


# Week 4 – Football

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Summer Scheme 2023	Monday	Tuesday	Wednesday	Thursday	Friday
Registration 8:45- 9:15	Studio 3				
Session 1 9:15- 10:15	Swimming	Benchball - football Main Hall	Swimming	Trampolining Main Hall	Swimming
Session 2 10:30- 11:30	Icebreaker Games Main Hall	Basketball Minor Hall	Road to Wembley OTF	Bingo DOJO	Dodgeball DOJO
Break 11:30-11:45					
Session 3 11:45- 1:00	Capture the Flag - football - OTF	Football skills Minor Hall	Dodgeball DOJO	Football skills OTF	Arts & Crafts Studio 3
Lunch 1:00- 2:00					
Session 4 2:00-3:00	Team Obstacle Course Main Hall	Gymnastics DOJO	Uni-hoc Main Hall	Gymnastics DOJO	Football Rounders OTF
Session 5 3:00- 3:45	Dodgeball DOJO	Arts & Crafts Studio 3	Triple Team Games Main Hall	Team Relays OTF	Fundamental games Minor Hall
Break 3:45- 4:00					
Session 6 4:00- 4:45	Gymnastics/Dance DOJO	Team Nature Trail Botanic	Gymnastics DOJO	Badminton Minor Hall	Weekly Awards Minor Hall 
Pick up 4:45- 5:00	Studio 3				