



Stepping Up to Leadership & Management in General Practice

The School of Medicine, Dentistry & Biomedical Sciences and the Thomas J. Moran Graduate School, in collaboration with the Eastern Federation Support Unit, are delighted to offer a personal and professional development programme tailored for General Practitioners in Primary Care. Workshops will be facilitated by experienced trainers from the Graduate School, with Module 2 led by Dr David Ross. Each workshop will focus on key themes related to personal, interpersonal, and professional development, offering practical insights and strategies essential for effective senior leadership in Primary Care. Assessment for the programme is through a written report that includes reflective accounts and a Personal and Professional Development Plan.

In addition to obtaining a Chartered Management Institute (CMI) Level 7 Award and 20 University CATS points, this short course can be combined with other short courses to obtain a Certificate in Professional Development for Primary Health Care (60 CATS).

Learning and Assessment Pathway:

- 8 tutor led modules (in-person sessions), supported by online resources
- Workshops are scheduled from 9:30 AM to 1:30 PM, with the induction extending until 3:30 PM
- Assessment consists of three tasks: a Written Report, a Reflective Account, and a Personal and Professional Development Plan
- Additional learning support is available through one-to-one coaching

COURSE CONTENT

Module	Date	Title/Content
Induction	13.11.25	Registration / Induction / Overview of Programme
		Personal & Professional Development Planning
Module 1		Interrelationship between skillset and mindset Skills set Emotional Intelligence and skills model Mindset Growth, Motivation & Engagement, Resilience, Developing others
Module 2	4.12.25	The Contract and Understanding Practice Finance
(Day 1)		Professional competencies to develop as a strategic leader in Primary Care Accountability & Governance
		Managing Risk & Finances
		Corporate & Social Responsibility
Module 3	8.1.26	Personal & Professional Development Planning
		 Personal Values and Behaviours Evaluation of self against competency framework (LPI) Self-assessment against NHS Leadership Framework Personal values and reflection
Module 2	5.2.26	Relationships within the Practice
(Day 2)		Professional competencies to develop as a strategic leader in Primary Care • Accountability & Governance
		Managing Risk & Finances
		Corporate & Social Responsibility
Module 4	5.3.26	Personal & Professional Development Planning
		Understanding personality preferences
		Leadership styles and preferences
		Leadership styles and decision-making
		Team working influence, persuading & negotiating
Module 2 (Day 3)	2.4.26	External Relationships
		Professional competencies to develop as a strategic leader in Primary Care Accountability & Governance
		Managing Risk & Finances
		Corporate & Social Responsibility

Module 5	7.5.26	Competencies to develop as a strategic leader in Primary Care
		Leadership theory & skills required to implement
		Creating 'right culture' and measuring effectiveness
Module 6	4.6.26	Competencies to develop as a strategic leader in Primary Care
		Professional competences
		Managing Projects
		Managing a Meeting
		o Managing Change
Module 7	25.6.26	Competencies to develop as a strategic leader in Primary Care
		Professional competences
		Setting Objectives
		Performance Management
		Learning & Development
Module 8	23.7.26	Developing a Personal and Professional Development Plan