

N. Ireland Cancer Registry Implications of Research for Services

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Paper Title	Strategies for living well with hormone-responsive advanced prostate cancer—a qualitative exploration
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Conclusion	Most participants perceived their Quality of Life (QoL) to be relatively good, which was influenced by the following factors (enablers to 'living well' with Prostate Cancer (PCa): a sense of connectedness to others, engagement in meaningful activities, resources (social, cognitive, financial), ability to manage uncertainty, utilisation of adjustment strategies and support, communication and information from health professionals. Barriers to 'living well' with PCa were often the converse of these factors. These also included: more troublesome PCa-related symptoms, and stronger perceptions of loss and restriction.
What this means for the service	In this study, men living with advanced hormone-responsive PCa often reported a good QoL. Exploring the influences on QoL in men with advanced PCa indicates how future interventions might improve the QoL of men who are struggling. Further research is required to develop and test interventions that enhance QoL for these men.