

# EDHEAD *Beating the pandemic 5 minutes at a time*

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## Introduction

Faced with a pandemic, educational activities stopped and teaching and training became a distant memory. However, we recognised that within paediatrics an appetite for learning persisted and that our commitment to lifelong learning must never stop. EDHEAD was born to put education back on the agenda.

## Aims

Our aims for the EDHEAD project were to:

- offer a platform for paediatric healthcare professionals to access everyday clinical problems answered in evidence-based format using 5-minute peer reviewed, quality assured videos
- offer leadership and educational opportunities as part of lifelong commitment to learning
- improve team morale by incorporating technology and humour within educational videos
- have a method of delivering education allowing for social distancing.



Each video was then submitted electronically and peer reviewed, quality assured and edited by the EDHEAD team.

The videos were then uploaded to a shared platform with assistance from the Trust Continuous Improvement Team.



The EDHEAD Sharepoint

## Results

We have created an extensive catalogue of videos which continues to steadily increase. These encompass multiple aspects of paediatrics and neonatology including procedures, guideline reviews, clinical questions, top tips and induction information. We have had great engagement from multiple team members including senior and junior medical staff, nursing staff, advanced nurse practitioners and allied health professionals.

Videos have been viewed over one hundred times and feedback has been overwhelmingly positive.

## Method

The EDHEAD team was formed with three senior paediatric trainees and a Consultant Paediatrician.

The team created a 'wish-list' of topics, procedures and clinical questions. All paediatric and neonatal colleagues were then invited to get involved. People were invited to prepare 5 minute videos based on guidance provided.



The EDHEAD team

## Discussion

Through EDHEAD we have created a way of maintaining paediatric teaching and training that is safe, accessible and pandemic proof. The initiative has embraced interdisciplinary education and cross departmental working. Importantly the project has added some creativity and humour in a particularly difficult time within healthcare.

EDHEAD is an ongoing initiative and we have plans to share learning and evolve by collaborating with other departments both within the Trust and further afield.

