

# Dander the Queen's Quarter: Experience Your Surroundings

## Transcript of Podcast

### Frank – 0:14

Welcome to Queen's yellow Dander route. As we start our yellow dander, I would like to begin by taking this opportunity to welcome both new and returning students to Queen's University. I want to particularly welcome those of you who aren't familiar with our beautiful city of Belfast.

### Frank – 0:31

My name is Frank and I'm your guide for today, as we head off on our "dander". As you spend time in Belfast, we discover our rich colourful dialect, and you'll be introduced to many new words: "dander" being one of them. "Dander" is a colloquialism for a mindful stroll, filled with curiosity and wonder. Our dander is informed by a variety of photographs that have been uniquely positioned on your map. Let's begin at the beginning at photograph one. This is Galileo situated in what's known as the black and white Hall, we shall commence our dander from here. Let's take a moment to take in the sound of the black and white Hall

### Frank – 1:29

Without judging or analysing, notice any sound. And let's continue to the main entrance. And as we leave the building straight ahead, photograph two. In front of you is the modern, clear class structure of the new Students' Union.

### Frank – 2:27

Let's pause and take in the signs around us. Notice where your attention is right now.

### Frank – 3:11

Remember on the dander, to always to use the pedestrian crossing.

### Frank – 3:44

At the Students' Union, we turn left and we come to photograph number three: Elmwood Avenue. In front of you, you can see Elmwood Hall. The Elmwood Hall is a flat floor open space with balcony seating and can be used as plenary, breakout or exhibition space. With self contained green rooms the Elmwood Hall is an ideal space for alternative events such as fashion shows, concerts, and theatrical performances. Beside Elmwood Hall is the Student Guidance Centre, as well as the GP hub. The Student Guidance Centre brings together a number of support services that guide and advise you throughout your time at Queen's. From managing your student record, developing your academic and employability skills, and offering

support for times when you may feel under pressure. All of our services work together to ensure you have a successful and enjoyable student experience.

**Frank – 5:08**

Let's continue walking down Elmwood Avenue. And as we walk down Elmwood Avenue, if we can keep to the right side of the street and notice the beautiful trees, this beautiful tree-lined Avenue and sense the tarmac, the pavement beneath your feet.

**Frank – 5:47**

Elmwood Avenue houses a number of chaplaincies . The chaplaincies Tcan be found on the left hand side of the street.

**Frank – 6:35**

As we continue our dander, notice what you see and with the healthy curiosity, notice what you hear. See if you connect your breath with each step that you take.

**Frank – 9:17**

As we come to the end of Elmwood Avenue, directly in front of you is the M. B. C. Building. What an impressive building. This building is home to the School of Medicine, Dentistry, and Biomedical Sciences

**Frank – 9:49**

At the bottom of Elmwood Avenue, we turn right and remain on the footpath. Let's stop and pause for a moment and take in our surroundings.

**Frank – 10:59**

To the left is a large tower block which is our Belfast City Hospital.

**Frank – 11:27**

Let's continue moving forward. As we head towards photograph number seven, the Crescent Arts Centre.

**Frank – 12:39**

The road on which we're walking now is the Lisburn road. We are heading in the city centre direction. You'll notice on the right the large radius housing which is a Business Centre. It's a fully furnished office suites for reception services, meeting rooms and ultrafast internet.

**Frank – 14:45**

When you find your attention wandering, notice and gently bring your attention back to your footsteps sensing the pavement beneath your feet. Step by step by step. As you approach the traffic lights at the intersection, remain on the right hand side of the road. Just before the traffic lights on the right hand side, there's a little wooded area, which is the King William Park.

**Frank – 17:04**

So Let's walk through King William Park. In the centre of the park you'll find a beautiful copper, circular map of Belfast. Let's take a moment to explore this beautiful copper map of Belfast.

**Frank – 17:37**

covering north south east and west. Let's continue. In front of you is a beautiful building. This is the Crescent Arts Centre. Continue across the road to the Crescent Arts Centre. The Crescent Arts Centre is worth a visit for those interested in art, drama dance and music. The Crescent Art Centre is also home to our feathered friends the Swifts, who visit Belfast from mid-April and depart for Southern Africa in August. Let's take a left onto what's known as Lower Crescent. Go to the beautiful park. No need to enter the park today but let's pause and take in the beautiful colour of flowers. Notice the ornate lightning with the hanging baskets. The Crescent would very much be a Regency setting.

**Frank – 21:11**

Now we're heading for photograph number eight: Botanic Avenue. Botanic Avenue is filled with a variety of cafes and restaurants, that will delight every tastebud. Botanic Avenue also houses the wonderful "No Alibi's" bookshop. This is Ireland's number one independent bookshop well worth a visit. Also, you'll find the Botanic railway station.

**Frank – 22:06**

So, let's take a right off of Botanic Avenue. Again, let's pause and take in the variety of restaurants, cafés. Take a moment to tune into your sense of smell. Continue along Botanic Avenue to the tropics.

**Frank – 26:32**

Continue straight. Once again reminding you to stay on the pavement on the right hand side of the road

**Frank – 27:25**

Ahead of you is photograph number nine: University Square. As you turn into University Square, on the left hand side is the beautiful Music building.

**Frank – 28:27**

To the right hand side is the Queen's houses. Hosting the many Schools.

**Frank – 29:20**

Let's pause for a moment at number 23. This is the Queen's film theatre. It also houses the the drama and film theatre.

**Frank – 29:35**

The Brian Friel Theatre and two wonderful cinemas. This is the north of Ireland's independent cinema.

**Frank – 29:52**

If you look across the road you see the beautiful Graduate School. This is picture number 11. This is definitely a must-see building for its architectural blending of old and new. And now directly ahead of us is the archway, which brings us to the quad and the quad is the end of our yellow path dander.

**Frank – 31:04**

Thank you for taking the yellow dander and I hope you enjoyed the walk.

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*If you have any questions about this podcast, please contact [QUBeWell@qub.ac.uk](mailto:QUBeWell@qub.ac.uk)*