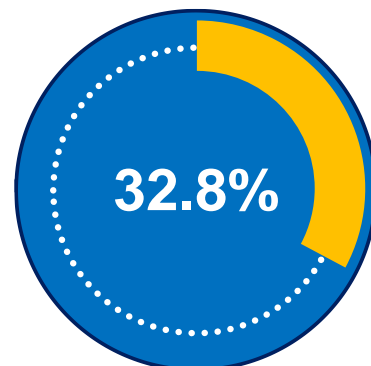
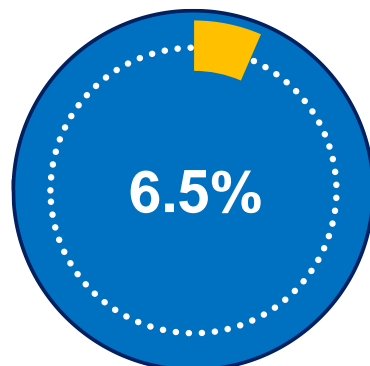
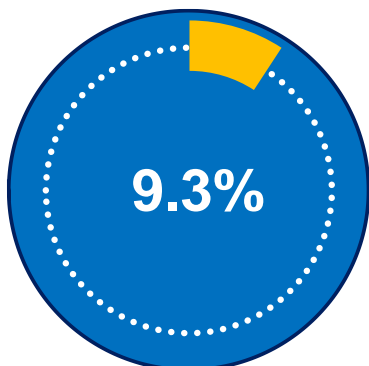


URINARY, BOWEL AND SEXUAL HEALTH IN OLDER MEN FROM NORTHERN IRELAND

Proportion of men aged 60+ reporting condition

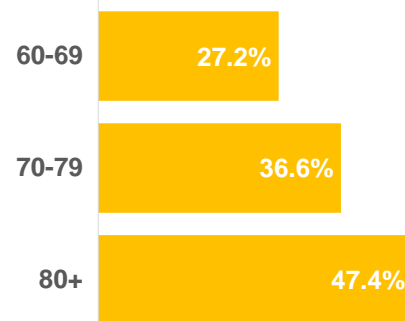
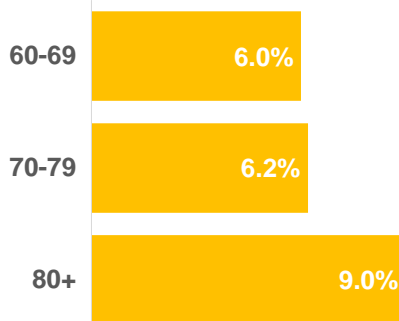
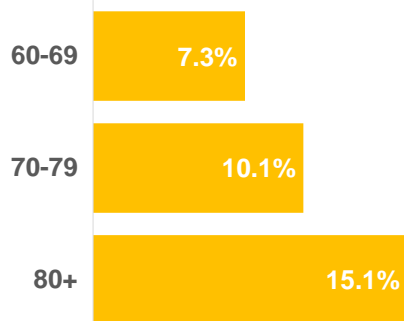


URINARY DYSFUNCTION

BOWEL DYSFUNCTION

SEXUAL DYSFUNCTION

Proportion of men in each age group reporting condition



Men often report more than one condition

- Two out of five men (38.1%) reported at least one of urinary, bowel, or sexual dysfunction.
 - In a population of 161,000 this is 61,000 men.
- 2.1% indicated they had all three issues.
 - In a population of 161,000 this is 3,400 men.

FACTORS INFLUENCING URINARY, BOWEL AND SEXUAL FUNCTION

- *Increasing age;*
- *Living in deprived areas (urinary only) or unemployment (bowel & sexual only);*
- *Greater number of long-term conditions;*
- *Obesity and lack of physical activity.*

GENERAL HEALTH

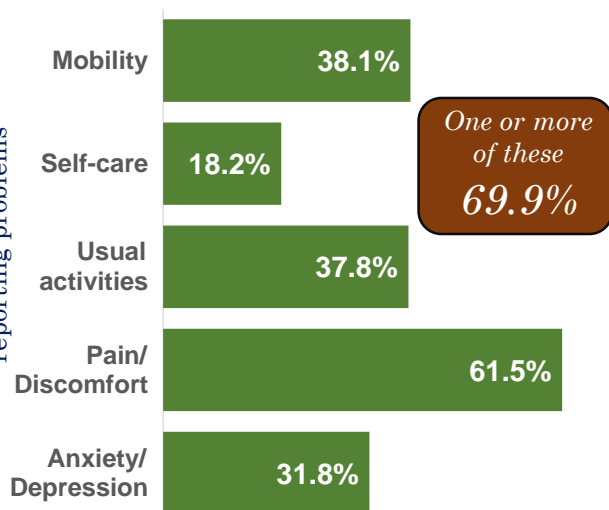
On a scale of 0 to 100 (100 = best possible health), men aged 60+ report an average score of 77. Health declines with:

- *Increasing age;*
- *Living in deprived or urban areas;*
- *Unemployment;*
- *Greater number of long-term conditions;*
- *Obesity and lack of physical activity;*
- *Presence of urinary, bowel and/or sexual dysfunction.*

Conclusion: Urinary, bowel and sexual dysfunction are common among older men in the general population and impact on their general health. This must be considered when assessing the impact of treatment for prostate cancer (or other illnesses), otherwise adverse treatment effects may be overestimated.

HEALTH-RELATED QUALITY OF LIFE

Proportion of men aged 60+ reporting problems



One or more of these
69.9%

Please cite these results as: Donnelly DW, Donnelly C, Kearney T, Weller D, et al. Urinary, bowel and sexual health in older men from Northern Ireland. *BJU Int* 2018; *In press*. doi:10.1111/bju.14182