

2012 CYCLE TO WORK WEEK SCHEDULE OF EVENTS



Date	Event
Monday 18 June	<p>Start of Cycle to Work Week</p> <p>As part of a campaign to promote cycling at the University a Cycling Clinic will be coming to Heath Sciences Campus. This will offer staff a FREE safety check on your bike with helpful hints on cycle maintenance.</p> <p>The Cycle Clinic will be located at the front of the MBC between 11am – 3pm.</p>
	<p>Cycling Maintenance Workshop</p> <p>Staff are invited to learn more about regular bike maintenance in a workshop environment FREE of charge.</p> <p>The workshop will take place at Chain Reaction Cycles, Boucher Road between 6pm – 7pm.</p> <p>For more information and to book your place, email transport@qub.ac.uk</p>
Tuesday 19 June	<p>Increase Your Bike Security</p> <p>For improved security, why don't you get your bike identified with a security marking kit and register with immobilise.com the National Property Register.</p> <p>Security marking will be available at the front of the McClay Library between 10am – 3pm.</p>
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Wednesday 20 June	<p>1 Minute Challenge!</p> <p>Participate in a cycle against the clock challenge and win vouchers to the value of £80!! All participants will receive a FREE T-shirt and water bottle courtesy of Chain Reaction Cycles.</p> <p>This event will take place in front of the McClay library between 12.00 – 2pm.</p>
	<p>Exclusive Offer for University Staff</p> <p>University staff are cordially invited to visit Chain Reaction Cycles, at their new store on the Boucher Road, where on presentation of a staff card they can avail of a host of special offers and discounts on all items.</p> <p>This special discount offer is available between 6.30pm – 8.30pm.</p>
Thursday 21 June	<p>How smooth can you cycle?</p> <p>We know that cycling is healthy, but with the Cycle Smoothie-maker it can now be nutritious!! Pedal yourself up a tasty smoothie while enjoying the benefits of cycling.</p> <p>The Cycle Smoothie-maker will be located at the front of the McClay Library between 12 – 2pm.</p>
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Friday 22 June	<p>Cycle to Work Day</p> <p>Pedal power over horsepower as staff are invited to leave the car at home and cycle to work. And after arriving at the University why not avail of a FREE breakfast.</p> <p>Breakfast will be available in the Old Staff Common Room between 8am – 10am.</p>
Saturday 23 June	<p>Saturday Ride Out</p> <p>This is an opportunity for slightly more experienced riders to go out on a 15km cycle through Belfast. Departing at 9.30am, the cycle should last approximately 1 hour.</p> <p>For more information and to book your place, email transport@qub.ac.uk</p>