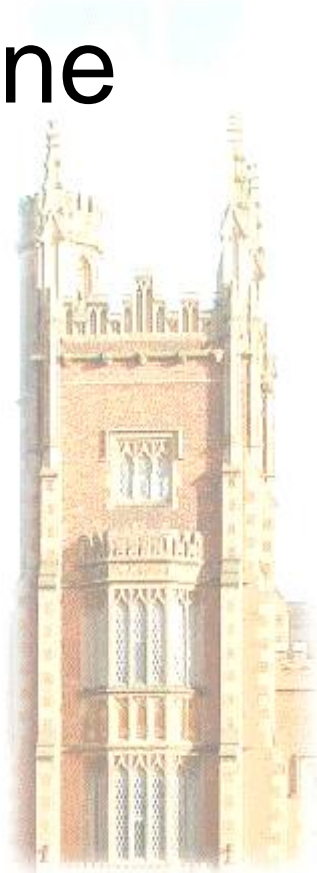


Introduction to Family Medicine

Tutors' Meeting (in-person!)

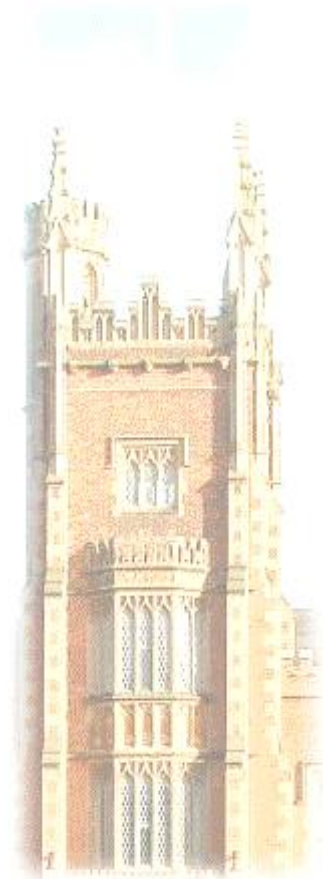
13th September 2023

Dr Grainne Kearney





QUEEN'S
UNIVERSITY
BELFAST

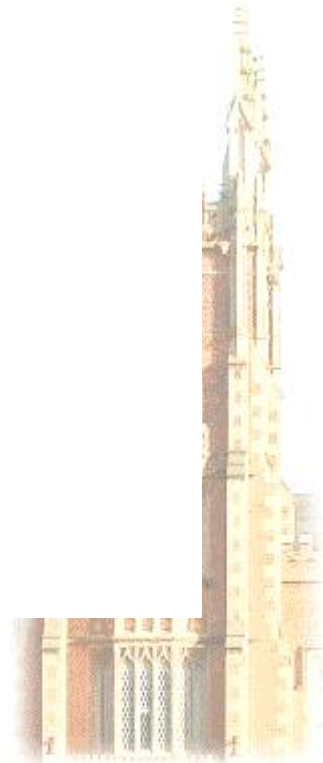




QUEEN'S
UNIVERSITY
BELFAST

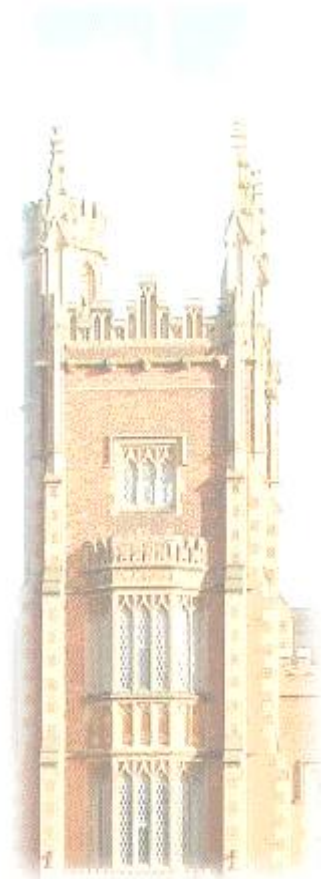
Thank

You





**QUEEN'S
UNIVERSITY
BELFAST**



Agenda

General updates

Year 1 – Family Attachment

Year 2 – General Practice Experience

Tutor group work



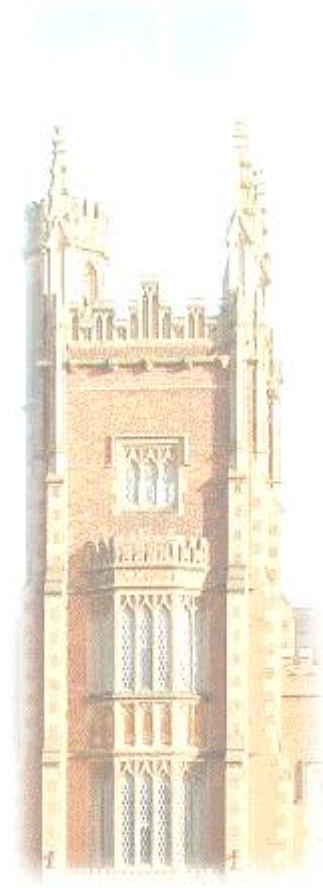
Agenda

General updates

Year 1 – Family Attachment

Year 2 – General Practice Experience

Tutor group work





**QUEEN'S
UNIVERSITY
BELFAST**



[STUDY](#) [RESEARCH](#) [INTER](#)

[HOME](#) / [COURSES](#) / [UNDERGRADUATE 2022](#) / [MEDICINE \(MB\) A100](#)

[← Back](#)

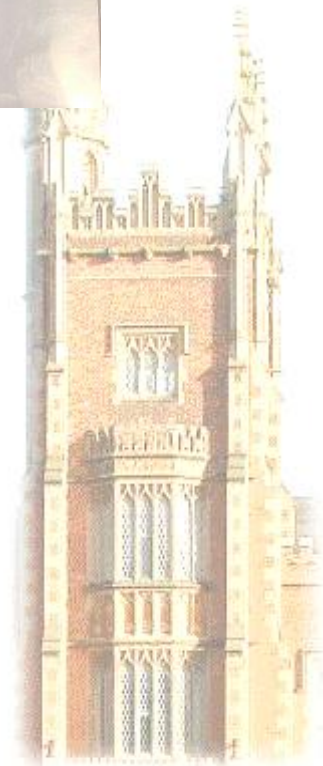
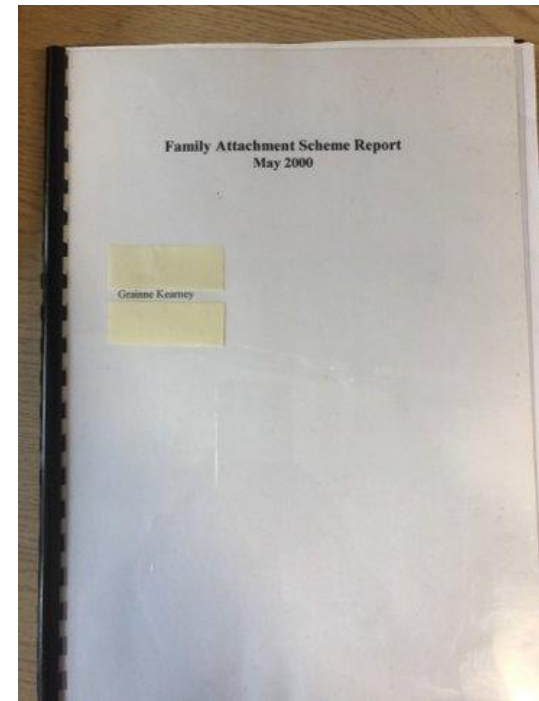
MB Undergraduate

Medicine

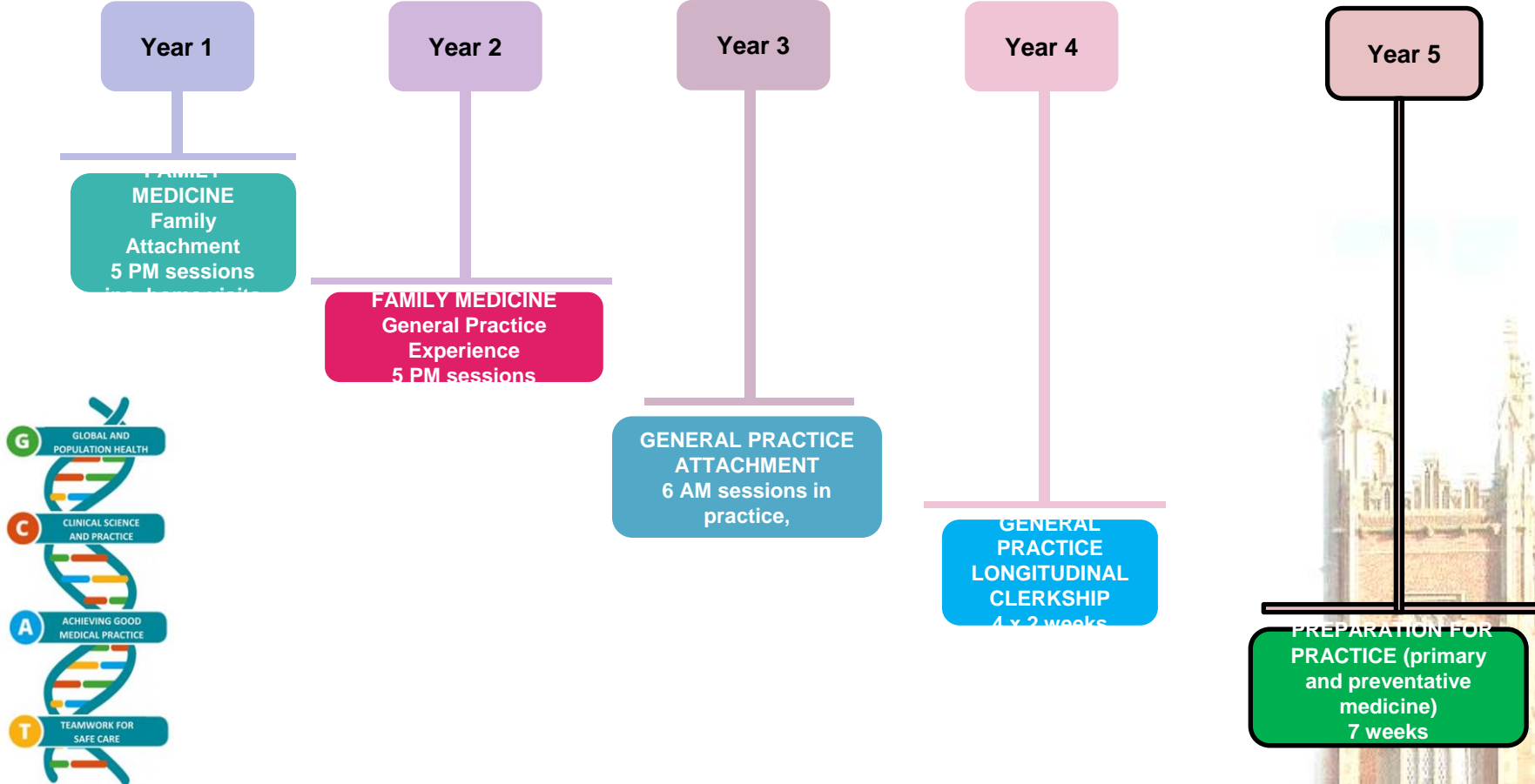
MEDICINE DEGREE HIGHLIGHTS

Studying Medicine at Queen's gives students access to an exciting and innovative School. Key highlights include:

- Early clinical contact with clinical placements in first year
- Whole body dissection in state of the art facilities



General Practice across the QUB Medical School Curriculum 2024/2025





**QUEEN'S
UNIVERSITY
BELFAST**





WeAreGeneralPractice session feedback

185

Responses

00:57

Average time to complete

Active

Status

[Review answers](#)

[Post scores](#)

[Open in Excel](#) ⋮

1. The session organised by Dr Kearney was enjoyable and interesting (0 point)
(1 being not enjoyable or interesting, 5 being very enjoyable or interesting)

[More Details](#)

[Insights](#)

185

Responses

4.49

Average Number

2. I feel more positive towards General Practice as a result of the session (0 point)
(1 being not so much, 5 being very much so)

[More Details](#)

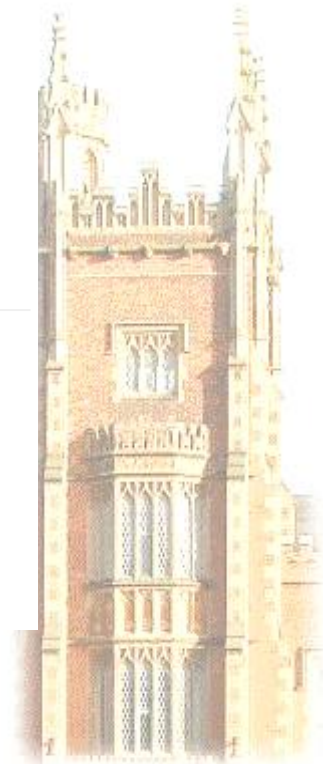
[Insights](#)

185

Responses

4.47

Average Number



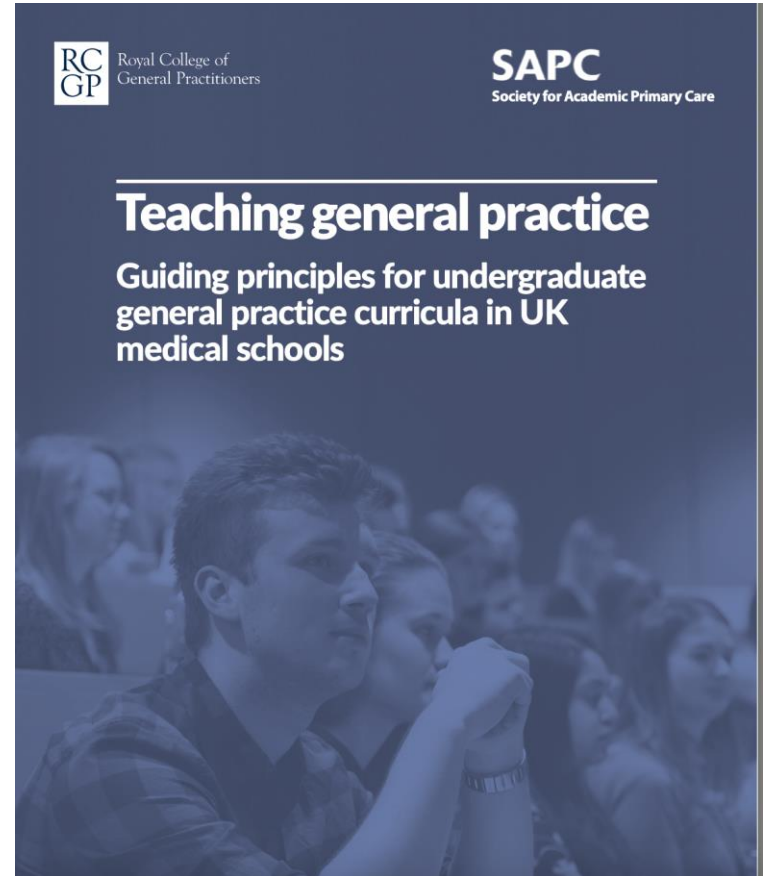
When asked something they enjoyed in the session

- *“Hearing the passion all the speakers had for general practice, reaffirming my aspirations to become a GP”*
- *“I loved the stories from GP and experiences (remarkable in some cases) I came out of this talk so excited for my future!!!! ”*



In the “Teaching General Practice” framework, Family Medicine is a natural home to realise the following aspiration,

“We strongly recommend students being encouraged to consult with patients one-to-one from an early stage in training.”



Family Medicine

Year 1 – Care for
the person and care
within families

Year 2 – Care within
the GP Practice and
care within
communities



Agenda

General updates

Year 1 – Family Attachment

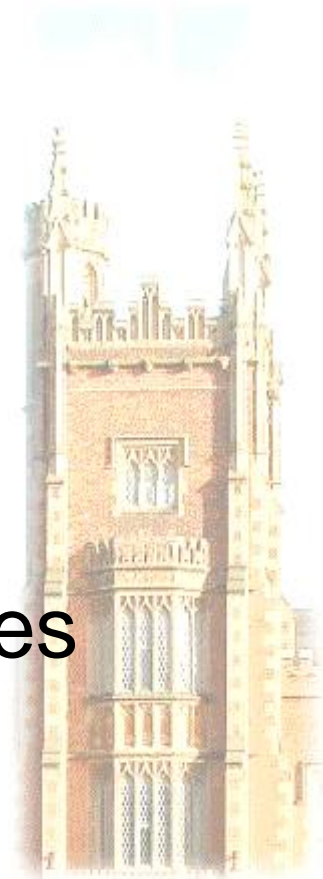
Year 2 – General Practice Experience

Tutor group work



General Housekeeping

- Dates
- Feedback
- Tutor resources
- Student attendance and support
- Home visit guidance
- Pearse Donnelly prize
- Progress Test
- Involvement of senior students/trainees



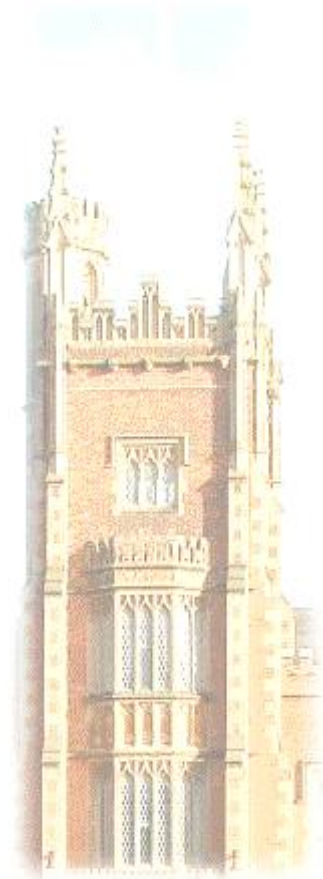
Year 1 dates

	Y1 TUESDAY	Y1 THURSDAY
Session 1	3 Oct	5 Oct
Session 2	7 Nov	9 Nov
Session 3	21 Nov	23 Nov
Session 4	23 Jan	25 Jan
Session 5	5 Mar	7 Mar







Year 2 dates

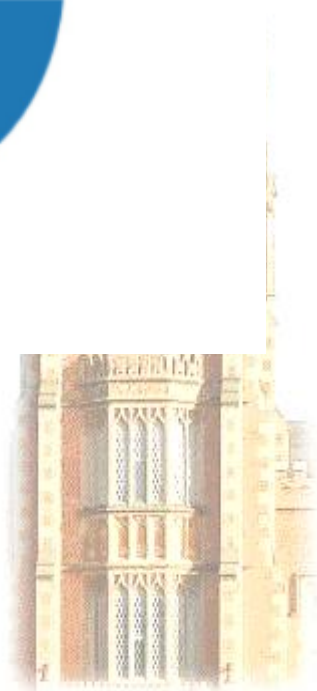
	Y2 TUESDAY	Y2 THURSDAY
Session 1	19/26 Sept	21/28 Sept
Session 2	10/24 Oct	19 Oct/2 Nov
Session 3	28 Nov/12 Dec	30 Nov/ 7 Dec
Session 4	27 Feb	29 Feb
Session 5	23 April	18/25 April



Student feedback Y1

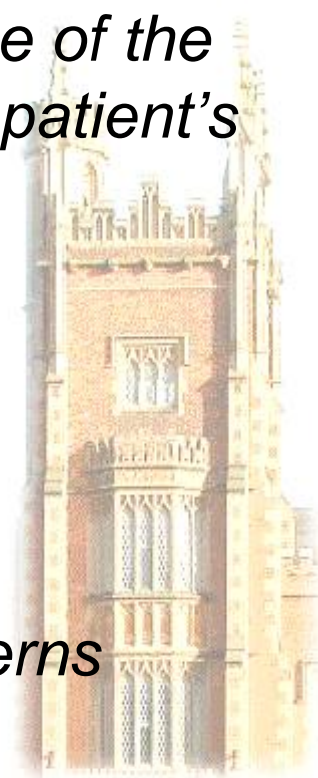
2. My GP tutor was helpful and enthusiastic

 Strongly Agree	139
 Agree	16
 Disagree	2
 Strongly disagree	0



Student feedback for Y1

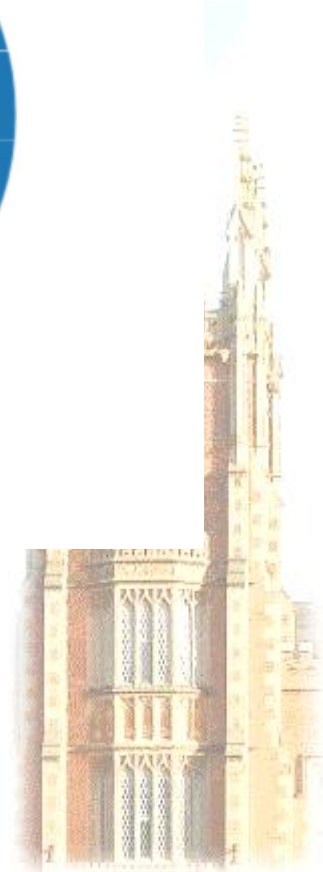
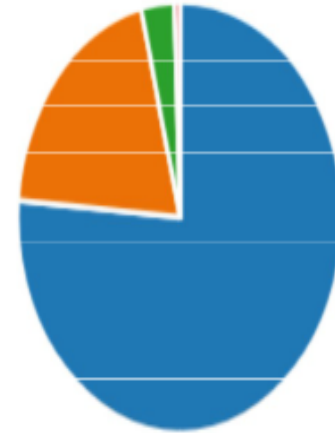
“Having the opportunity to meet with a patient has been a huge privilege, and a highlight of my time in First Year. Going into the visits, I was met with excitement for the prospect of meeting our first ‘real’ patient, with apprehension being among the predominant feelings. However, by the end of our time, I was overwhelmed with the value of meeting a patient in their home, allowing me to immerse myself, at least partly, in some of the socioeconomic and lifestyle factors that impacted our patient’s health. I thoroughly enjoyed meeting with our patient, who shared countless stories from her lifetime, all of which were extremely insightful into the experiences which can shape a patient’s perception of health. It has helped me be more conscious that a patient is more than their illness; they have a multitude of concerns and a breadth of socioeconomic influences.”



Student feedback Y2

2. My GP tutor was helpful and enthusiastic

● Strongly Agree	138
● Agree	36
● Disagree	6
● Strongly disagree	1



Student feedback Y2

It was great receiving an insight into primary health care, and gaining an appreciation for the vast amount of work expected of a GP.

Visiting the GP practice and getting to see how it runs day to day. Also being able to see patients, take histories from them and do examinations. This was the first time we got to see real patients, it was a very valuable session.



QUBGP

UNIVERSITY SITES / QUBGP

News About Us Curriculum Resources Events Getting In Touch

Quick links to resources

New Practices

Practice Managers

Tutor Updates

GPCPA Events

Year 1+2 Family Medicine

Year 3 GP

Year 4 GP

Year 5 GP

The QUBGP website is for anyone involved in medical student education from a General Practice perspective.
We hope you will find the educational resources useful.
To find out more about how to become a QUB Tutor or Teaching Practice click [HERE](#)

REQUEST A CP2A

[Click here >](#)





Year 1 & 2 - Family Medicine

UNIVERSITY SITES / QUBGP / CURRICULUM / YEAR 1 & 2 - FAMILY MEDICINE

Year 1 & 2 - Clinical Experience

Year 1 & 2 - Family Medicine

Year 3 GP

Year 4 - GP Specialty

Year 5 - GP Placement/GP Assistantship

☰ More options

YEAR 1 & 2

Introduction to Family Medicine

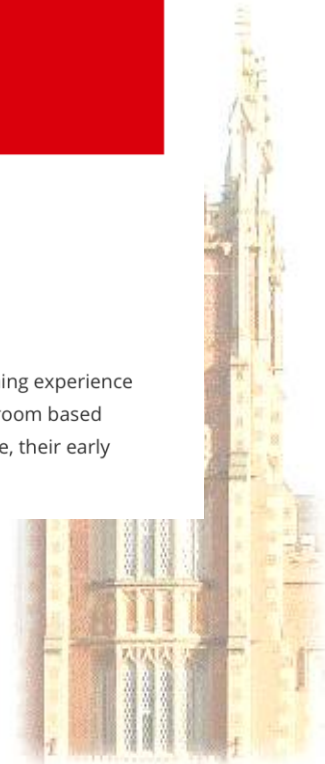
Year 1+2 Family Medicine 2023/24

Y1 and Y2 Family Medicine will run as a fully face to face module in 23/24.

What is Year 1+2 Family Medicine?

Family Medicine provides students early clinical contact with patients and a glimpse into the busy and dynamic world of Primary Care. It is a formative learning experience for students who often reflect that it helps them to see 'patients as people' and enjoy what they consider to be 'real life' medicine amongst their more classroom based teaching. Family Medicine was an early adopter of the expansion of time that Queen's University Belfast medical students spend learning in General Practice, their early taster of connected Primary Care based placements spanning the five-year curriculum.

Introduction to Family Medicine



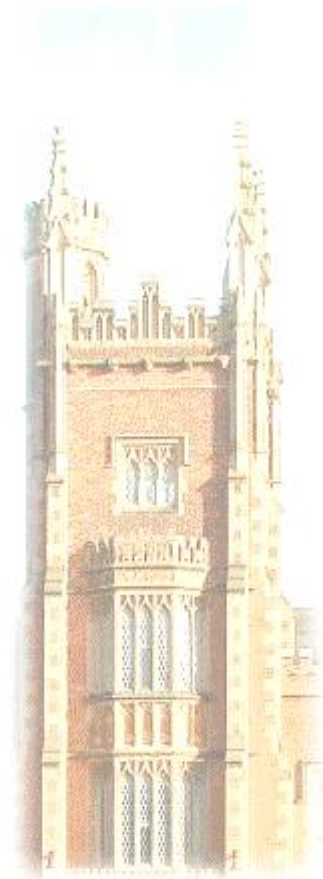
Tutor resources -Tutor's Guide

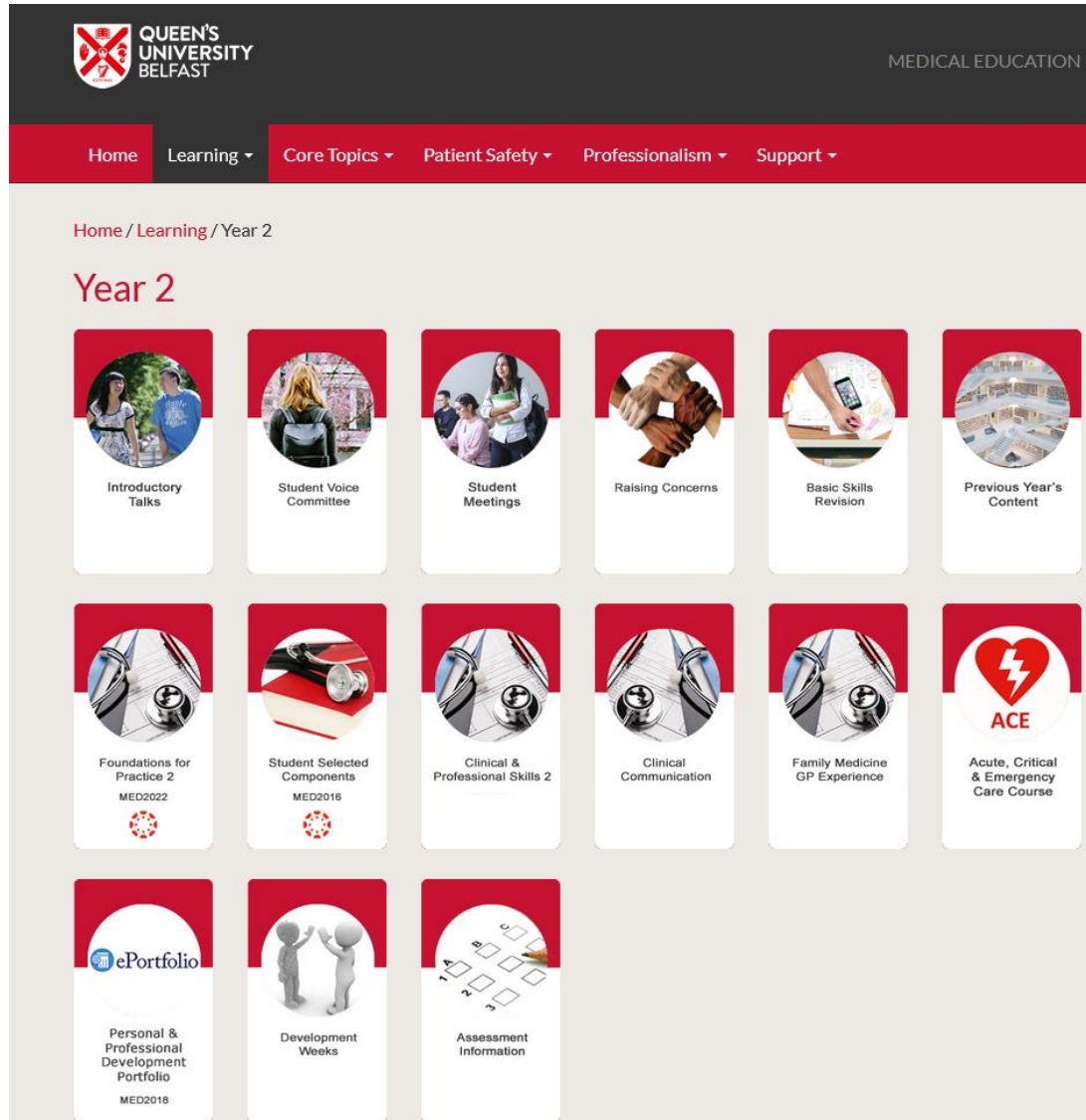
Introduction to Family Medicine

**A course for first and second year medical
students**

**Year 1: The Family Attachment Scheme
Year 2: General Practice Experience**

Tutor Guide 2022-223





QUEEN'S UNIVERSITY BELFAST MEDICAL EDUCATION PORTAL

Home Learning Core Topics Patient Safety Professionalism Support

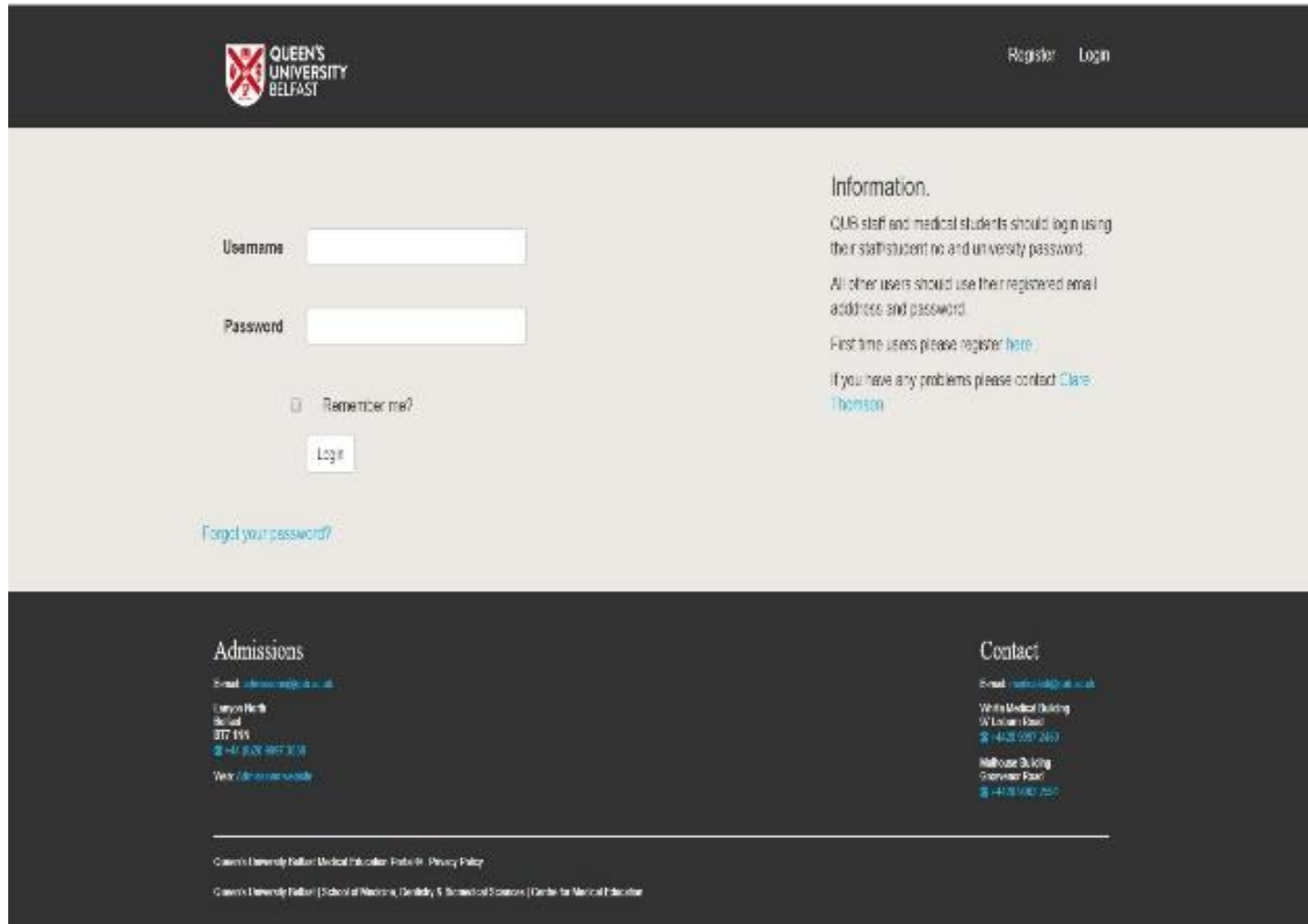
Home / Learning / Year 2

Year 2


- Introductory Talks
- Student Voice Committee
- Student Meetings
- Raising Concerns
- Basic Skills Revision
- Previous Year's Content
- Foundations for Practice 2 MED2022
- Student Selected Components MED2016
- Clinical & Professional Skills 2
- Clinical Communication
- Family Medicine GP Experience
- ACE Acute, Critical & Emergency Care Course
- Personal & Professional Development Portfolio MED2016
- Development Weeks
- Assessment Information



Access to the Portal



The screenshot shows the login page for the Queen's University Belfast portal. At the top left is the university logo. On the right, there are links for 'Register' and 'Login'. The main content area contains a login form with fields for 'Username' and 'Password', a 'Remember me?' checkbox, and a 'Login' button. Below the form is a link for 'Forgot your password?'. To the right of the form is an 'Information' section with text for staff, other users, and first-time users, along with a contact link for 'Clare Thomson'. The footer contains 'Admissions' and 'Contact' information, including email addresses, phone numbers, and website links, as well as footer text for the Faculty of Medicine and related departments.

 **QUEEN'S
UNIVERSITY
BELFAST** [Register](#) [Login](#)

Username

Password

Remember me?

[Forgot your password?](#)

Information.
QUB staff and medical students should login using their staff/student no and university password.
All other users should use their registered email address and password.
First time users please register [here](#).
If you have any problems please contact [Clare Thomson](#).

Admissions
Email: admissions@qub.ac.uk
Lanyon Hall
Belfast
BT7 1SN
☎ +44 (0)28 907 3030
Web: www.qub.ac.uk

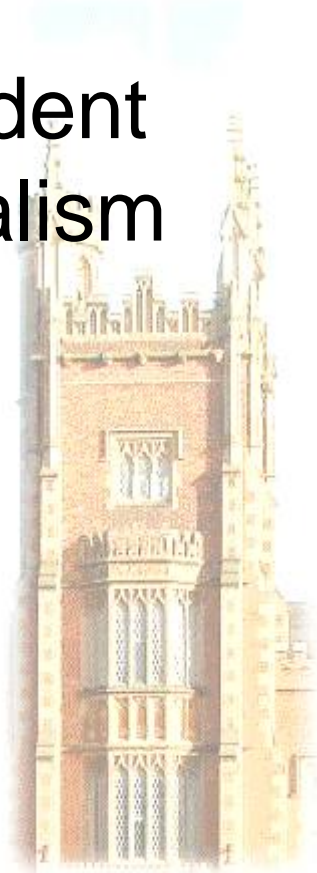
Contact
Email: info@qub.ac.uk
White Medical Building
White Cross Road
☎ +4428 907 2463
Hallhouse Building
Grosvenor Road
☎ +4428 907 2500

Queen's University Belfast Medical Education Faculty | Privacy Policy
Queen's University Belfast | School of Nursing, Dentistry & Biomedical Sciences | Centre for Medical Education



Student attendance

- 100% expected – if not let us know
- Repeating student also 100% (do *not* have to repeat assessments)
- Attendance is often a marker of a student who may need support or professionalism issues





Resources

UNIVERSITY SITES / QUBGP / RESOURCES

Annual Updates

MyProgress

New Practices

MLA

EDI training

GPCPA CPD Events

Remote consulting

Please click on the individual black TAB menu headings above to find specific curriculum updates (such as tutor meetings), ZOOM and remote consulting resources and useful content.

Wi-Fi access in General Practice

Did you know that there is now **free access** to Government wi-fi in all GP Practices?

Students will have been advised how to register to use it but you can find all the information at this link

[Accessing Government Wi-fi in General Practice](#)

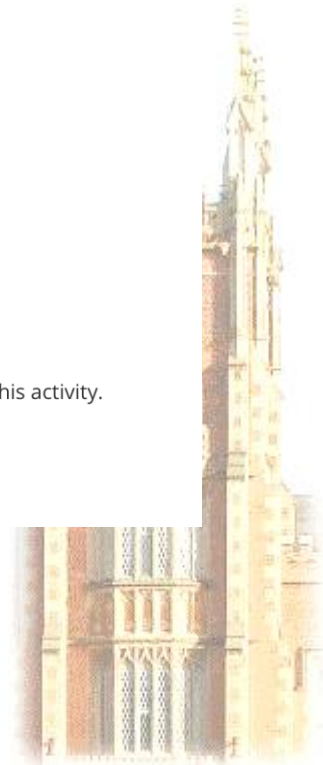
Medical Students and Home Visiting

We have created a Home Visit guidance document for practices which may be helpful when considering how best to involve medical students in this activity.

[Medical Students Home Visit Guidance](#)

Launch of MyProgress App

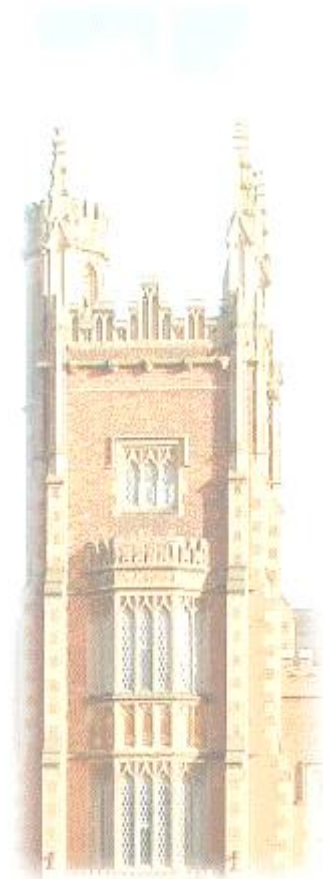
Introduction to Family Medicine



Pearse Donnelly Prize



Introduction to Family Medicine



Progress Test and MLA

MLA

UNIVERSITY SITES / QUBGP / RESOURCES / MLA

Annual Updates

MyProgress

New Practices

MLA

EDI training

GPCPA CPD Events

Remote consulting

Assessment is changing. The GMC is commencing a national Medical Licencing Assessment (starting academic year 24-25). You can read more here

[Requirements for the MLA Applied Knowledge Test - GMC](#)

Assessment Update (MLA and Progress Testing), September 2023

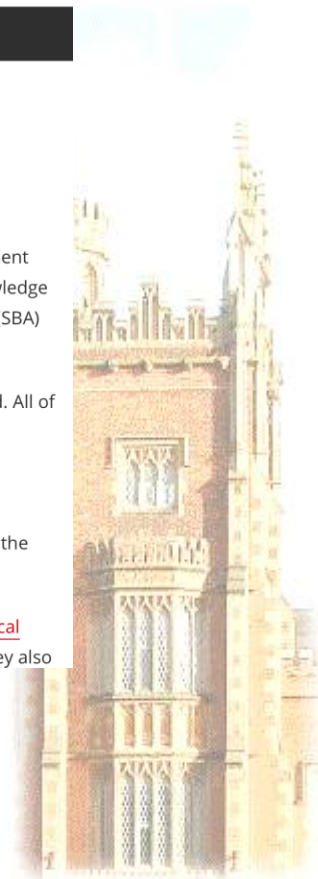
From 2024 onwards, all medical students graduating from UK universities need to pass a national exam – the Medical Licensing Assessment (MLA). This entry requirement for inclusion on the medical register by the General Medical Council incorporates both written and practical components. QUB students will sit their MLA Applied Knowledge Test (AKT) – ‘written finals’ - after the end of Y4 and prior to starting Y5 rotations. QUB's first cohort sit their AKT late June 2024. This comprises 200 Single Best Answer (SBA) questions, with around 40% of these questions tagged to primary care context.

The [Content Map for the MLA](#) includes A-Z lists of clinical presentations and conditions that graduating medical students are expected to apply their knowledge around. All of these could be encountered in GP!

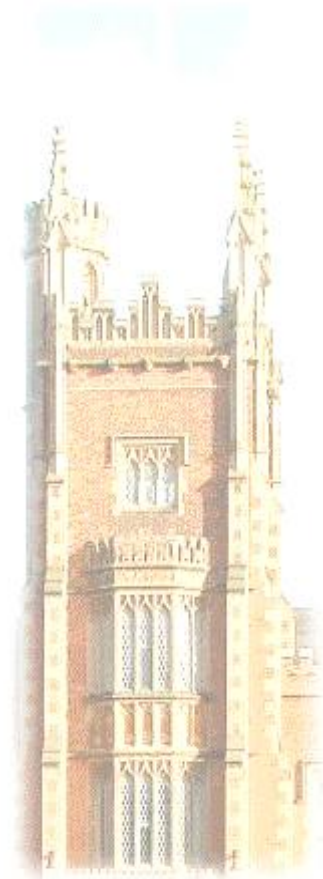
Progress Testing

QUB students are familiar with AKT style questions from Progress Testing (computer delivered Single Best Answer written examinations) which are sat through Y1-4 of the QUB C25 curriculum.

The format and standard of the questions is aligned with the MLA AKT. More information on Progress Testing for anyone interested is available through the [QUB Medical Education Portal](#) – which all GP tutors can access this once registered. Students are aware how they are performing in relation to their peers in their Progress Tests; they also



Consider involvement of senior students/trainees



Agenda

General updates

Year 1 – Family Attachment

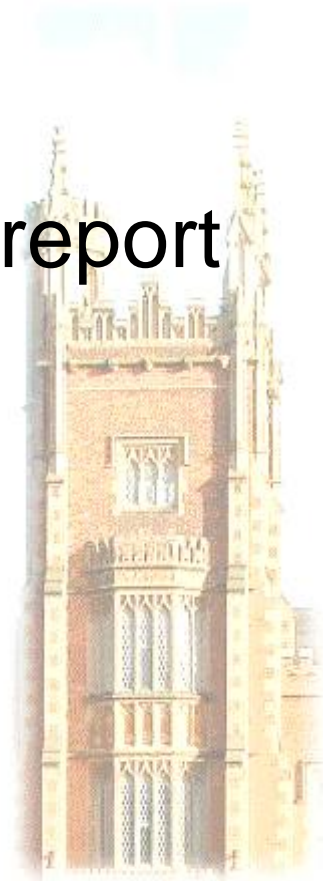
Year 2 – General Practice Experience

Tutor group work



Year 1 – Family Attachment 23/24

- Continues face to face both in practice and with patients
- Runs very similar to 22/23
- **Reports due 16/4/24**
- Assessment remains the same – joint report and reflective blog



Tutorials

Session 1- Introduction to the Family Attachment Scheme

Session 2 – Contact with the families

Session 3- Review of the first contact, **planning next contact** and the basics of clinical communications

Session 4 – Special presentations, **introduction to medical notes** and starting to put together the report

Session 5 – Creating your Family Attachment report and blog

Could consider doing sessions 3 and 5 remotely ...



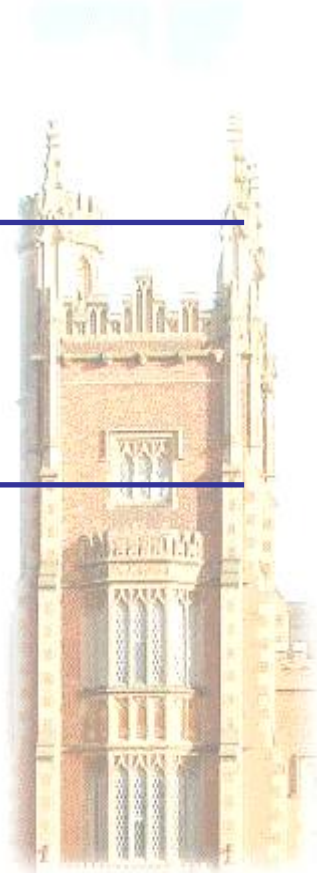
Presentations in Session 3

Living with disability or chronic illness

Advocacy in Primary Care

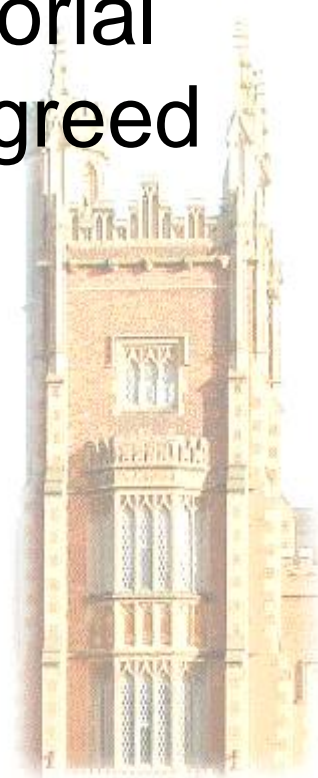
Ethical issues in Primary Care

Holistic Care in Primary Care



Choosing patients/families

- Patient/family who are happy to welcome students into their home
- Happy to be contacted independent of you
- Ideally available on date of second tutorial for introduction (then 2+ times to be agreed with the students)
- Not chosen due to their “disease”
- (Reminder re guidance on website)

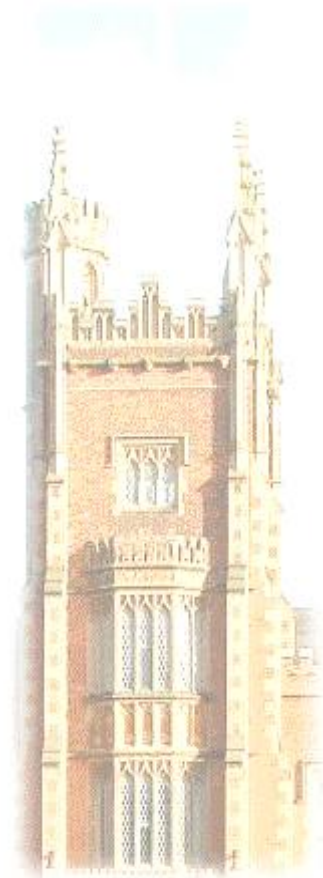


Cultural humility

- Become 'the student of the patient'
- Tutorial 1 - introduction
- Tutorial 5 – reflection (for their blog)

Table The 5 Rs of Cultural Humility

Reflection	<p>Aim: One will approach every encounter with humility and understanding that there is always something to learn from everyone.</p> <p>Ask: What did I learn from each person in that encounter?</p>
Respect	<p>Aim: One will treat every person with the utmost respect and strive to preserve dignity and respect.</p> <p>Ask: Did I treat everyone involved in that encounter respectfully?</p>
Regard	<p>Aim: One will hold every person in their highest regard while being aware of and not allowing unconscious biases to interfere in any interactions.</p> <p>Ask: Did unconscious biases drive this interaction?</p>
Relevance	<p>Aim: One will expect cultural humility to be relevant and apply this practice to every encounter.</p> <p>Ask: How was cultural humility relevant in this interaction?</p>
Resiliency	<p>Aim: One will embody the practice of cultural humility to enhance personal resilience and global compassion.</p> <p>Ask: How was my personal resiliency affected by this interaction?</p>



Introduction to Family Medicine Year 1 (Family Attachment)

Dear GP tutor,

Thank you for teaching Year 1 medical students during this academic year.

Please complete this short mark sheet below for each student in your group. Please note that these are the same as the spreadsheets completed in previous years.

If you can provide your own feedback on the module overall in one of the forms it would be much appreciated. This will be anonymised and used to assist us as we plan for the next academic year

Section 1

Awarding of marks for Joint Student Report

Please score below the marks for this student

1. What is your name? *

2. What is the name of the student? (As it appears on your list) *

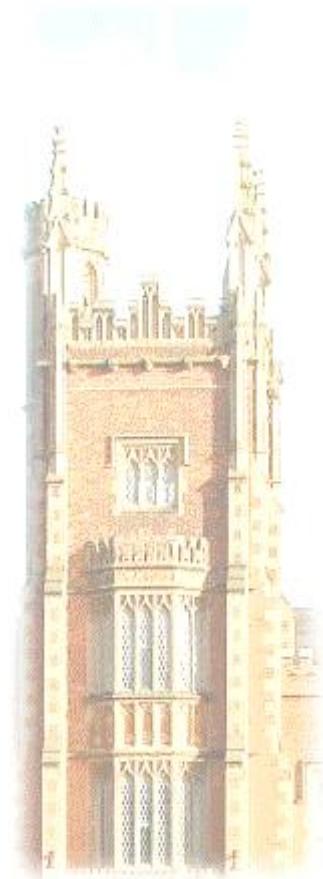
3. Overall Performance - Attendance, Contribution & Family Contact (Marks available 1-5) *

1 2 3 4 5



Summary of what's new for Year 1

- Little change from 22/23
- Change in presentation in Session 3



Agenda

General updates

Year 1 – Family Attachment

Year 2 – General Practice Experience

Tutor group work



Year 2 – General Practice Experience 23/24

- Back fully face to face!
- Main emphasis is patient contact

The students just love meeting patients face-to-face. The patients love meeting them too. it's great to hear the students reflecting on their experiences.

On a personal level I also appreciated getting to know all the students and found them to be very different in person from the impression I got over zoom the previous year



Year 2 – General Practice Experience 23/24

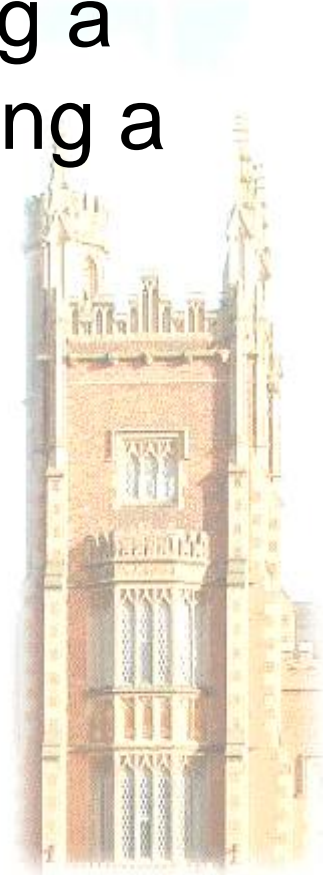
- Session 1 – Introduction
- Session 2-4 - Practice-based activities
- Session 5 – Assessment

Talk to me if issues



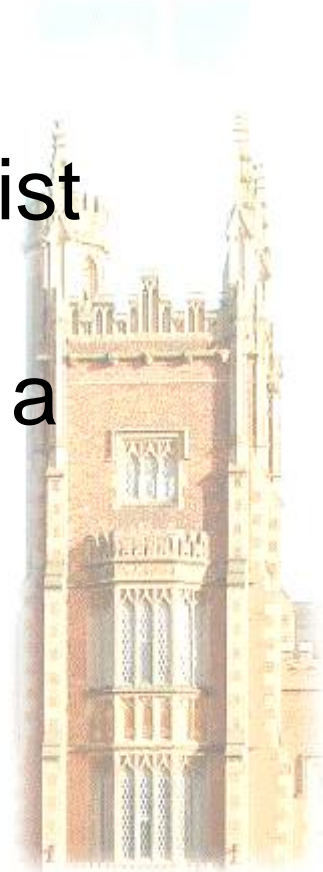
Year 2 – General Practice Experience Tutorial 1

- “The Essence of General Practice” presentation
- The “work of a patient”; developing a person-centred mindset by involving a patient at this point



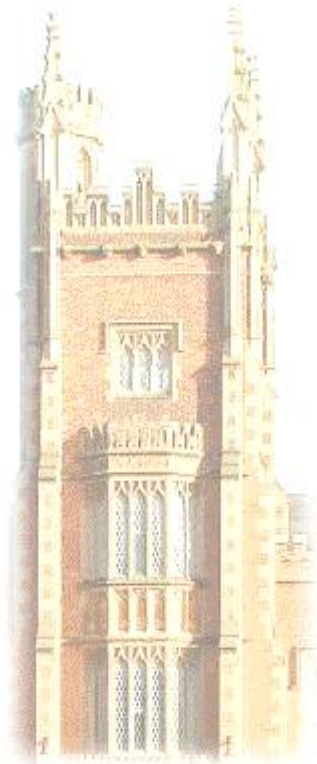
Year 2 – General Practice Experience Tutorial 2-4

- Focus is on time with patients
- Suggestions for activities when other students are consulting
- Observing MDT, either clinical e.g. Practice Nurse, TR nurse, Pharmacist or managerial/admin staff
 - Observing the overall functioning of a practice e.g. in the Waiting Room
 - Visit Family Attachment patients/families (if attached to the same practice)



Patient consultations

- Within Tutorials 2-4
- Pairs/trios consult with patient
- Either from morning triage list or 'expert patients'



Year 2 – General Practice Experience Tutorial 5

- Presentation

“Using your experience in General Practice (both with patients and staff), how has General Practice evolved in recent times to provide person-centred care, population centred care and efficient care in community settings?”



Student Assessment Sheet (Session 5)

Introduction to Family Medicine Year 2 (General Practice Experience)

Dear GP tutor,

Thank you for teaching Year 2 medical students this academic year.

Please complete this very short report below for each student in your group.

If you could provide your own feedback on the module overall in one of the forms, it would be much appreciated. This will be anonymised and used to assist us as we plan for the next academic year.

1. What is your name? *

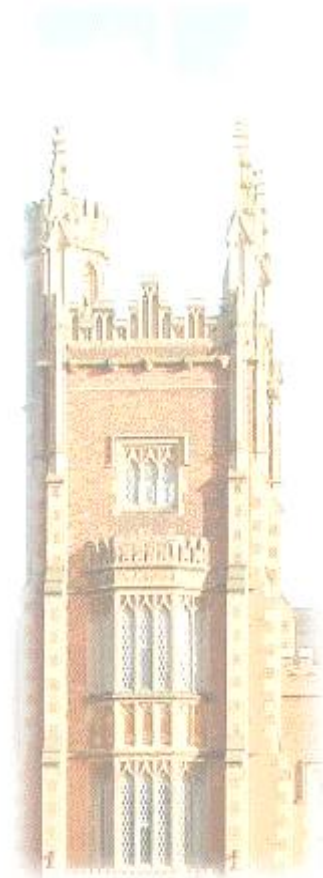
2. What is the name of the student? (As it appears on your list) *

3. Did the student achieve a satisfactory standard in this module this academic year? If you are unsure if the student has met the "satisfactory" standard, please email g. Kearney@qub.ac.uk for advice *

- Satisfactory
 Unsatisfactory

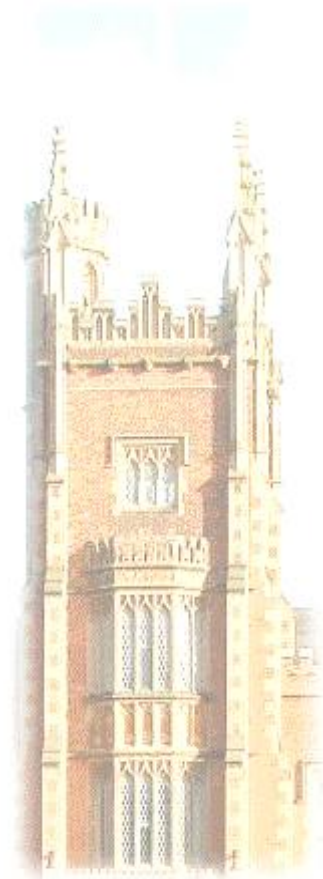
4. Please provide some positive feedback for the student on their presentation. (This needs only to be 1-2 lines) *

5. Please add one area for improvement for the student on their presentation. *



Summary of what's new Y2

- Face to face
- Session 1 involving a patient
- 2-4 practice-based activities
- Assessment in sessions 5
- Continue with MS forms



Agenda

General updates

Year 1 – Family Attachment

Year 2 – General Practice Experience

Tutor group work – sharing tips and experience



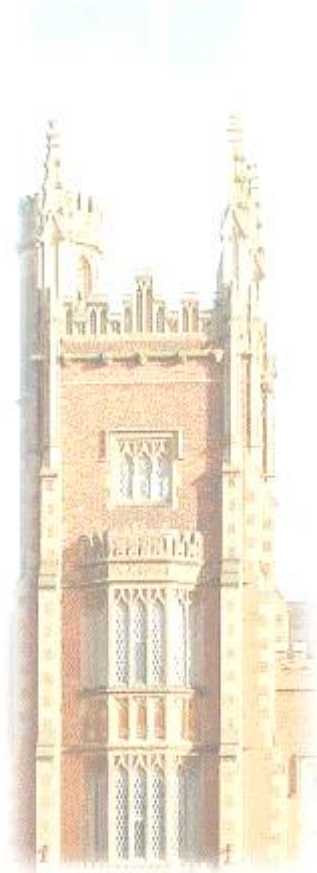
Sharing good practice – suggested focus

Year 1

Finding and asking patients

Year 2

Managing Practice-based Tutorials 2-4



Sharing good practice – suggested focus

Year 1

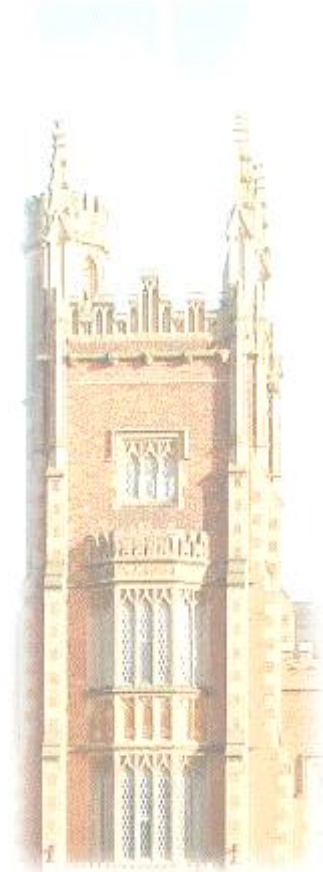
Finding and asking patients

Year 2

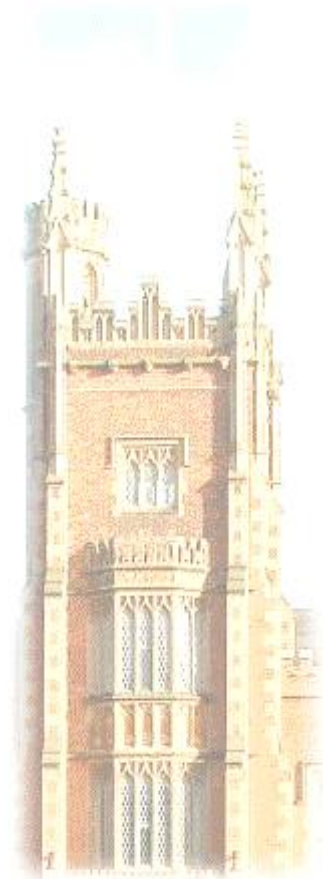
Managing Practice-based Tutorials 2-4



Buddies?

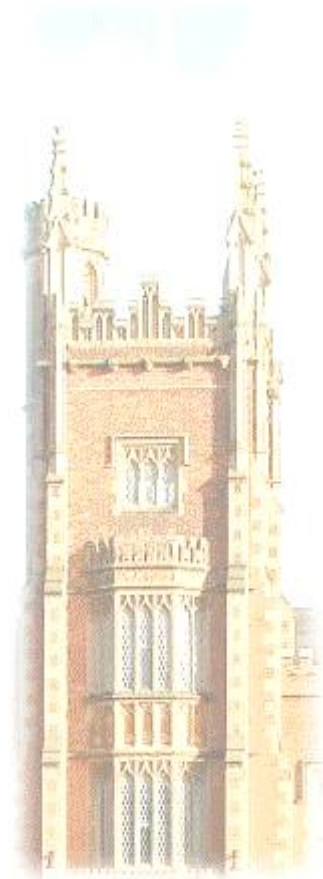


Next year?



Feedback from students

*Helped me focus
on patients as
people*



Introduction to Family Medicine

Final remarks and thanks!

Contact g.kearney@qub.ac.uk

gpadmin@qub.ac.uk

<https://www.med.qub.ac.uk/wp-gp/>

