

Pharmacist Independent Prescribing

Pharmacist information

The following information is provided in order to help a pharmacist decide whether or not the Pharmacist Independent Prescribing Course is suitable for them:

1. Who can apply to the course?

The entry requirements for a pharmacist independent prescriber course are that:

- a) Applicants are registered as a pharmacist with the General Pharmaceutical Council (GPhC) or, in Northern Ireland, with the Pharmaceutical Society of Northern Ireland (PSNI).
- b) Applicants are in good standing with the GPhC and/or PSNI and any other healthcare regulator with which they are registered.
- c) Applicants must have relevant experience in a UK pharmacy setting and be able to recognise, understand and articulate the skills and attributes required by a prescriber to act as the foundation of their prescribing practice whilst training.

Additional advice if completing the Application Form: The experience must be relevant to becoming an independent prescriber. This could mean experience gained from working in practice settings (such as community, hospital or General Practice) and/or from having a high degree of exposure to patients. Your application form must be accompanied by a CV detailing your current job description and scope of practice. The experience must be gained within the UK. The following are some examples of relevant patient-orientated experience:

- attendance on ward rounds
- medicines reconciliation
- patient counselling
- face-to face medication reviews
- running long term condition clinics.

Examples of experience which would **not be considered appropriate** include working in the pharmaceutical industry, sterile/aseptic manufacturing, head of a retail company or other management role with no patient contact.

Additionally, pharmacists must be able to recognise, understand and articulate the skills and attributes required by a prescriber, which will act as the foundation of their prescribing practice whilst on the course. Such skills could include (but are not limited to) communication, information gathering, decision-making as well as reflective practice. Equally, the attributes of an independent prescriber can represent independent judgement and responsibility, consideration of patient dignity, capacity, consent, and confidentiality, as well as understanding risk associated with independent prescribing.

The Competency Framework for all Prescribers developed by the Royal Pharmaceutical Society (RPS) provides a useful elaboration around the competencies of a prescriber, from which various skills and attributes can be drawn https://www.rpharms.com/resources/frameworks/prescribing-competency-framework/competency-framework

Additionally, you may also find the Ten Principles of Good Prescribing developed by the British Pharmacological Society (BPS) helpful in understanding the qualities reflected in a prescriber's practice.

https://www.bps.ac.uk/education-engagement/teaching-pharmacology/tenprinciples-of-good-prescribing

d) For the purposes of developing their independent prescribing practice applicants must identify an area of clinical or therapeutic practice on which to base their learning.

You will see on the application form that you also need to indicate why you have selected this clinical/therapeutic area and also indicate some recent (within the past 2 years) CPD activities which are directly relevant to your intended area of clinical/therapeutic practice. Please note that your DPP must have clinical expertise and experience in this area.

e) Applicants must have a designated prescribing practitioner (DPP) who has agreed to supervise their learning in practice. The applicant's DPP† must be

a registered healthcare professional in Great Britain or Northern Ireland with legal independent prescribing rights, who is suitably experienced and qualified to carry out this supervisory role, and who has demonstrated CPD or revalidation relevant to this role. Although an applicant may be supervised by more than one person, only one prescriber must be the DPP. The DPP is the person who will certify that successful pharmacists are competent to practise as independent prescribers.

[†] For the 2023-24 intake, the course provider has specified that the designated prescribing practitioner must be medically qualified.

2. Will the course allow me to prescribe as a supplementary prescriber as well as an independent prescriber and what are the differences between the two?

Successful completion of this course qualifies you as both an independent and supplementary prescriber. After qualification you can choose to practise as either or both an independent and supplementary prescriber.

Independent prescribers are responsible for the assessment of patients with undiagnosed or diagnosed conditions, and for decisions about the clinical management required and for drawing up a treatment plan. The independent prescriber also has the authority to prescribe the medicines required as part of the plan.

Supplementary prescribers are authorised to prescribe for patients whose condition had been diagnosed or assessed by an independent prescriber, within the parameters of a clinical management plan (CMP). A CMP needs to be completed for each patient and must be signed by the independent prescriber.

3. What conditions can be treated by pharmacist prescribers?

A pharmacist independent prescriber may prescribe autonomously for any condition within their clinical competence. The exceptions to this are the three

controlled drugs for the treatment of addiction (cocaine, dipipanone and diamorphine), and unlicensed cannabis based medicinal products (CBMPs).

Supplementary prescribers can prescribe any medicine (including controlled drugs) within the parameters of an agreed treatment plan.

Pharmacist prescribers should not prescribe any medicine that they do not feel competent to prescribe.

4. What does the prescribing training course consist of?

Training consists of (a) a six modular course and (b) 90 hours in-practice training. The training also involves completion of a practice portfolio where students are required to demonstrate how they meet all competencies listed within the Royal Pharmaceutical Society's Competency Framework for all Prescribers. The prescribing competency framework can be found at this link. The learning outcomes for the course are listed in the appendix.

(a) Modular course

The course lasts 8 months (running from the end of September to the end of June) and comprises 60 credits (known as CATS points where 1 CATS point represents 10 hours of learning). A timetable for the modules is shown in Table 1.

Table 1: Timetable for Modules

| | Module Name | Delivery Month and type of |
|---|--|------------------------------|
| | | learning |
| 1 | Evidence-based medicine and safe prescribing | OCTOBER 2023 |
| | | e-learning |
| 2 | Consultation and communication | NOVEMBER 2023 |
| | skills | e-learning |
| 3 | *Clinical skills, patient | JANUARY 2024 |
| | monitoring and onward referral | e-learning and live training |
| | | |
| 4 | Disease management | FEBRUARY 2024 |

| | | e-learning and private study |
|---|----------------------------------|--|
| 5 | Professionalism | MARCH 2024 |
| | | e-learning and virtual discussion groups |
| 6 | Influences on and psychology of | APRIL 2024 |
| | prescribing and patient-centred | e-learning |
| | care | |
| | Submission of practice portfolio | End MAY 2024 |
| | | |

The learning is a blend of e-learning, webinars and live training. Webinars will be interspersed within the timetable to update students on their next steps and to answer any questions about the course. The webinars will be timetabled for evenings. Recordings of the webinars will be available to students if they have been unable to attend one or want to update themselves on the information provided in the webinar.

* Denotes live training which will be delivered during a 1 week residential in Belfast which will be in January 2024 – date to be confirmed.

Please note that the above dates are subject to confirmation of clinical skills booking facilities and that attendance at the live residential week will be compulsory.

(b)Learning in-practice

You will also need to complete 90 hours of learning in practice (approximately 12 days x 7.5 hours) during this period. This can be completed as days or half days or as several hours throughout the 9 months. It is your responsibility to identify a suitable DPP and secure their agreement to supervise you during this period.

Prospective DPPs must have:

- active prescribing competence applicable to the areas in which they will be supervising;
- appropriate patient facing clinical and diagnostic skills;
- supported or supervised other healthcare professionals; and

• the ability to assess patient facing clinical and diagnostic skills.

Traditionally, this mentor has been a medical doctor. Although the GPhC has permitted mentors to include non-medial prescribers, for the 2023-24 intake, the providers of the Queen's University Pharmacist Independent Prescribing course have specified that the **mentor must be a medical doctor**. The DPP must be a senior medical practitioner. For example they could be a general practitioner in primary care or consultant physician in secondary care with whom you currently work closely in daily practice or intend to work closely with. A senior hospital doctor such as SAS doctors (staff grade associate specialists and speciality doctors) could also act as your DPP. Whilst the in-practice training must be under the supervision of a named DPP, you are not required to personally spend all of the time with your DPP. At least half of the 90 hours should be spent directly with your DPP. Following discussions with your DPP, you may decide to spend some time with other clinicians who may be better placed to provide some of the learning opportunities. For example, depending on the clinical and practice area of the pharmacist:

- an F2 doctor on a respiratory ward round
- a nurse or pharmacist prescriber running a diabetes outpatient clinic
- a practice nurse or practice pharmacist running a hypertension clinic.

Listed below are a few examples of how your DPP could provide learning opportunities:

- Dedicated time and opportunities to observe how the DPP conducts a consultation/interview and the development of a subsequent management plan.
- Opportunities to allow in-depth discussion and analysis of clinical management plans where patient care and prescribing behaviour can be examined further.
- Facilitate learning by encouraging critical thinking and reflection using the practice portfolio.

 Allow opportunities for the pharmacist to carry out consultations and suggest clinical management and prescribing options, which are then discussed with the DPP.

5. Intended clinical/therapeutic area of prescribing

Before coming onto the course you need to have an identified area of clinical or therapeutic practice you intend to prescribe in and specify this on the application forms.

This course does not teach clinical competence but rather allows you to demonstrate it. Irrespective of the clinical area chosen, when you qualify from this course, you will be legally entitled to prescribe in any area. However, as a professional practitioner, you would be required to restrict your prescribing to areas in which you are clinically competent. If you decide to move from one clinical area to another after qualification, you do not need to undertake the course again but we suggest that you document how you are clinically competent in the new area through the usual CPD or revalidation channels.

Additional advice if completing the Application Form: We would recommend that you choose **one** clinical area to specialise in while studying on the IP course. If you wish to choose more than one area, then this will increase the number of clinical skills your DPP must assess you on.

You need to think carefully at the application stage about what area in which you intend to prescribe as your application must demonstrate CPD in this area (see pharmacist application form). Your DPP must also have active prescribing competence in your clinical/therapeutic area in order to be eligible to supervise you (see DPP agreement form).

6. What indemnity insurance does a trainee independent prescriber require?

Pharmacists are advised to check with their employer and/or their personal insurer before they begin that they are fully covered in their role as a trainee Independent Prescriber and a future role as a qualified independent and supplementary prescriber.

Queen' s University Belfast does not provide indemnity insurance for pharmacist

independent prescribers in training during their in-practice training period and individual pharmacists and DPPs should ensure that appropriate indemnity arrangements are in place for the in-practice training.

7. How will my performance on the course be assessed?

There is no final examination for this course. However, each module has an assessment exercise that you must pass. In addition to this, the 90 hours of learning in practice must be completed and a practice portfolio submitted.

Should you fail a module, you will be given a second attempt to pass it (up to a total of 2 failed modules). Should you fail a third module, you will be asked to leave the IP course. Failure due to a patient safety issue, for example making a decision that could cause a patient harm at a level of moderate or above, will result in overall failure of the IP course and you would not be allowed to repeat that module.

8. What qualification will I receive?

Upon successful completion of the course and 90 hours of learning in practice training you will be awarded a Practice Certificate from Queen's University Belfast to allow you to be annotated on the GPhC register as an Independent Prescriber. Please note that this certificate cannot be issued until results have been ratified by an Examination Board to be held in September 2024. It is the responsibility of the individual pharmacist to apply to the GPhC for annotation to their entry on the Register, and that you may not practise as an independent prescriber until your entry on the Register has been annotated accordingly.

9. Further information

If you would like to discuss your possible application, please contact the programme lead Dr Briegeen Girvin b.girvin@qub.ac.uk.

APPENDIX GPhC Learning outcomes for the Pharmacist Independent Prescribing course

Miller's Triangle is used to set the outcome level. Miller's triangle is a knowledge and competence hierarchy describing four levels of outcome as shown in Figure 1 below:

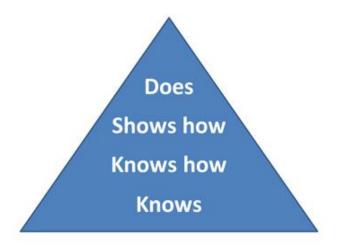


Figure 1: Miller's triangle

- 1. 'knows' (knowledge);
- 2. 'knows how' (application of knowledge);
- 3. 'shows how' (demonstrate competence in a limited way);
- 4. 'does' (demonstrates competence repeatedly and safely).

The learning outcomes are:

Domain 1: Person-centred care

| Pharmacist independent prescribers at the point of registration will be | | Level |
|---|--|--------------|
| able to: | | |
| 1. | Recognise the psychological and physical impact of prescribing decisions on people | Knows how |
| 2. | Understand and meet their legal responsibilities under equality and human rights legislation and respect diversity and cultural differences | Does |
| 3. | Take responsibility for ensuring that person-centred care is not compromised because of personal values and beliefs | Does |
| 4. | Demonstrate appropriate history-taking techniques through effective consultation skills | Does |
| 5. | Demonstrate an understanding of the role of the prescriber in working in partnership with people who may not be able to make fully informed decisions about their health needs | Shows how |
| 6. | Support individuals to make informed choices that respect people's preferences | Does |

Domain 2: Professionalism

| Pharmacist independent prescribers at the point of registration will be | | Level |
|---|---|--------------|
| able to: | | |
| 1. | Demonstrate a critical understanding of their own role and the role of others in multi-professional teams | Does |
| 2. | | Does |
| 3. | Apply relevant legislation and ethical frameworks related to prescribing, including remote prescribing and the handling and sharing of confidential information | Shows how |
| 4. | Recognise and manage factors that may influence prescribing decisions | Does |
| 5. | Apply local, regional and national guidelines, policies and legislation related to healthcare | Does |
| 6. | Reflect on and develop their own prescribing practice to ensure it represents current best practice | Does |
| 7. | Apply an understanding of health economics when making prescribing decisions | Shows how |
| 8. | Understand the clinical governance of the prescriber, who may also be in a position to supply medicines to people | Knows how |
| 9. | Recognise other professionals' practice and raise concerns related to inappropriate or unsafe prescribing by other prescribers | Shows how |

Domain 3: Professional knowledge and skills

| Pharmacist independent prescribers at the point of registration will be | | Level |
|---|---|-----------|
| able to: | | |
| 1. | Apply evidence-based decision making in all aspects of prescribing | Does |
| 2. | Manage the risks and benefits associated with prescribing decisions | Does |
| 3. | Demonstrate the application of pharmacology in relation to their own | Does |
| | prescribing practice | |
| 4. | Demonstrate clinical and diagnostic skills in clinical settings appropriate | Does |
| | to their scope of practice | |
| 5. | Create and maintain appropriate records which ensure safe and | Does |
| | effective care and align with relevant legislation | |
| 6. | Identify relevant investigations and interpret results and data in their | Does |
| | prescribing practice | |
| 7. | Utilise current and emerging systems and technologies in safe | Does |
| | prescribing | |
| | | |
| 8. | Identify and respond to people's need when prescribing remotely | Shows how |
| 9. | Apply the principles of effective monitoring and management to | Does |
| | improve patient outcomes | |
| 10. | Recognise and manage prescribing and medication errors | Shows how |
| 11. | Recognise the public health issues in promoting health as part of their | Does |
| | prescribing practice | |

Domain 4: Collaboration

| Pharmacist independent prescribers at the point of registration will be able to: | | Level |
|--|---|--------------|
| 1. | Work collaboratively with others to optimise individuals' care, understanding their roles in the prescribing process | Does |
| 2. | Recognise their own role and responsibilities, and those of others, in safeguarding children and vulnerable adults | Knows how |
| 3. | Recognise when and where to refer people appropriately | Shows how |
| 4. | Collaborate with people to encourage them to take responsibility for managing care | Does |
| 5. | Demonstrate appropriate consultation skills to get information from individuals who are either unaware of or guarded about their health needs, to inform safe prescribing | Does |
| 6. | Recognise when to seek guidance from another member of the healthcare team or an appropriate authority | Does |