013-2019) 220 Placement students (2013-2019) **4,496**Days on placement (2013-2019)

#### **EXAMPLE PROJECTS**

Work with a smoking cessation team to research the use of e-cigarettes

Researching the psychological benefits of owning a cat

Delivering sessions in a primary school sensory room

Evaluation of a new complementary therapy for cancer charity

Measuring the effectiveness of a wellbeing programme on mental health

Review of Dementia Friendly Communities workshops

Collecting qualitative feedback on a wellbeing initiative for a construction firm

Assessing mobility and independence levels in young people with visual impairments

Assessing client engagement and satisfaction with wellbeing services offered by a financial services firm

Producing a service user participation information guide for a mental health charity

A review of social media marketing and recruitment campaign for a graduate employer

Promotion of verbal communication skills in nursery-aged children

Investigating the effects of outdoor learning on personal development

# To discuss your options in more detail or if you have any questions contact:



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FIND OUT MORE ABOUT OUR PSYCHOLOGY COURSES:

http://go.qub.ac.uk/ug-psych

# askeps@qub.ac.uk www.qub.ac.uk

