



<b>Week 1</b> <b>Rookies</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Registration 8:45-9:15					
Session 1 9:15- 10:30	Football Skills OTF	Dodge ball DOJO	Athletics OTF	Dodge ball DOJO	Football -World Cup Matches OTF
Session 2 10:30- 11:30	Dodge ball DOJO	Gaelic Football OTF	Capture the flag Botanic	Uni hoc OTF	Dodge ball FINALE DOJO
Break 11:30-11:45					
Session 3 11:45- 1:00	Climbing	Climbing	Climbing	Climbing	Climbing
Lunch 1:00- 2:00					
Session 4 2:00-3:00	Swimming	Swimming	Swimming	Swimming	Swimming
Session 5 3:00- 3:45	Rounders Botanic	Kwik Cricket OTF	Dodge ball DOJO	Capture the flag Botanic	Long ball MINOR HALL
Break 3:45- 4:00					
Session 6 4:00- 4:45	Gymnastics DOJO	Basketball MINOR HALL	Circuits MAIN HALL	Bench Ball MAIN HALL	Tennis MINOR HALL
Pick up 4:45- 5:15					