

Centre for Experimental Medicine

Project Title	Analysis of Lung Clearance Index data in bronchiectasis MRC Bronch-UK Clinimetrics study		
Supervisor(s)	1. Prof Judy Bradley Judy.bradley@qub.ac.uk 2. Dr Katherine O'Neill k.oneill@qub.ac.uk		
School / Centre	Clinical Research Facility, Centre for Experimental Medicine, School of Medicine, Dentistry and Biomedical Science		
Principal Supervisor's Contact Details	Email: k.oneill@qub.ac.uk	Tel:	
Degree Pathway for which project is suitable (✓)	Medical Science	X	
	Biochemistry		
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation Jean Shanks Foundation		<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>Lung clearance index is an emerging outcome measure that is increasingly being used in respiratory clinical trials and also in some clinical sites to explore early lung disease.</p> <p>The supervisors on this project have LCI from a multicentre trial of up to 600 datasets in total. This full dataset will be available for analysis in Sept 2019.</p> <p>A recent paper Jensen et al 2016 PLOS ONE 11(6), 1-9, have developed a checklist and stepwise approach to facilitate the review of each lung clearance index trial. These approaches include assessment of quantitative criteria as well as qualitative criteria. A proportion of this LCI dataset has been assessed for qualitative and quantitative quality in an interim analysis. This project will involve summarises the qualitative and quantitative quality for the whole dataset and also involve making comparisons with the interim data analysis.</p> <p>This project has the potential to have an abstract output.</p>		
Aims / objectives	<p>The aim of this project will be to:</p> <ol style="list-style-type: none"> Become familiarised with the steps included in the qualitative and quantitative criteria as detailed by Jensen et al 2016. Analyse the full MRC project dataset according to Jensen criteria. Compare the Jensen quality assessment to the current quality assessment procedure used. Compare the qualitative and quantitative quality for the whole dataset to the interim data analysis. 		

Techniques employed:	<ol style="list-style-type: none">1. The student will have the opportunity to work on a MRC funded study and exposure to studies conducted within the clinical trial research facility.2. The student will become familiarised with lung clearance index which is a novel lung function measurement and increasingly being used as an important outcome in clinical trials.3. The student will gain experience of how data is collected in multicentre clinical trials and transferred electronically to central sites.4. The student will use a range of statistical techniques to summarise relevant data
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Project Title	Exploring the links between oral bacteria and cardiovascular disease		
Supervisor(s)	1. Dr Ikhlas EL karim 2. Professor Tim Curtis		
School / Centre	Centre for Experimental Medicine		
Principal Supervisor's Contact Details	Email: i.elkarim@qub.ac.uk; t.curtis@qub.ac.uk	Tel: Tel: 02890976026	
Degree Pathway for which project is suitable (✓)	Medical Science	Y	
	Biochemistry	Y	
	Microbiology	Y	
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation		<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	Bacteria are the primary cause of infectious diseases; however, emerging evidence suggests that these organisms are also indirectly responsible for several non-infectious conditions including cardiovascular diseases. A strong body of evidence from epidemiological studies demonstrated a link between oral viridans group streptococci and cardiovascular diseases. These bacteria are shown to be associated with infective endocarditis, they are frequently detected in human atheromatous plaques and can invade vascular endothelium, but the mechanisms by which they contribute to the development of cardiovascular disease are not known. We hypothesis that oral streptococci possess the potential to cause inflammation involving endothelial cells and thereby contribute to the development of atherosclerosis.		
Aims / objectives	The aim of this project is to investigate the effects of streptococci infection on coronary endothelial cell inflammatory responses.		
Techniques employed:	Cultured human coronary endothelial cells will be infected with streptococci at different multiplicities of infection and inflammatory responses determined by inflammatory cytokines release and response of endothelial cells to their agonists in presence/absence of infection. The successful student will have the opportunity to learn a range of skills including, cell culture, ELISA assays and calcium imaging. The project capitalises on the expertise of the supervisors in dentistry and cardiovascular research and is expected to generate new insights into how oral health affects the cardiovascular system.		

Project Title	INVESTIGATING THE INFLUENCE OF OXIDATIVE STRESS ON ENDOTHELIAL PROGENITOR CELL FUNCTION		
Supervisor(s)	1. Dr David Grieve 2. Dr Karla O'Neill		
School / Centre	SMDBS / Centre for Experimental Medicine		
Principal Supervisor's Contact Details	Email: d.grieve@qub.ac.uk	Tel: 028 9097 6468	
Degree Pathway for which project is suitable (✓)	Medical Science	✓	
	Biochemistry		
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i>		<i>Subject-specific awards</i>
	Wolfson Foundation	✓	British Assoc Dermatologists
	Jean Shanks Foundation	✓	Digestive Disorders Foundation
			Pathological Society
			Other
Background information:	<p>Impaired angiogenesis is known to influence the progression of ischaemic cardiovascular disease. Recent attention has focused on the therapeutic potential of endothelial progenitor cells (EPCs), which are mobilised by ischaemia and are important in vascular homeostasis. Our group has characterised a distinct EPC subtype, termed outgrowth endothelial colony-forming cells (ECFCs), with well-defined endothelial progenitor properties which promote new blood vessel formation in both health and disease. Oxidative stress, and specifically NADPH oxidases, are known to play a key role in cardiovascular disease and emerging evidence suggests that they may also regulate EPC function. Interestingly, we have shown that ECFCs are influenced by oxidative stress, display differential gene expression compared to mature endothelial cells, and are modulated by hypoxia which is a characteristic feature of the ischaemic microenvironment.</p>		
Aims / objectives	<p>This project therefore aims to investigate the specific influence of oxidative stress and NADPH oxidases on in vitro ECFC function. It is hoped that the results will identify key pathways which may become dysregulated in disease and could represent potential targets to enhance the reparative capacity of these cells and their clear potential for the treatment of ischaemic cardiovascular disease.</p>		
Techniques employed:	<p>In order to characterise the effects of oxidative stress and NADPH oxidases on ECFC function, studies will be undertaken in cultured cells treated with pro-oxidant compounds in the presence or absence of specific inhibitors of candidate pathways or after genetic manipulation. Expression of key signalling genes will be quantified by real-time RT-PCR and/or western blot and in vitro ECFC migration and proliferation assays will be performed to assess functional effects.</p>		

Project Title	Identifying phenotypes of delirium in the critically ill based on biomarkers of inflammation		
Supervisor(s)	1. Danny McAuley 2. Cecilia O’Kane		
School / Centre	CEM		
Principal Supervisor’s Contact Details	Email: d.f.mcauley@qub.ac.uk	Tel:6385	
Degree Pathway for which project is suitable (✓)	Medical Science	X	
	Biochemistry	X	
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation	X	<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>Delirium in critically ill patients is associated with poor clinical outcomes. Neuroinflammation might be an important mechanism in the pathogenesis of delirium. Since simvastatin has anti-inflammatory properties it might reduce delirium. Therefore we undertook a randomized controlled trial (MoDUS) to investigate if simvastatin modifies duration of delirium in critically ill patients. Overall, compared to placebo, simvastatin did not reduce delirium (Lancet Respiratory Medicine 2017;5:727-737.).</p> <p>Interestingly, previous studies in critically ill patients with the Acute Respiratory Distress Syndrome, many of who develop delirium (Lancet Respir Med 2014;2: 611–20) have identified two sub-phenotypes – a hyperinflammatory cohort and a less inflamed cohort – based on 3 variables: IL-6, sTNFr1 and need for vasopressors. These cohorts had a differential response to simvastatin, with the hyper-inflamed cohort showing lower mortality with simvastatin (Lancet Respiratory Medicine 2018;6:691-698), a finding not seen in the less inflamed cohort.</p>		
Aims / objectives	Using samples collected from the MoDUS trial, the aim of this project is to test the hypothesis that these two distinct sub-phenotypes are present in a critically ill population with delirium, and to assess the impact of simvastatin on the two cohorts in terms of the incidence and duration of delirium. This will be the first time this phenotyping has been applied to a cohort of critically ill patients with delirium.		
Techniques employed:	Clinical trials Human blood and urine sample handling and processing ELISA		

Project Title	Investigating the antimicrobial efficacy of Mesenchymal Stromal cells on Mycobacterium abscessus		
Supervisor(s)	1. Cecilia O’Kane 2. Anna Krasnodembskaya 3. Tim Shaw		
School / Centre	Centre for Experimental Medicine, SMDBS		
Principal Supervisor’s Contact Details	Email: c.okane@qub.ac.uk	Tel: 02890976384	
Degree Pathway for which project is suitable (✓)	Medical Science	✓	
	Biochemistry		
	Microbiology	✓	
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation	✓	<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	Mesenchymal Stromal Cells (MSCs) are a type of “stem” cell derived from mature (not embryonic or fetal) tissue, that have been shown to have profound immunomodulatory and pro-reparative effects. This group is currently testing MSCs in a clinical trial for patients with pulmonary inflammation in the ICU setting. Recently MSCs have been shown to have potent anti-microbial activity against common Gram positive and negative organisms, but new data from this lab have shown they also directly kill and can enhance a human host’s own defence against mycobacteria particularly the non-tuberculous mycobacteria (NTM). Mycobacterium abscessus (M abscessus) is a multidrug resistant organism that causes chronic fatal infection in patients with structural lung disease. It is currently incurable. Mycobacteria can infect macrophages and inhibit the normal mechanisms by which a macrophage kills intracellular pathogens (including by preventing ROS generation and by inhibiting phagosome-lysosome fusion or acidification). Exciting data from this group indicate MSCs have some direct anti-M abscessus killing activity, and that MSCs enhance the killing of other intracellular mycobacteria. This project will investigate this direct killing effect further, confirming it with clinical isolates, but also assess the ability of MSCs to kill M abscessus that has been phagocytosed by macrophages. This work will therefore explore the therapeutic potential of MSCs as a treatment for M abscessus lung infection.		
Aims / objectives	1. Investigate direct killing effect of MSCs on M abscessus 2. Investigate the effect of MSC and their secretome on intracellular and extracellular bacterial counts, upon incubation of MSCs with infected Macrophages 3. Investigate the effect of microvesicles from MSCs on M abscessus survival within infected macrophages 4. If time permits, explore the mechanisms of effect on intracellular pathogens by inhibiting mitochondrial transfer and exploring macrophage bioenergetics.		

Techniques employed:	Macrophage isolation and culture Mycobacterial culture and quantification Microvesicle preparation Imaging (confocal) Seahorse technology for cellular respiration measures
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Project Title	LCI and shortened LCI as an outcome measure in exacerbations in bronchiectasis		
Supervisor(s)	1. Dr Katherine O'Neill 2. Prof. Judy Bradley		
School / Centre	CEM		
Principal Supervisor's Contact Details	Email: k.oneill@qub.ac.uk	Tel: 02890972082	
Degree Pathway for which project is suitable (✓)	Medical Science	x	
	Biochemistry		
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation Unclear but happy to be considered		<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>A large dataset (n=50 at least) of lung function results using a novel outcome measure (lung clearance index) has been collected from patients with one specific respiratory condition (Bronchiectasis) during an exacerbation. Lung clearance index has been shown to be a reliable measure of lung disease severity in people with bronchiectasis however, there is less data on its responsiveness to IV antibiotics.</p> <p>Implementation of this tool into clinical trials is challenging due to the length of time it takes to carry out. Further assessment of this dataset to determine the lung clearance index at an earlier time point in the test (i.e. shortened lung clearance index) and analysis to determine the comparative sensitivity of the shortened result compared to standard result over exacerbations. This data would yield an insight into the utility of this measure in monitoring these patients and in translating the measure from research into clinical practice. Analysis results would be suitable for abstract submission.</p>		
Aims / objectives	<p>To compare the responsiveness of LCI (LCI and shortened LCI) to spirometry during IV antibiotic therapy for an acute exacerbation of bronchiectasis.</p> <p>To compare the responsiveness of LCI and shortened LCI to IV antibiotic therapy for an acute exacerbation of bronchiectasis.</p>		
Techniques employed:	Observation of lung function and LCI Analysis of LCI data Excell database use and input and analysis of data SPSS database use and data interpretation Working in Clinical research facility environment Abstract preparation Working alongside Postdoc CEM and PI CEM		

Project Title	Intercellular communication in Cystic Fibrosis airways disease via exosomes		
Supervisor(s)	1. Dr BC Schock 2. Prof F Lundy		
School / Centre	Centre for Experimental Medicine		
Principal Supervisor's Contact Details	Email: b.schock@qub.ac.uk	Tel: 02890 972258	
Degree Pathway for which project is suitable (✓)	Medical Science	✓	
	Biochemistry	✓	
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation	✓	<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>Cystic Fibrosis (CF) lung disease is characterised by chronic hyper-activation of the innate immune response. Structure and function of the epithelium can be altered by local inflammatory/immune signals (epithelial remodelling) and we are particularly interested in the regulation for the NF-kB signalling pathway by the regulatory protein A20. A20 negatively regulates NF-kB signalling through inactivation of TRAF6 and RIPK1, but in CF epithelial cells, a lack of A20 contributes to the increased innate inflammatory response of the cells (<i>Kelly et al. Eur Respir J 2013</i>). Furthermore, miR125 has been found to reduce A20 expression and our preliminary data indicate a high miR125b expression in CF airway epithelial cell.</p> <p>Cells do not only respond to environmental / exogenous stimuli, but also to intercellular communication. Exosomes are nano-vesicles that can be secreted and internalized by cells to transport cellular cargo, such as proteins, lipids, and miRNA (<i>Gupta et al. AJRCMB 2018</i>). However, the contribution of such cell communication system to the overall phenotype of the airway epithelium has not been investigated.</p>		
Aims / objectives	<p>We wish to investigate the content and function of exosomes from CF and non-CF airway epithelium, especially factors that can regulate inflammation.</p> <ol style="list-style-type: none"> Characterisation of exosome content after stimulation of LPS Characterisation of exosome function by adding CF exosomes to non-CF cells (and vis versa) and determine their inflammatory response to LPS 		
Techniques employed:	<p>Using epithelial cells (cell lines) with and without a CFTR mutation, we will use the following techniques:</p> <ul style="list-style-type: none"> - Tissue culture and sterile working techniques - Quantitative RT-PCR - Isolation of exosomes by centrifugation - Transferable skills (presentations/communication skills, organisation of work, working alone and in a team). 		

Project Title	Regulation of inflammatory cells in the lung lining fluid: role of microRNA125		
Supervisor(s)	1. Dr BC Schock 2. Dr M Shyamsundar 3. Dr F Furlong (School of Pharmacy)		
School / Centre	Centre for Experimental Medicine		
Principal Supervisor's Contact Details	Email: b.schock@qub.ac.uk	Tel: 02890 972258	
Degree Pathway for which project is suitable (✓)	Medical Science	✓	
	Biochemistry	✓	
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation	✓	<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	Lung immune cells in the airway lining fluid are highly responsive to inhaled pathogens and irritants such as cigarette smoke. Such exposures leads to the activation of the innate immune response via pro-inflammatory NF-κB signalling and the NLRP3 inflammasome. The ubiquitination protein A20 is an important negative regulator of both these pathways, but A20, normally rapidly induced, but is reduced in many chronic inflammatory airways diseases and in patientst with chronic obstructive airway diseases (COPD). Micro RNAs are small non-coding RNAs involved in the regulation of gene expression at posttranscriptional level. MiRs degrade their target mRNAs and/or inhibiting their translation. MiR125b is known to regulate A20 expression, but the content of miR125b in pulmonary immune cells is not known. Here, we wish to investigate bronchoalveolar lavage cells from Smokers and non-smokers exposed to bacterial LPS (to mimic acute airway inflammation).		
Aims / objectives	Here, we wish to investigate the expression of miR125b and A20 mRNA in bronchoalveolar lavage cells from smokers and non-smokers exposed to bacterial LPS (to mimic acute airway inflammation).		
Techniques employed:	Using bronchoalveolar lavage cells from smokers and non-smokers exposed to bacterial LPS the student will employ the following techniques: <ul style="list-style-type: none"> - Isolation of total RNA (TriZol) - Quantitative RT-PCR for A20 and miR125b - Transferable skills (presentations/communication skills, organisation of work, working alone and in a team). 		

Centre for Medical Education

Project Title	How to make medical students better doctors			
Supervisor(s)	1. Professor Tim Dornan 2. To be arranged			
School / Centre	Centre for Medical Education			
Principal Supervisor's Contact Details	Email: t.dornan@qub.ac.uk		Tel: 5773	
Degree Pathway for which project is suitable (✓)	Medical Science	X		
	Biochemistry			
	Microbiology			
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation	X	<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other	
Background information:	<p>It is widely assumed that well designed undergraduate and foundation curricula can adequately prepare medical students and recently qualified doctors to practise safely, effectively, and happily. Evidence suggests otherwise. Efforts to strengthen curricula by intensifying teaching, assessment and introducing simulation have not yet proven successful. If you look at the nature of practice and the causes of clinical errors, that is unsurprising. Practice is far more complex than curricula suggest.</p> <p>We invite an intercalating student to join our team of medically qualified PhD students and a senior education researcher. Rather than specifying their exact projects now, we will tailor the projects to their individual wishes and needs. And according to where our research programme has reached, so that the research is very up-to-date. Interested students are invited to contact me for further information.</p>			
Aims / objectives	<ul style="list-style-type: none"> Methodically review relevant published articles relevant to a mutually agreed topic, probably related to prescribing but perhaps to some other topic in the domain of patient safety Conduct a piece of primary research related to the same topic, examining how learning could be made more effective 			
Techniques employed:	<ul style="list-style-type: none"> Methodical literature survey; probably scoping review but, depending on the topic, an alternative methodology might be more appropriate Depending on the topic and the interests of the student(s), this may include interviewing students, qualified professionals, or patients; it may involve observing real clinical or educational practice; or it may involve some form of experimentation We hope the student(s) will present their work at conference(s); depending on the success of the project(s) these might also be published 			

Project Title	'I'm sorry but I didn't hear that....': <i>developing and evaluating a simulation hearing-impairment learning experience for healthcare professionals students</i>		
Supervisor(s)	1. Professor Gerry Gormley (Simulation and Clinical Skills) 2. Dr Janet Rodgers 3. Dr John D'Arcy		
School / Centre	1. Centre for Medical Education, SMDBS 2. Sonic Arts Research Centre (SARC)		
Principal Supervisor's Contact Details	Email: g.gormley@qub.ac.uk	Tel: +44 (0) 28 9097 2736	
Degree Pathway for which project is suitable (✓)	Medical Science	✓	
	Biochemistry		
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i>		<i>Subject-specific awards</i>
	Wolfson Foundation Jean Shanks Foundation		British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>Deafness and healthcare</p> <p>Hearing loss affects in seven of our population in the UK. Most people with a hearing loss have either developed the problem in later life (the vast majority) or acquired a loss through, for example, infection or trauma earlier in life. Nearly all these people communicate with spoken language and may also use hearing aids. A small proportion of people with a hearing loss are congenitally severely or profoundly deaf and are more likely to use sign language.</p> <p>Having a hearing loss can have a significant impact on an individuals life. Deafness can affect a person's ability to communicate properly. It alters their interactions with others and may contribute to depression, anxiety, loneliness, and social withdrawal. Deaf people complain that medical professionals frequently lack understanding and empathy. Often they feel that health professionals do not appreciate just how stressful it is to engage in a healthcare setting; this problem primarily results from inadvertent barriers that prevent effective communication. Health professionals could benefit from special training in how best to deal with the communication difficulties of deaf patients. Many patients with hearing loss find communication in healthcare settings difficult, and this might sometimes affect their care. Unfortunately healthcare staff often do not appropriately adapt the way they communicate with this important group of individuals. Many have called for improved training methods for healthcare professionals in how they interact with individuals who have a hearing loss.</p> <p>The empathy challenge</p> <p>Compassion should be intrinsic to healthcare, but it is ever harder to promote this under the pressures of today's clinical education and practice. Formal curricula and training may lead to a further disconnect between biomedical knowledge and empathic care, with evidence that medical students' levels of empathy declines during medical school. This decline in empathic care has implications for (among other things) healthcare outcomes and patient</p>		

	<p>satisfaction. Experiential learning is one form, which may help to mitigate declines in empathy, by fostering deeper understanding of patient perspectives, and transforming how learners behave. We already know, for example, that ill doctors' experiences of patienthood can make them more empathic by reconciling their intellectual and emotional responses. Medical education is therefore challenged to find ways to improve empathic care.</p> <p>Simulating 'patienthood'</p> <p>Health and social care professional education aims to provide learners with a transformative experience so that they can offer competent, compassionate and safe healthcare as professionals. Simulation-based methods are increasingly being used to provide learning experiences for students and practitioners to advance their clinical skills and behaviours. Simulation-based education is being used alongside, and as a complement to, more traditional educational methods and, indeed, some consider its introduction to be an ethical imperative. Unquestionably, simulation will continue to offer new types of learning experiences in the future as this pedagogical paradigm matures and develops.</p> <p>Fundamentally, simulation-based education offers two key learning opportunities. First, it provides learners with an invaluable opportunity to 'rehearse' and incrementally advance their skills before transferring them to the clinical setting. Second, simulation can create learning opportunities that may not be readily available, or frequently occurring, in clinical practice. Thus, learners can accumulate a greater level of experience than is the case were simulations not made available.</p> <p>Simulating illness gives healthy learners vicarious experiences of patienthood. Wearing body suits, for example, simulates physical debility. It could be argued that simulating hearing impairment, and the impact this has on individuals, may provide a profound experiential learning experience. Such an experience may have an impact on healthcare professionals students attitudes and behaviours of how their best interact with these individuals in the future.</p>
<p>Aims / objectives</p>	<p>AIM</p> <p>The overall aim of this project is to develop and evaluate an experiential learning experience of hearing impairment for medical students.</p> <p>OBJECTIVES</p> <ul style="list-style-type: none"> • Perform a review of the literature regarding <ul style="list-style-type: none"> ○ Hearing impairment ○ Teaching of interacting with individuals who have hearing impairment • Develop an immersive simulation teaching experience <ul style="list-style-type: none"> ○ Using Virtual Reality / Augmented Reality (interactive audio and visual stimulus) ○ Working with individuals who have hearing impairment – develop a story board and narrative of the experience of an individual interacting with healthcare professionals ○ Developing a resource package for further learning for medical students • Research the impact of this learning experience on medical students using a phenomenological approach.

Techniques employed:	<p>In terms of delivering on this project the following steps will be required</p> <ul style="list-style-type: none">• Establish patient, public involvement in the project (e.g. The British Deaf Association, Action on Hearing Loss)• Perform a literature review• Develop an immersive experience that will foster empathy in healthcare practice. This experience could take form of a VR video experience, interactive performance or other activity. It should cover the narration of the experiences of a patient – from their perspective as having hearing impairment - whilst they engage with healthcare professionals. It should include points of good practice and where practice could be improved. Development process guided by supervisors and interactions with patients/public.• Evaluate medical students experience of this learning experience using a phenomenological approach• Develop a protocol and have approved for ethics• Recruit 10 medical students to experience the learning modality and then conduct interviews• Thematically analysis these interviews using the template analysis approach• Scope where the outputs of this project can be implemented into the medical degree curricula
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Project Title	A phenomenological investigation to determine the characteristics and qualities of a caring paediatrician from a parental perspective.		
Supervisor(s)	1. Dr Dara O'Donoghue 2. Prof Gerry Gormley		
School / Centre	Centre for Medical Education		
Principal Supervisor's Contact Details	Email: d.odonoghue@qub.ac.uk	Tel: 07505369671	
Degree Pathway for which project is suitable (✓)	Medical Science	x	
	Biochemistry		
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation	x	<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	The care of a child is at the centre of any paediatric medical consultation. The parents' impression formulated about the caring qualities of a doctor will influence the outcome of any consultation. However, these are often taken for granted and poorly defined. Parents interacting with a doctor will quickly form an opinion as to whether they have a caring attitude. Despite this, there have been few attempts to explore and crystallise the qualities of a caring paediatrician using qualitative research methodology. If the qualities of a caring paediatrician can be identified, this can inform the training of future paediatricians to improve patient care.		
Aims / objectives	The aim of the study is to use interpretative phenomenology to identify what parents of paediatric patients feel are the characteristics and qualities of a caring paediatrician.		
Techniques employed:	A recent study from this institution explored the concept of caring focusing on adult patients' opinions ¹ . It is planned that similar methods will be employed in this study. Twelve parents of paediatric patients from the Royal Belfast Hospital for Sick Children, who have had extensive experience of primary, secondary and tertiary paediatric care consultations will be enrolled in the study. Parents will be asked to construct diagrams to represent the relationships between themselves and the doctors. These will then be used as a framework on which to base in-depth interviews exploring parents' impressions of caring. Recorded transcripts will be analysed using thematic analysis. These will be used to construct a vivid description of the phenomenon of caring from a parental perspective. It is planned that the results of the study will be used to help inform the clinical consultation skills training of paediatric medical students and doctors. 1. Gillespie H et al. How can tomorrow's doctors be more caring? A phenomenological investigation. Med. Educ 2018; 52(10):1052-63		

Centre for Public Health

Project Title	Evaluation of antioxidant status with renal function in the Prospective Study of Myocardial Infarction (PRIME)		
Supervisor(s)	1. Dr Gareth McKay 2. Professor Jayne Woodside		
School / Centre	Centre for Public Health		
Principal Supervisor's Contact Details	Email: g.j.mckay@qub.ac.uk	Tel: 028 9097 8958	
Degree Pathway for which project is suitable (✓)	Medical Science	✓	
	Biochemistry	✓	
	Microbiology	✓	
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i>		<i>Subject-specific awards</i>
	Wolfson Foundation		British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>The PRIME study included 10,600 men aged 50–59 years examined in 1991–1994 in Northern Ireland (NI) and France and followed annually for deaths and cardiovascular events for 10 years. Chronic kidney disease (CKD) progression is associated with increasing oxidative stress. However, the majority of studies have investigated endogenous antioxidants in the later stages of disease. High performance liquid chromatography was used to quantify serum levels of vitamin C, retinol, α-tocopherol, γ-tocopherol and six carotenoids (α-carotene, β-carotene, β-cryptoxanthin, lutein, lycopene and zeaxanthin) in participants of the PRIME study. Measures of renal (Cystatin C) and liver (Bilirubin) function were also obtained in a sub-group of 1000 study participants. This project will evaluate antioxidant levels in study participants with respect to their renal function to determine whether lower antioxidant levels are associated with poorer kidney function with adjustment for potential confounding factors. Measures of liver function, where many antioxidants are metabolised, will be considered within the analysis to determine if liver function can modify antioxidant influences.</p>		
Aims / objectives	The objective of this study is to evaluate serum dietary antioxidants and their association with renal and liver function in a nested cross-sectional analysis of the PRIME study participants.		
Techniques employed:	<p>This project will require a literature review and an understanding of the subject area. Appropriate statistical approaches will be used to evaluate associations while adjusting for potential confounders. This will necessitate an understanding of the statistical package SPSS. Syntax codes are available. A manuscript outlining the key study findings will be submitted for publication.</p>		

Centre for Biomedical Science
Education and RISUS (Rugby
Injury Surveillance in Ulster
Schools) Project

(Note; 2 projects available under general description below)

Project Description	Prevalence of concussive injuries in schoolboy rugby players, with a view to identifying and modifying the link between previous concussion and increased musculoskeletal injury risk/neuromuscular and attentional deficit		
Title	Reducing musculoskeletal injury and concussion risk in schoolboy rugby players with a comprehensive neuromuscular control rehabilitation return to play protocol		
Supervisor(s)	1. Mr. Pooler Archbold (RISUS (Rugby Injury Surveillance in Ulster Schools) Group) 2. Dr. Sean Roe (Centre for Biomedical Sciences Education QUB)		
School / Centre	Centre for Biomedical Sciences Education/Ulster University		
Principal Supervisor's Contact Details	Email: poolerarchbold@aol.com s.roe@qub.ac.uk		Tel: 02890972640
Degree Pathway for which project is suitable (✓)	Medical Science		
	Biochemistry		
	Microbiology		
Is project of suitable standard / subject for studentship application? (✓)	<i>General awards</i> Wolfson Foundation Jean Shanks Foundation		<i>Subject-specific awards</i> British Assoc Dermatologists Digestive Disorders Foundation Pathological Society Other
Background information:	<p>Recent systematic review evidence suggests athletes who sustain a concussion appear more to likely to sustain a subsequent musculoskeletal injury in the subsequent year. Whilst the underlying mechanisms are unknown, one contributing factor could be the persistence of neuromuscular control deficits post-concussion despite players passing standard clinical concussions test.</p> <p>International consensus on concussion in sport advocate gait and balance assessments should be included as part of a detailed neurological examination of concussion. One such standard assessment is the Balance Error Scoring System (BESS) that forms part of the sport concussion assessment tool fifth edition (SCAT5). Most athletes are able to achieve their baseline BESS values within 3–5 days post-concussion, more often with the continued presence of other concussion-related symptoms. Such assessment tools and balance tasks may impose far less challenging neuromuscular demands than what is likely required during most athletic activities. As such, athletes who continue to have subtle deficits that are not detected by traditional clinical neurocognitive and static balance tests of neuromuscular control may be returned to play under standard clinical guidelines. Recent studies with rigorous methods have continued to show sub-clinical deficits post-concussion, even at the point of or after athletes are allowed to resume full athletic participation. These persistent deficits have the potential to be exacerbated in a dynamic and cognitively challenging environment, in sports such as rugby.</p>		

	<p>Rugby players must properly distribute their attention across various stimuli, select appropriate motor responses, coordinate their response to those stimuli and rapidly perform, assess and regulate the implementation of their response. These rapid sequences must be performed while allocating attentional focus among rapidly evolving phases on the field during play all the while being exposed to high impact forces. Recent studies utilising computerized tests have identify deficits in abilities such as task switching and conflict resolution post-concussion. Several studies reported that during dual-task conditions, gait performance variables continued to show significant deficits relative to controls for a longer period of time than other clinical measures, such as symptom resolution. Other studies suggest concussion negatively affects attentional distribution abilities that are necessary during dual tasks, such that one or both tasks will notably deteriorate. Thus the cognitive challenges posed on the field may result in detrimental effects on an athlete’s neuromuscular control due to the athlete’s inability to effectively divide their attention between different types of stimuli.</p> <p>Neuromuscular control can modulate the risk of experiencing a musculoskeletal injury among athletes independent of a concussion. A study on adolescent athletes found that those who returned to play post concussion displayed deteriorating ability to maintain dynamic stability during dual-task gait, despite no increase in other symptoms. Among collegiate and elite athletes, those who sustained a concussion displayed persistent gait deficits even after being evaluated and determined by a physician to be fully recovered from the injury based on symptom report and neurocognitive testing. Evidence suggests those sustained a concussed and return to play once cleared rates were 2.48-3.39 times greater risk of sustaining a lower extremity injury over a 90-day period compared to control athletes. Thus the presence and persistence of neuromuscular control deficits after a concussion may be associated with an increased injury risk, and potentially subsequent concussions.</p> <p>Whilst studies investigating dual-task gait tests have highlighted deficits, instrumented assessments of gait or neuromuscular control are not used in a widespread fashion. This could be due to a variety of factors, such as instrument cost, access, space, or personnel necessary to operate such protocols. There is a need to develop and test feasible and applicable dual-task tests (cognitive and neuromuscular control challenges) to help clinicians identify those who are at risk for another injury after a concussion. Such tests need to simulate the dynamic nature of a sports environment, such as rugby and include measures of functional movement and musculoskeletal injury risk.</p>
Aims/objectives	<p>The aims of this project are to (i) develop a standardised battery of feasible dual-task assessment tools to supplement the current SCAT5, (ii) investigate if neuromuscular control and attentional deficits are present in those who have suffered a previous concussion compared to those who haven’t in adolescent rugby players prior to commencement of their playing season, (iii) monitor school boy rugby teams for a</p>

	season for the occurrence of concussion and musculoskeletal injuries, and (iv) evaluate the recovery of neuromuscular and attentional systems in those who sustain a concussion during the playing season.
Experiments	The role as medical students involves gathering data relating to injury incidence by travelling to schools across Ulster and surveying adolescent players about their injury history and therefore we are an essential part in data capture for the completion of the project. Once the data has been gathered from the various schools involved, you will be involved in collating raw data together and integrating the writing up process, bringing together data and interpreting the meaning behind the results with regards to injury prevention.