

LOCATION DETAILS.

SU Front Door

Please meet just inside the inner front doors of the Union.

SU Foyer

Ground Floor mall area of the Union.

Enterprise SU

Ground Floor. First room on the left as you enter the front door of the Union.

Clubrooms 3 & 4

3rd Floor. Take the stairs or lift opposite the Ground Floor Reception.

Board Room

3rd Floor. Take the stairs or lift opposite the Ground Floor Reception.

Elmwood Avenue

The road which runs alongside the Union.

INSPIRE. CHANGE. DISCOVER. VOLUNTEER.

If you want to help improve the lives of others, your community or the environment, there are plenty of opportunities for you.

Come along to one of our Workshops, Taster Sessions, Info Stalls or Tours to find out more.

GET IN TOUCH!

There are loads of ways that you can say hi!

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23 - 27
February

Find your perfect
volunteering opportunity...

Workshop, Taster Session,
Info Stall and Tour Schedule



Queen's Annual Fund



MONDAY 23RD FEBRUARY

HEALTH & SOCIAL CARE

Time	Location	Type	Details
12noon - 1pm	Club Rooms 3 & 4	Taster Session Parkinson's UK (Health)	Participate in an exercise class with Parkinson's patients and find out about their volunteering opportunities.
12noon - 3pm	SU Foyer	Info Stall NOW Group (Barriers to employment & learning)	Pop over for a chat about the exciting volunteering opportunities available with NOW Group.
12noon - 3pm	SU Foyer	Info Stall 174 Trust (Community Development)	Pop over for a chat about the exciting volunteering opportunities available with 174 Trust.
1pm - 2pm	Board Room	Workshop Depaul Ireland (Homelessness)	An introduction to harm reduction practices addressing issues of chronic addiction in the community.
2pm - 3.30pm	SU Front Door	Tour Cancer Focus NI (Health)	Visit Cancer Focus NI in Eglantine Ave and find out, first hand, about all the vital work being done to support people in the local community affected by cancer.
2pm - 4pm	SU Foyer	Info Stall Bryson Charitable Group (Older People)	Pop over for a chat about the exciting volunteering opportunities available with Bryson Charitable Group.
3pm - 4pm	Board Room	Workshop Abbeyfield and Wesley (Older People)	An introduction to the volunteer opportunities available at Abbeyfield and Wesley and an insight into their fundraising challenge to buy iPads for their Houses, helping residents to get connected.
4pm - 5pm	Club Rooms 3 & 4	Workshop Guide Dogs (Blindness/Visual Impairment)	An overview of Guide Dogs in Northern Ireland, the Guide Dogs Society at Queen's and an opportunity to chat with a guide dog owner and meet a guide dog.
5pm - 6pm	Board Room	Workshop Praxis (Mental Health)	Reducing the social isolation caused by mental ill health through befriending.

TUESDAY 24TH FEBRUARY

SOCIAL ENTERPRISE, ENVIRONMENT & GET REWARDED

Time	Location	Type	Details
12noon - 3pm	SU Foyer	Info Stall Volunteer Now (Volunteering)	Pop over and have a chat about how your volunteering can be officially recognised through Millennium Volunteers.
12noon - 3pm	SU Foyer	Info Stall Oh Yeah (Social Enterprise Music Centre)	Pop over and have a chat about the exciting volunteering opportunities available with Oh Yeah.
12noon - 4pm	Elmwood Avenue	Taster Session The Conservation Volunteers (Environment)	Hear about what the Conservation Volunteers hope to achieve by removing invasive species at Clandeboye Estate. Watch a demo and give it a go yourself! Transport and personal protection equipment provided.
1pm - 2pm	Enterprise SU	Workshop Student-led with Volunteer Now (Volunteering)	So you want to Volunteer? Current Queen's students share where they volunteer, why and what they get out of it. Volunteer Now is also on hand to let you know how your volunteering can be officially recognised.
2pm - 3.30pm	SU Front Door	Tour South Belfast Social Enterprise Hub (Social Enterprise Support)	Visit South Belfast Social Enterprise Hub on Sandy Row, find out more about their work, chat to some of their social enterprise clients and find out what you can bring to their organisation as a volunteer.
3pm - 4pm	Enterprise SU	Workshop Oh Yeah (Social Enterprise Music Centre)	A 'taster' of Oh Yeah Music Centre. Meet the staff and volunteers of Oh Yeah to understand what they do, find out about the wide range of activities they offer and also gain insight into the local music scene. The workshop will conclude with a quiz about the music of Northern Ireland.

WEDNESDAY 25TH FEBRUARY

CHILDREN & YOUNG PEOPLE

Time	Location	Type	Details
12noon - 3pm	SU Foyer	Info Stall Belfast City Council (Children, Young People & Community IT Hubs)	Pop over for a chat about the exciting volunteering opportunities available with Belfast City Council.
12noon - 3pm	SU Foyer	Info Stall MACs (Young people at risk of self-harm and/or suicide)	Pop over for a chat about the exciting volunteering opportunities available with MACs.
12noon - 3pm	SU Foyer	Info Stall VOYPIC (Children and young people who are cared for away from home)	Pop over for a chat about the exciting volunteering opportunities available with VOYPIC.
1.30pm - 2.30pm	Board Room	Workshop Childline (Supporting children and young people when they need it most)	Childline will inform you of their volunteer opportunities and benefits of volunteering with them as well as deliver a sample of their Volunteer Counselling Training.
1.30pm - 6pm	Elmwood Avenue	Taster Session Sea Cadets (Inspiring young people through nautical adventure and challenges)	Sea Cadets are bringing you to the waterside for a taster of the water activities you can get involved in as a Sea Cadets volunteer – transport, equipment and light refreshments provided.
3pm - 4pm	Board Room	Workshop VOYPIC (Children and young people who are cared for away from home)	An overview of the volunteer mentoring opportunity with VOYPIC. Participants will gain an understanding of the aims of mentoring for looked after young people, encompassing both the qualities and role of a mentor.

THURSDAY 26TH FEBRUARY

HEALTH & SOCIAL CARE

Time	Location	Type	Details
11.30am - 1pm	SU Front Door	Tour Leonard Cheshire Disability (Physical and learning disability)	A tour to Taylor/Cheshire House service on Derryvolgie Avenue for tea, coffee and scones with the residents who use the service and to have a chat about volunteering opportunities available.
12noon - 3pm	SU Foyer	Info Stall Crossroads NI (Fundraising for lonely elderly and young carers)	Pop over for a chat about the exciting volunteering opportunities available with Crossroads NI and make sure you are entered into their prize draw.
12noon - 3pm	SU Foyer	Info Stall Brain Injury Matters (Acquired Brain Injury)	Pop over to hear about how you could support and rebuild the lives of individuals with an Acquired Brain Injury by volunteering at Brain Injury Matters.
12noon - 3pm	SU Foyer	Info Stall Shelter NI (Housing & Homelessness)	Pop over for a chat about the exciting volunteering opportunities available with Shelter NI.
12noon - 3pm	SU Foyer	Info Stall Samaritans (Support for adults in distress)	Pop over for a chat about the exciting volunteering opportunities available with Samaritans
12noon - 3pm	SU Foyer	Info Stall NI Hospice (Life-limiting illness)	Pop over for a chat about the exciting volunteering opportunities available with NI Hospice.
2pm - 4.30pm	Enterprise SU	Workshop Alzheimer's Society (Dementia)	A Dementia Friendly Community workshop aimed at improving inclusion and quality of life for people living with dementia. Also, hear about the volunteering opportunities available with Alzheimer's Society.

TO BOOK YOUR PLACE AT OUR WORKSHOPS, TASTER SESSIONS OR TOURS, VISIT THE VOLUNTEER SU SECTION OF WWW.QBSU.ORG