



2014 CYCLE TO WORK WEEK SCHEDULE OF EVENTS

DATE	EVENT
Monday 16 June	<p>Cycle Clinic As part of a campaign to promote cycling at the University a Cycling Clinic will be coming to Heath Sciences Campus. This will offer staff a FREE safety check on your bike with helpful hints on cycle maintenance. The McConvey Cycles Clinic will be located at the front of the MBC between 11am – 3pm.</p>
Tuesday 17 June	<p>Increase Your Bike Security For improved security, why don't you get your bike identified with a security marking kit and register with immobilise.com the National Property Register. Security marking will be available at the front of the McClay Library between 10am – 3pm.</p> <p>Cycle to Work Week Debate The motion: 'This House believes Belfast can never be a cycling city?' Join a lunchtime debate, chaired by Malachi O'Doherty and hosted by the Fred Festival, in the David Bates building between 1pm – 1.45pm. To confirm your attendance please email transport@qub.ac.uk Light lunch will be provided.</p>
Wednesday 18 June	<p>One Minute Challenge! Participate in a cycle against the clock challenge and win vouchers to the value of £80!! All participants will receive a FREE T-shirt and water bottle courtesy of Chain Reaction Cycles. This event will take place in front of the McClay library between 12.00 – 2pm.</p> <p>Cycling Maintenance Workshop Staff are invited to learn more about regular bike maintenance in a workshop environment FREE of charge. The workshop will take place at Chain Reaction Cycles, Boucher Road between 6pm – 7pm. For more information and to book your place, email transport@qub.ac.uk</p>
Thursday 19 June	<p>How smooth can you cycle? We know that cycling is healthy, but with the Cycle Smoothie-maker it can now be nutritious!! Pedal yourself up a tasty smoothie while enjoying the benefits of cycling. The Cycle Smoothie-maker will be located at the front of the McClay Library between 12 – 2pm.</p>
Friday 20 June	<p>Cycle to Work Day Pedal power over horsepower as staff are invited to leave the car at home and cycle to work. And after arriving at the University why not avail of a FREE breakfast. Breakfast will be available in the Old Staff Common Room between 8am – 10am.</p> <p>Breakfast Cycle Clinic While enjoying your breakfast why not get a FREE safety check on your bike with helpful hints on cycle maintenance. The Chain Reaction Cycles Cycle Clinic will be located outside the Old Staff Common Room between 8am – 10pm.</p>

During Bike to Work Week all University staff can avail of a 15% discount in the Chain Reaction Cycles Boucher Road store.* All purchases will be entered into a draw for a £100 gift voucher.

*Excluding Cycle+ orders