



Increasingly, mental health problems affect the lives of children and their families. These mental health problems have been neglected, with far less spent on treating them than on treating physical disorders.

The **Youth Wellbeing NI** study aims to assess the prevalence of mental disorders among 2 to 19 year olds in Northern Ireland.

The study is being undertaken by Queen's University Belfast, Ulster University and the Mental Health Foundation. Perceptive Insight has been commissioned to undertake the data collection. The Northern Ireland Health and Social Care Board (HSCB) have provided funding to support this study. This is the first time it will be conducted in Northern Ireland. By taking part, you can help the NHS, government, policy makers and charities in the development of mental health and wellbeing services for children and young people.

The survey will involve a random selection of households from across NI:

Face to face questions **and** Self-completion questions using an iPad.



Our team – please get in touch if you have questions about the study:

[Dr Lisa Bunting](#)

Project Director, School of Social Sciences, Education & Social Work, QUB
☎028 9097 1582

[Dr Claire McCartan](#)

Research Fellow, School of Social Sciences, Education & Social Work, QUB
☎028 9097 5296

Prof Gavin Davidson

Professor of Social Care, School of Social Sciences, Education & Social Work, QUB

Dr Anne Grant

Lecturer, School of Nursing & Midwifery, QUB

Dr Ciaran Mulholland

Consultant Psychiatrist, School of Medicine, Dentistry & Biological Sciences, QUB & NHSCT

Dr Dirk Schubotz

Senior Lecturer, School of Social Sciences, Education & Social Work, QUB

Prof Mark Shevlin

Professor of Psychology, UU

Dr Orla McBride

Reader, School of Psychology, UU

Prof Jamie Murphy

Professor of Psychology, UU

Josefien Breedvelt

Research Lead, Mental Health Foundation

If you have been affected by anything covered in the questionnaire, you can talk to someone:

YOUR GP

They will be able to provide help and advice. Your GP can also provide access to appropriate specialist services and local organisations

CHILDLINE

Free 24-hour counselling service for children and young people up to their 19th birthday.
0800 1111 www.childline.org.uk

NSPCC

A 24 hour helpline service
0808 800 500 www.nspcc.org.uk

SAMARITANS

A 24 hour helpline service
116 123 www.samaritans.org

LIFELINE

A 24 hour crisis telephone and counselling service.
0808 808 800 www.lifelinehelpline.info

EATING DISORDERS ASSOCIATION NI

028 9023 5959 www.eatingdisordersni.co.uk

