

N. Ireland Cancer Registry Implications of Research for Services

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Paper ID <i>(Office use only)</i>
Date Submitted to NICR Steering Group Click here to enter a date. <i>(Office use only)</i>

Paper Title	Cancer-related symptoms, mental well-being and psychological distress in men diagnosed with prostate cancer treated with Androgen Deprivation Therapy (ADT)
Authors	Sarah Wilding, Amy Downing, Penny Wright, Peter Selby, Eila Watson, Richard Wagland, David W Donnelly, Luke Hounscome, Hugh Butcher, Malcolm Mason, Ann Henry, Anna Gavin, Adam W Glaser
Journal	Quality of Life Research
DOI	accepted 13 th May 2019
Funders	Movember in collaboration with Prostate Cancer UK
Full paper available online	YES <input checked="" type="checkbox"/> NO <input type="checkbox"/> NOT YET <input type="checkbox"/>
Conclusion	This study used questionnaire response from 13,097 men treated with Androgen Deprivation Therapy for Prostate Cancer diagnosed aged 18-42 months previously. It found while the majority of men treated with ADT did not report poor psychological outcomes, a small proportion reported severe problems. Clinically significant fatigue was demonstrated as a possible indicator of poor outcomes.
What this means for the service	Healthcare systems need to have clear protocols in place which specifically and routinely target psychological distress and fatigue.