



Queen's University's annual Green Week takes place from 18 – 22 November. The purpose of the week, which is being held to coincide with the European Week for Waste Reduction, is to raise environmental awareness and engage some 3,500 staff and 23,000 students on environmental issues. To achieve this, we will be working with lots of different partners.

In order to reach as many people as possible we will be running a, 'switch off at lunchtime' series encouraging people to step away from their desk, switch off their monitor and do something positive for their health and wellbeing. These include a 'Wardrobe workout', Grow your own workshop, a film showing and a love food hate waste cookery demonstration.

Monday 18th November

- **Green Fair**
- **Students' Union Foyer**
- **11:00am – 3:00pm**

The University's Green Fair promises fun for everyone on campus; with stalls and activities in the Students' union from 10:30am until 3pm. It's a chance to find out more about the University's sustainable activities and how you can be more sustainable at home. Stalls include the RSPB, Tidy Northern Ireland, Belfast City Council waste management department, and Airtricity. We will also have the amazing smoothie making bicycle.

- **Switch off at lunch time: Wardrobe Workout – With Lucy Smyth**
- **Enterprise Centre in the Students' Union**
- **1:00pm – 2:00pm**

This will be an hour of Re-styling tips, with live makeovers and lots of ideas of how to get the most of your existing wardrobe. *Please register your attendance at this event by emailing carbonmanagement@qub.ac.uk*

- **Green At Queen's Talk and Panel discussion**
- **Old Staff Common Room, Lanyon Building**
- **6:00pm – 8:00pm**

During this panel discussion we will be exploring sustainability from all angles at Queen's, including an update on all the projects we have completed as part of the Carbon Management Plan. John Barry will chair the discussion, and the panel will include staff from the operational and academic part of the University. *Please register your attendance at this event by emailing carbonmanagement@qub.ac.uk*

Tuesday 19th November

- **Re-Cycle Bicycle Sale with East Belfast Mission**
- **MBC Foyer**
- **10:00am – 3:00pm**

East Belfast Mission will be selling recycled and refurbished bicycles in the MBC foyer – so you can get an affordable 'new to you' bicycle for getting around campus in a sustainable and healthy way. A

member of Queen's security team will be there selling affordable secure locks and security marking your new property.

- **Switch off at lunch time: Grow It Yourself Workshop with Ground Work Northern Ireland**
- **Peter Frogatt Centre, Foyer**
- **1:00pm – 2:00pm**

Mick McEvoy from Groundwork Northern Ireland, runs the Grow it yourself (GIY) programme. GIY is an emerging global community of food growers – who believe that by growing some of our own food we make the world a healthier, happier place. Come along and learn how to grow your own fruit and veg in an environmentally sensitive way. *Please register your attendance at this event by emailing carbonmanagement@qub.ac.uk*

- **Mash Direct Bus**
- **Main Site Car park**
- **12:00pm – 3:00pm**

Mash Direct are a local company who grow and process seasonal vegetables in a wildlife friendly and environmentally sensitive way. Eating local seasonal food makes sense and there will be lots of samples available from the bus on the main site car park.

Wednesday 20th November

- **Switch off at lunch time: Film Showing: The Yes Men Fix the World**
- **14 University Square room 01/007**
- **1:00pm – 3:00pm**

Part of the Sustainability Film series at Queen's, today's film is 'The Yes Men Fix the World'. The Yes Men are anti-corporate pranksters who create phony web sites to get themselves invited to high-level corporate conferences and media events - where they unmask global injustice and satirize human rights abuses. The discussion will be led by Professor Geraint Ellis.

- **Lunchtime Lecture: Mammals of Ireland : Native Species, Fellow Travellers**
- **Ulster Museum**
- **1:00pm – 2:00pm**

This is the third talk in the 'Mammals of Ireland and Its Neighbours' lecture series given by Professor Ian Montgomery, Professor of Animal Ecology at Queen's University Belfast. It addresses the origin of the mammals of Ireland and Britain after the Last Glacial Maximum around 27,000-22,000 years ago to the present.

Thursday 21st November

- **Switch off at lunch time: Love Food Hate Waste Cookery Demonstration with Belfast Cookery School**
- **The Senate Room, Lanyon Building**
- **1:00pm – 2:00pm**

Come along to our free cooking class to learn how to make the most of leftovers and cooking with seasonal, locally produced ingredients. There are real benefits to cooking at home and the chef from Belfast Cookery School will give you the right skills for a few quick recipes. Oh, and yes there will be samples!

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- **Pop Up Sitting Room**
- **Black & White Hall, Lanyon Building**
- **2:00pm – 4:00pm**

The grand entrance to the Lanyon Building, the Black & White Hall, will be transformed into a sitting room, completely furnished with recycled furniture and soft furnishings. This high impact installation is to encourage people to buy second hand, and highlight how furniture that once had been designated to landfill, can be perfectly useable and stylish, with a little care and imagination. This sitting room will be popping up over the campus, so please keep an eye out.

Friday 22nd November

- **Cycling Clinic with McConvey Cycles**
- **McClay Library**
- **11:00am – 14:00pm**

As part of a campaign to promote cycling at the University a Cycling Clinic will be coming to the McClay Library. This will offer staff a FREE safety check on your bike with helpful hints on cycle maintenance.

- **Switch Off at lunch time: Grab a smoothie**
- **McClay Library**
- **12:00noon – 2:00pm**

Find out what you can do reduce your Carbon Footprint. Come along for free advice on how to reduce your waste and recycle more, as well as top tips on reducing your energy usage and travelling more sustainably.

- **Care Free Friday**
- **QFT & Molly's Yard**
- **After 5pm**

Staff at the University are encouraged to leave their car at home. In association with Queen's Film Theatre (QFT) and Molly's Yard, on presentation of a valid public transport ticket, staff can avail of significant discounts. 20% off regular staff prices at the QFT and 20% off your total food bill, including drinks, at Molly's Yard.