

N. Ireland Cancer Registry Implications of Research for Services

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Paper Title	Adjustment strategies amongst black African and black Caribbean men following treatment for prostate cancer: findings from the Life After Prostate Cancer Diagnosis (LAPCD) study
Authors	Richard Wagland, Johana Nayoan, Lauren Matheson, Carol Rivas, Jo Brett, Nicole Collaço, Obrey Alexis, Anna Gavin, Adam W Glaser, Eila Watson
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Conclusion	This, qualitative work explored adjustment strategies adopted by Black African (BA) and Black Caribbean (BC) men in the UK as a response to the impact of PCa diagnosis and treatment effects. Six overarching themes emerged: a strong reliance upon faith beliefs; maintaining a 'positive' front; work as distraction; non-disclosure of diagnosis even amongst family members, influenced by stigma and masculinity concerns; active awareness-raising amongst a minority, and; support-seeking from close community. A few men emphasised a need to 'pitch' awareness-raising messages appropriately. Potential links existed between faith beliefs, presenting a positive front, community support-seeking and local awareness-raising.
What this means for the service	The provision of patient-centred care requires cultural sensitivity. Interventions that challenge stigma and mens' reluctance to disclose problems associated with PCa and treatment may encourage help-seeking for symptom support. Research is needed to determine how best awareness-raising messages should be conveyed to black men.

