



Queen's University
Belfast

2016 CYCLE TO WORK WEEK SCHEDULE OF EVENTS

DATE	EVENT
Monday 13 June	<p>Cycle Clinic As part of a campaign to promote cycling at the University a Cycling Clinic will be coming to Heath Sciences Campus. This will offer staff a FREE safety check on your bike with helpful hints on cycle maintenance. The McConvey Cycles Clinic will be located at the front of the MBC between 11am - 3pm.</p>
Tuesday 14 June	<p>Increase Your Bike Security For improved security, why don't you get your bike identified with a security marking kit and register with immobilise.com the National Property Register. Security marking will be available at the front of the McClay Library between 10am - 3pm.</p> <p>Cycle to Work Week Debate The motion: 'This House believes: rising cycling levels shows that further increased investment isn't necessary' Join a lunchtime debate, chaired by Malachi O'Doherty and hosted by the Fred Festival, in the Old Staff Common Room between 1pm - 1.45pm. To confirm your attendance please email transport@qub.ac.uk. Light lunch will be provided.</p>
Wednesday 15 June	<p>Cycling Maintenance Workshop Staff are invited to learn more about regular bike maintenance in a workshop environment FREE of charge. The workshop will take place at Chain Reaction Cycles, Boucher Road between 6pm - 7pm. For more information and to book your place, email transport@qub.ac.uk.</p> <p>Bike to Work Breakfast (ECIT) It's pedal power over horsepower as staff are invited to leave the car at home and cycle to work. And after arriving at the University why not avail of a FREE breakfast. Breakfast will be available at ECIT between 8am - 10am.</p> <p>Have a go at MTB! Would you like to experience the thrill of mountain biking without leaving the City! Staff and students are invited to a guided ride for beginners at Barnetts trail (Shaws Bridge). Meeting at the PEC, staff and students will need to have a working MTB bike and helmet. To book your place please email transport@qub.ac.uk.</p>
Thursday 16 June	<p>Cycle Clinic As part of a campaign to promote cycling at the University a Cycling Clinic will be coming to Main site. This will offer staff a FREE safety check on your bike with helpful hints on cycle maintenance. The Podium 4 Sport Cycle Clinic will be located at the front of the McClay Library between 11am - 3pm.</p>
Friday 17 June	<p>Cycle to Work Day Pedal power over horsepower as staff are invited to leave the car at home and cycle to work. And after arriving at the University why not avail of a FREE breakfast. Breakfast will be available in the Old Staff Common Room between 8am - 10am.</p>

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