PROSTATE CANCER



Number of cases per year (2012-2016) ¹	NUMBER OF DEATHS PER YEAR (2012-2016)
Male	Male
1,118	267
FIVE-YEAR SURVIVAL (2006-2010)	24-YEAR PREVALENCE (2016)

¹ Mean yearly incidence data for period 2012-2016 has been rounded to nearest integer, and thus some numbers in tables will not add to give the exact total.

Incidence

In 2012-2016 there were 1,118 men diagnosed with prostate cancer each year. The risk for men of developing a prostate cancer up to the age of 75 was 1 in 12.

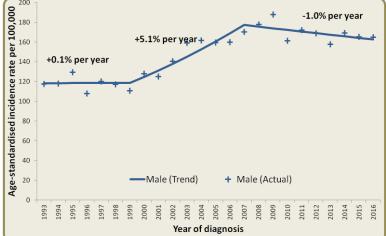
Incidence trends

Table 1: Incidence of prostate cancer and year of diagnosis: 2007-2016

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Male	973	1,027	1,122	965	1,074	1,089	1,039	1,150	1,146	1,165

Over a ten year period from 2007 to 2016 the number of prostate cancers cases in men has increased from 973 to 1,165. Prostate cancer incidence rates in men have increased during 1999-2007 by an average of +5.1% per year, and then have decreased by -1.0% from 2007-2016. Incidence rates of prostate cancer have increased internationally. This is primarily a result of the widespread use of prostate specific antigen (PSA) testing which is a blood test that is used as a diagnostic approach to detect/monitor prostate cancer however it does not meet the criteria for a screening test. It is recognised that it detects very slowly growing cancers that would never cause any problems or symptoms in a man's lifetime.

Figure 1: Trends in prostate cancer incidence rates: 1993-2016 -1.0% per year



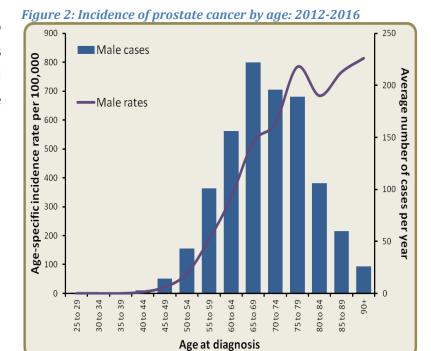
Incidence and age

Prostate cancer risk is strongly related to age with approximately 72% of patients diagnosed over the age of 65 years and incidence rates greatest among those aged over 70.

Table 2: Average number of prostate cancers diagnosed per year by age: 2011-2015

Age	Male
0 to 49	17
50 to 64	300
65 to 74	418
75 and over	381
All ages	1,118

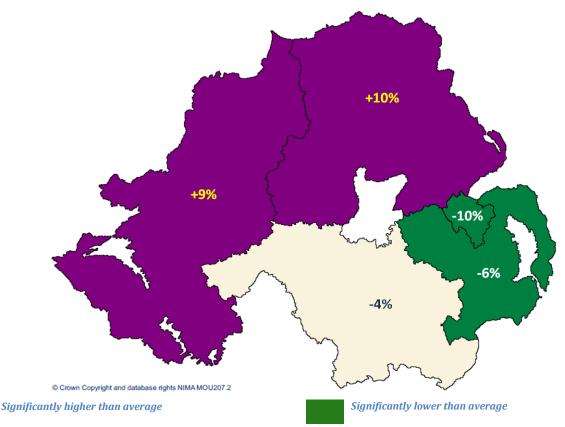
Due to rounding of yearly averages, 'All ages' may not equal the sum of age categories in tables.



Incidence by Trust area

Prostate cancer incidence rates in 2012-2016 were +10% higher among people living in the Northern and Western Trust areas than in Northern Ireland as a whole while those living in Belfast and the South-Eastern Trust areas had -10% and -6% respectively lower incidence of prostate cancer than the Northern Ireland Average.

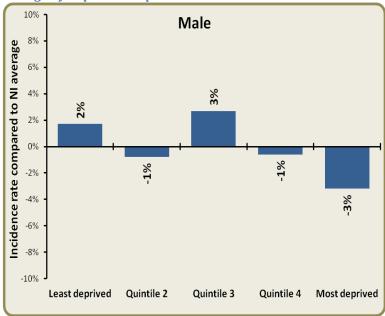
Figure 3: Prostate cancer incidence rates compared to the NI average by sex and HSC Trust of residence: 2012-**2016**



Incidence by deprivation

Prostate cancer incidence rates varied depending upon socio-economic deprivation. Incidence is lower (-3%) in the most-deprived areas in comparison to Northern Ireland as a whole. This pattern most likely reflects higher rates of PSA testing in the most-affluent communities compared to the most-deprived.

Figure 4: Prostate cancer incidence rates compared to the NI average by deprivation quintile: 2012-2016



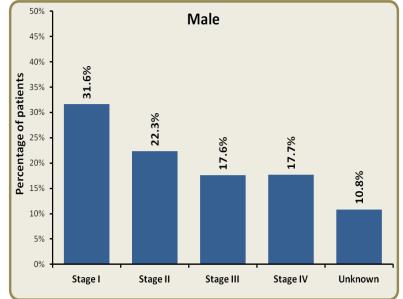
Incidence by stage

Cancer stage is a way of describing the size of a cancer and how far it has grown and spread. This information is important in helping decide what treatments are needed and stage of disease at diagnosis is strongly associated with cancer survival.

From 2012 to 2016 89% of prostate cancer patients in Northern Ireland were assigned a stage at diagnosis.

The majority of prostate cancer patients were diagnosed at early stage (31.6% at stage I and 22.3% at Stage II) and 17.7% diagnosed at late stage (stage IV).

Figure 5: Prostate cancer stage distribution: 2012-2016



SURVIVAL

The net survival was 96.4% at one year, and 88.7% at five years for prostate cancer patients diagnosed in 2006 to 2010.

Table 3: Five-year prostate cancer survival by survival time: patients diagnosed 2006-2010

Time since	Diagnosed 2006-2010					
diagnosis	Male					
6 months	97.5%					
1 year	96.4%					
5 years	88.7%					

Survival Trends

Five-year survival for prostate cancer in men has improved from 63.5% in the 1993-2000 diagnosis period to 88.7% in the 2006-2010 diagnosis period. Improvements are largely due to increased detection of slow growing prostate cancer and increasing diagnosis in younger men because of PSA testing. Consequently, epidemiologists consider mortality rates as a better indicator of cancer outcome than survival.

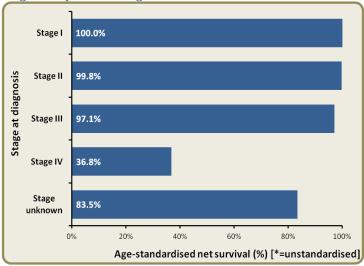
Table 4: Five-year prostate cancer survival by period of diagnosis

Period of diagnosis	Male
1993-2000	63.5%
2001-2005	83.1%
2006-2010	88.7%

Survival and stage

Stage at diagnosis is one of the most important factors in prostate cancer survival with one-year survival decreasing as stage increases. Stage at diagnosis data is available for cancer patients diagnosed since 2007. One-year survival was almost 100% for all patients except those diagnosed with late stage IV disease (36.8%).

Figure 6: One year survival from prostate cancer by stage of diagnosis: patients diagnosed 2007-2011



MORTALITY

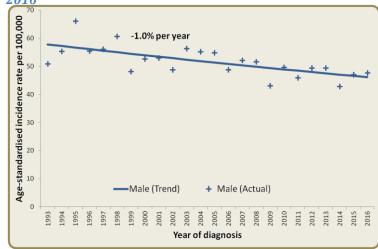
Mortality statistics are provided by the Northern Ireland General Registrar's Office. In 2011-2015 there were 267 deaths from prostate cancer each year.

Mortality trends

Over the last ten years the number of prostate cancer deaths has increased from 227 among men in 2007 to 287 among men in 2016, a 26% increase over time.

When adjusted for age and population change, prostate cancer mortality rates decreased by -1.0% per year during 1993-2016.

Figure 7: Trends in prostate cancer mortality rates: 1993-2016



PREVALENCE

At the end of 2016 there were 9,869 men living in NI who had been diagnosed with prostate cancer from 1993-2016 (Table 5). Of these, 67.4% were aged 70 and over and 11.3% had been diagnosed in the previous year.

Table 5: Number of men living with prostate cancer at the end of 2016 who were diagnosed from 1993-2016 by time since diagnosis

		Time since diagnosis				24-year	
Sex	Age	0-1 year	1-5 years	5-10 years	10-24 years	Prevalence	
Male	0-69	529	1,496	941	252	3,218	
	70+	588	2,111	2,221	1,731	6,651	
	All ages	1,117	3,607	3,162	1,983	9,869	

FURTHER INFORMATION

Further data is available from the Northern Ireland Cancer Registry web site: www.qub.ac.uk/nicr

NI Cancer Registry

Phone: +44 (0)28 9097 6028 e-mail: nicr@qub.ac.uk



Acknowledgements

NICR is funded by the Public Health Agency and is hosted by Queen's University, Belfast. This work uses data provided by patients and collected by the NHS as part of their care and support.



