**Accredited EMDR therapy training is limited to:**

Mental Health Professionals

Clinical Psychologists (Registered with HCPC or Psychological Society Ireland)

Counselling Psychologists (Registered with HCPC)

Educational Psychologists (Registered with HCPC)

Forensic Psychologists (Registered with HCPC)

Psychiatrists (Consultant Psychiatrist, StR / SpR Psychiatry)

Registered Mental Health Nurses (NMC)

Registered Mental Health Social Workers with experience of working clinically in a mental health setting (HCPC)

Clinical & Counselling Psychologists in final year of training are acceptable with letter of recommendation from their supervisor

Counsellors/Psychotherapists

MUST hold accreditation OR have submitted proof that they have had their application approved for provisional accreditation for one of the following professional bodies:

Association of Christian Counsellors (Accredited Counsellor – AC)

BABCP

BACP

British Psychoanalytic Council (BPC)

Irish Association for Counselling and Psychotherapy (IACP)

Irish Association of Humanistic and Integrative Psychotherapy (IAHIP)

UKCP

General Practitioners

Registered with the General Medical Council (GMC) who are experienced in psychotherapy and psychological trauma and are an accredited counsellor or psychotherapist or working towards a psychotherapy accreditation.

Art Psychotherapists

Registered with HCPC plus mental health training and working in a mental health setting may be accepted.

Occupational Therapists

Registered with HCPC plus mental health training and working in a mental health setting may be accepted.

Mental Health professionals from countries outside of the UK and Ireland

Are requested to submit a letter from their national EMDR Association agreeing to them undertaking their training in the UK and that they fulfil the eligibility criteria for their country of origin. Applicants from countries with no national EMDR Association are scrutinized on a case-by-case basis and need to broadly follow our own eligibility criteria, i.e. a mental health professional accredited/registered with a governing body in their own country.