



**QUEEN'S  
UNIVERSITY  
BELFAST**

SCHOOL OF  
NURSING AND  
MIDWIFERY

# IMPROVING THE SEXUAL HEALTH OF MEN IN NORTHERN IRELAND'S PRISONS

**Dr Carmel Kelly, Dr Michelle Templeton &  
Professor Maria Lohan**



**South Eastern Health  
and Social Care Trust**



An Agency within  
**DoJ**  
Department  
of Justice  
[www.justice-ni.gov.uk](http://www.justice-ni.gov.uk)



**Burdett Trust**  
for Nursing

NORTHERN IRELAND

**PRISON**



**SERVICE**

## QUB Project Team

Dr Carmel Kelly; Dr Michelle Templeton; Professor Maria Lohan

## Project Steering Group

Tracey Heasley; Karen Allen; Dr Emma Mc Carty; Dr Fiona Carey; Gillian Mc Cullough; Gabrielle O'Neill  
& Joanna Brown; Geraldine Daly

## Our Partners

SEHSCT; Burdett Nursing Institute; NIPS; Department of Justice

## Morrow Communications

And finally, the young men in HWC and SET  
nursing staff



- Successful evaluation within SEHSCT of a new model of Level 1 care in primary care for asymptomatic testing for STIs
- Move to NHS care – services for prisoners should be designed to meet their needs and to standards expected in the wider community
- SEHSCT responsible for prison health since 2008
- Consultant led in-reach service, primarily for symptomatic patients
- Little nurse involvement and no health promotion focus
- Opportunity to reach the 'hard to reach'

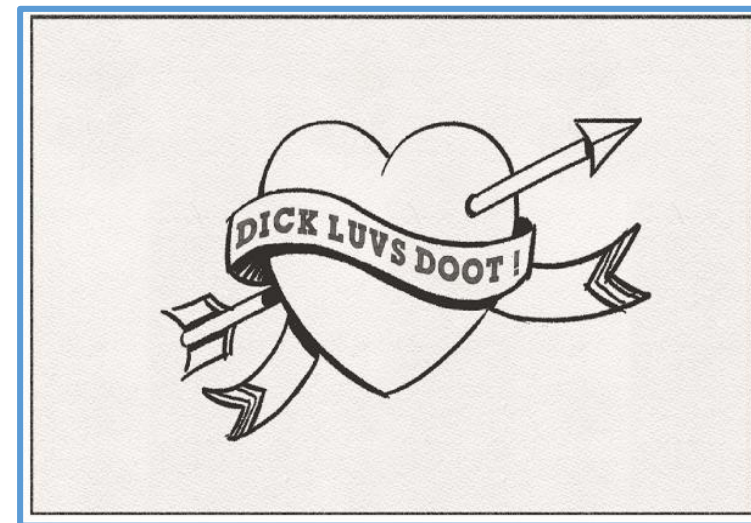


What's today about?



**Development of a nurse led service to provide asymptomatic sexual health check ups for men in prison**

**Participatory action research with young men in HWC to develop an animation promoting a positive approach to STI testing.**

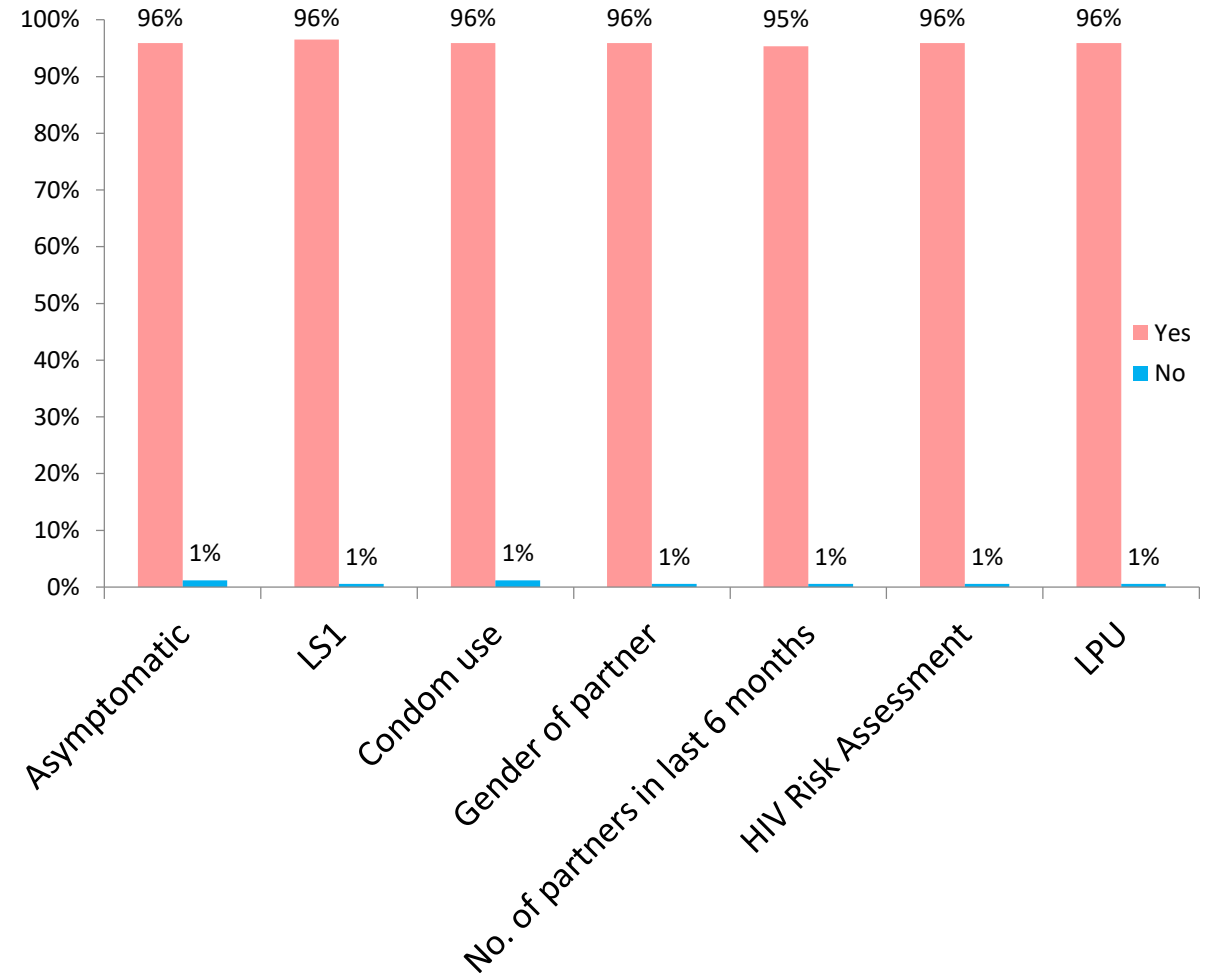
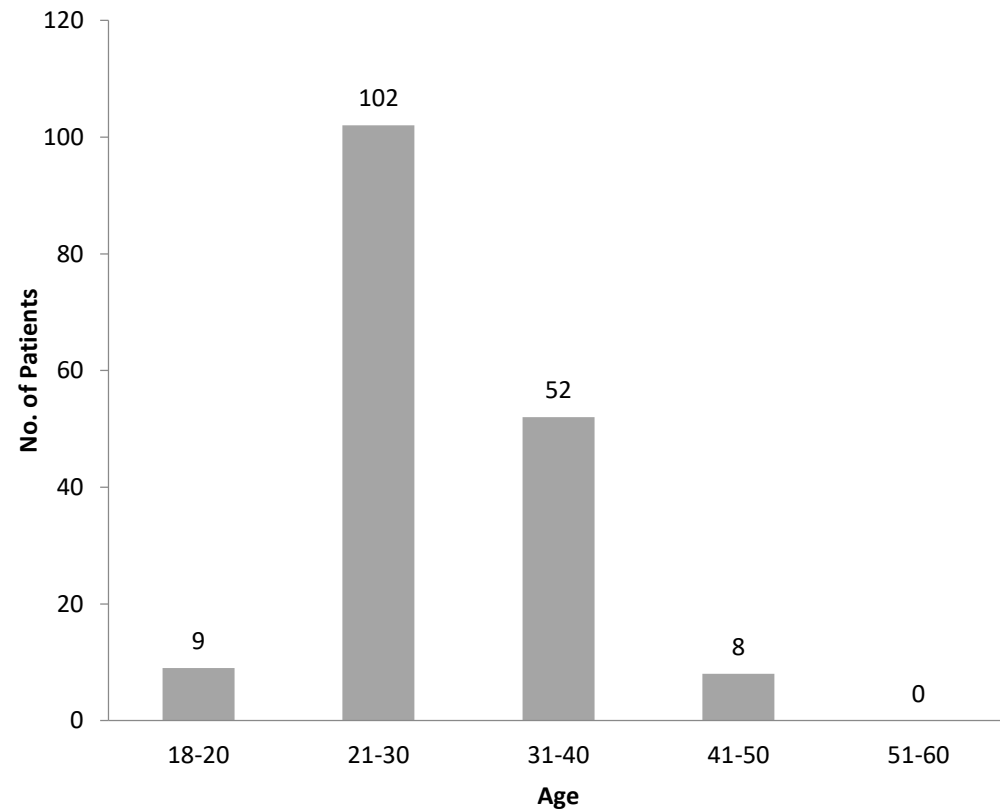


- 30 nurses have completed the eLearning and attended training
- 8 nurses attended a bespoke 3 day training on sexual health
- System of reporting positive results to SHS set up
- Decision to pilot the service with a small group of nurses who received site visits
- Different models introduced at different sites

## Evaluation of nurse led service 1<sup>st</sup> July – December 31, 2018

- Case note audit of 171 patients seen at the service
- Laboratory reports and data bases
- 8 key variables on documentation of sexual history
- 3 key performance indicators (KPIs) on the management of positive chlamydia results

*KPI : 97% of people accessing services with needs relating to STIs should have a relevant sexual history documented*



*KPI : 85% of patients should be offered screening for chlamydia, gonorrhoea, syphilis and HIV*

- Including Hepatitis B+C, all 5 tests were offered to 96% of patients, with a 94% uptake
- How patients were to receive results was documented in 92%

## Management of positive results



- 12 positive chlamydia results (7% positivity rate) and 3 gonorrhoea positive results.
- 2 new cases of syphilis were detected and a further 2 cases of known HIV were highlighted.
- 7 cases of Hepatitis C (3 previously diagnosed) and 3 new cases of Hepatitis B. While the chlamydia positive cases were managed by the nurse, all other positive cases were seen by the GUM consultant and referred to Hepatology.

## Management of positive results

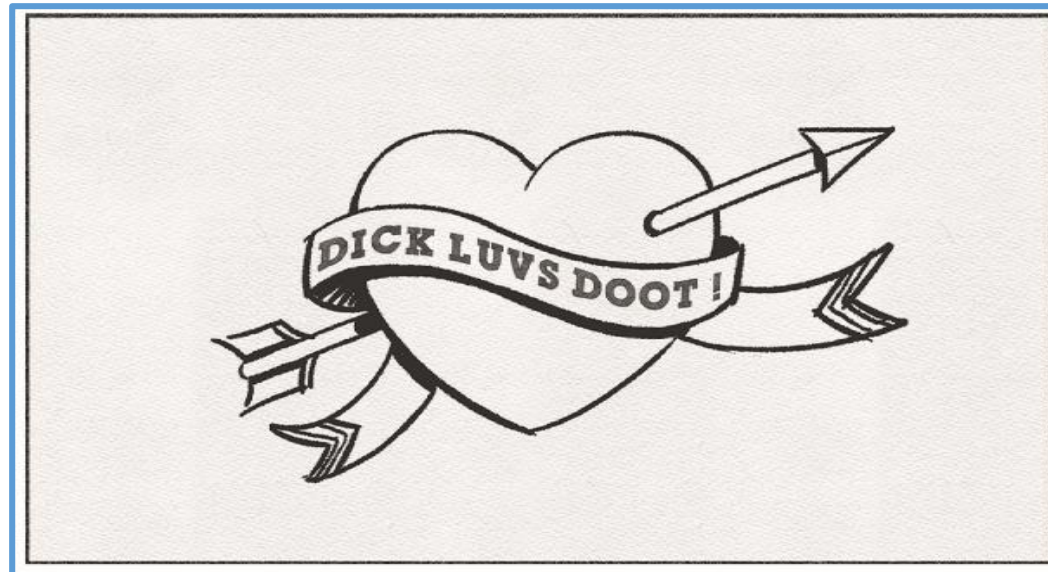


- 50% of chlamydia treated < 2 working days from result
- A further 25% < 4 working days
- 2 cases took up to 9 days
- 1 patient deported before treatment
- 90% had partner notification discussion documented
- 100% had all 5 tests

## Rights-based participatory approach with young men in HWC

To promote;

- i) A positive approach to STI testing
- ii) The new service



# 3 Stages – Content, Delivery & Refinement



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## i) Key issues – *Sexual health check-up*

- Reflecting on key messages
- Why is it important?
- Helping you to stay healthy and well
- Partner notification

## ii) Medium of communication

- Language & accent – realistic, easy to understand
- Style - animated explainer, eye-catching visuals
- Tone – simple, fun, narrative audio

## iii) Script & storyboard – backbone

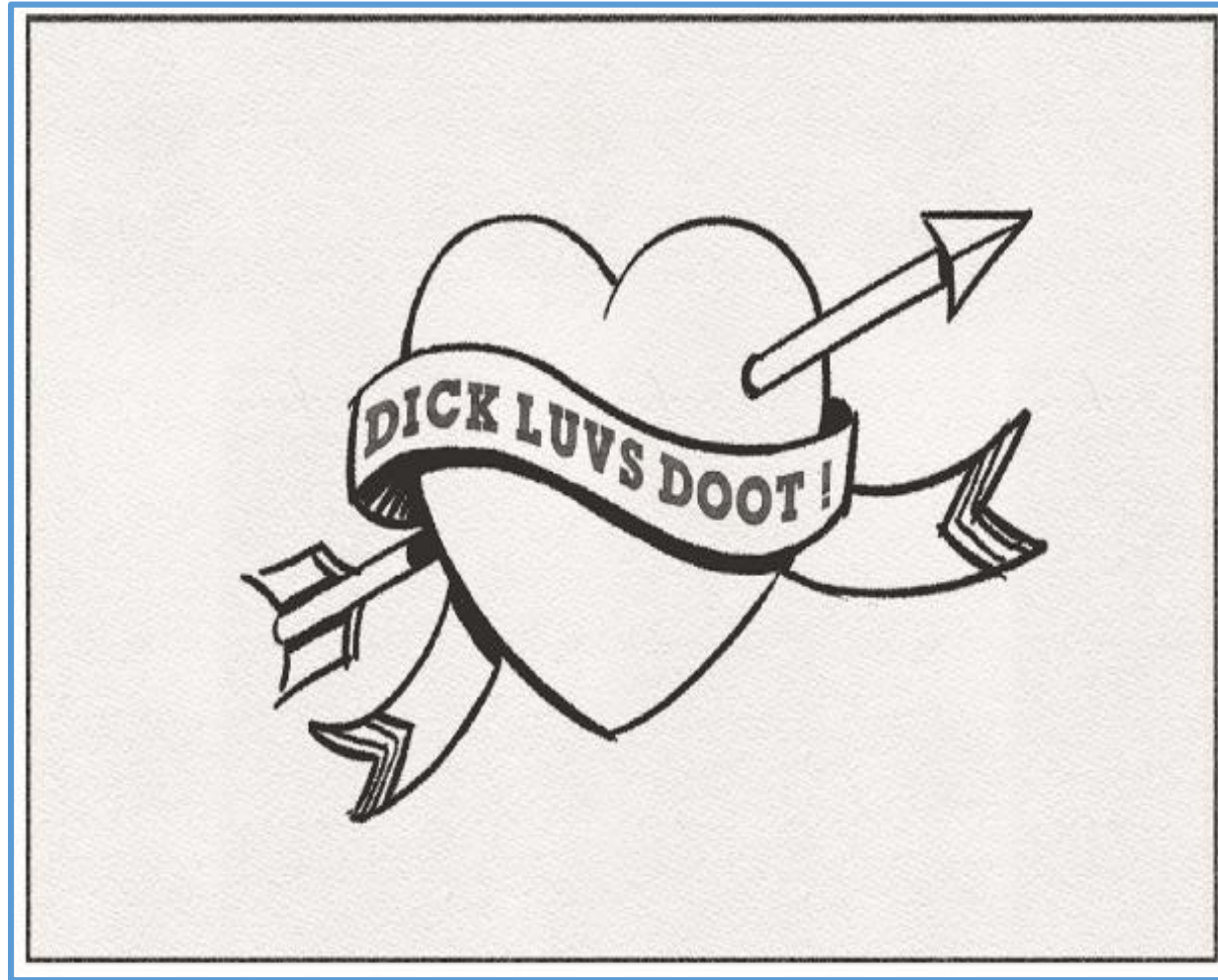
- Creative brief - 2 scenarios
  - Characters in a nightclub
  - Sexpert in Dr's office
- Two characters discussing a personal issue!

## Storyboard & Script





- *“it was great to get out and come over here and get a bit of craic, there’s certain questions that you’d be afraid to, reach out like, its mad, but it was easier to ask because you’s were already there”*
- *fair play to them (prison officials) for letting you’s in to do this...the more you put in the more you get back”*



**Dick luvs Doot**