

Queen's University, Belfast  
School of Nursing and Midwifery/School of Social Sciences, Education and Social Work  
**POST GRADUATE DIPLOMA IN COGNITIVE BEHAVIOURAL THERAPY**  
**YEAR 1 STUDENTS 2025/26**

**AUTUMN (AUT) TEACHING COMMENCES W/C MONDAY 15 SEPTEMBER 2025 (Week 1) AND FINISHES W/C 1 DECEMBER 2025 UNLESS OTHERWISE ADVISED**

**SPRING (SPR) TEACHING COMMENCES W/C MONDAY 12 JANUARY 2026 (Week 18) AND FINISHES W/C 20 APRIL 2026 UNLESS OTHERWISE ADVISED**

MODULE	SEM	DAY/TIME	MODULE LEADER	Venue
Core Concepts and Skills of Cognitive Behavioural Psychotherapy for Depression <b>CBP7101</b>	Aut	Thursdays 9am – 12pm 1 – 5pm	Colin Hughes + Team	Students should go to room as allocated by teaching team which can be viewed on Canvas
Training Supervision – Application of Cognitive Behavioural Psychotherapy Models and Skills for Depression and Anxiety <b>CBP7013</b>	Aut			

MODULE	SEM	DAY/TIME	MODULE LEADER	Venue
Cognitive Behavioural Psychotherapy for Anxiety <b>CBP7012</b>	Spr	Thursdays 9am – 12pm 1 – 5pm	Colin Hughes + Team	Students should go to room as allocated by teaching team which can be viewed on Canvas
Training Supervision – Application of Cognitive Behavioural Psychotherapy Models and Skills for Depression and Anxiety <b>CBP7013</b>	Spr			
Evidence Based Practice <b>HSN7076*</b>	Spr	Selected Thursdays 3 – 4pm + Directed online	Tracey McConnell	Directed online Face to face in Wks 21 (5/2/25), 26 (3-4pm) <b>0G/033 Geography</b>
Self Practice/Self Reflection <b>SWK7106*</b>	Spr			

\*Nursing commissioned students MUST enrol on HSN7076 Evidence Based Practice, all remaining students can choose between the two modules highlighted

**NOTE: ONCE ENROLLED STUDENTS SHOULD CHECK CLASS VENUES USING THE WEEKLY PLANNER ON QSIS**