

Participation for Protection (P4P)

is an EC funded project aimed at enhancing child-centred approaches.

This checklist has been informed by over 100 children and young people from Austria; Belgium; Germany; Republic of Ireland; Romania & the UK who have experience of, or are at risk of violence.

For example,
children with experience of domestic violence;
children with experience of care;
children with experience of detention;
children in conflict with the law;
children living in high conflict communities;
children from the Travelling & Roma community; migrants and refugee children.

They were asked to describe child-centred and rights-respecting practice from their perspective.

You can use the checklist to assess if your practice is indeed child-centred and upholds children's rights.



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CENTRE FOR
CHILDREN'S
RIGHTS



CHILD-CENTRED PRACTICE CHECKLIST



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KEKI
CHILDREN'S RIGHTS
KNOWLEDGE CENTRE

include
YOUTH

The University of
Nottingham

| PLEASE READ THE FOLLOWING QUESTIONS AND TICK THE APPROPRIATE RESPONSE | YES | NO | DON'T KNOW |
|--|-----|----|------------|
| 1. CREATING AN ENABLING ENVIRONMENT | | | |
| 1.1 Do you involve children in decisions that affect them? | | | |
| 1.2 Do you keep the children informed of what is happening? | | | |
| 1.3 Do you ask children for their views, listen to them and take them on board? | | | |
| 1.4 Do you explain to children how their views have been enacted, or explain to them when and how this is not possible? | | | |
| 1.5 Are you careful to not reflect your own biases and attitudes when responding to the situation? | | | |
| 1.6 Can you put your own views and values aside and not criticise or judge the child? | | | |
| 1.7 Do you take the time to develop a relationship with the child and show an interest in their lives? | | | |
| 2. COMMUNICATION | | | |
| 2.1 Do you explain the limits of confidentiality to children in a way they can understand? | | | |
| 2.2 Have they been provided with the opportunity to express their views and concerns to someone they trust? | | | |
| 2.3 Did you speak about consequences, the realities of the situation and the pros and cons of what exactly will happen? | | | |
| 2.4 Do you feel that you take children seriously and motivate and encourage them with your support? | | | |
| 2.5 Have you attempted to understand things from the child's perspective? (e.g. not just parents/guardians/case notes etc) | | | |
| 2.6 Did you speak to others involved in the incident (e.g. parents and family) to get a rounded view? | | | |
| 3. TAKING ACTION | | | |
| 3.1 Have you explained that decisions made are to protect children from further harm? | | | |
| 3.2 Did you provide protection and support for emotional and mental wellbeing as well as practical resources? | | | |
| 3.3 Do you think you helped protect the child from further violence? | | | |
| 3.4 Have you explained why a particular decision had to be taken? | | | |
| a. How many ticks did you score in each category? | | | |
| b. What actions could you take in future to improve your score? | | | |