

# How can we create and sustain art on haemodialysis?

Art activities make dialysis more enjoyable and can help patients develop rewarding skills.

#### Recruiting



The activities can be led by trained volunteers.
An interest in arts is helpful, along with good communication and interpersonal skills.
You could recruit volunteers through your hospital and Trust volunteer coordinator or local volunteer centres.

# Supervision



The unit manager is responsible for the supervision of volunteers but can nominate a team member to take on this role. Supervision could also be provided by a partner organization, and support can be provided within the hospital or trust.

# Training

Induction training for all volunteers includes:



safeguarding

infection prevention and control



fire safety



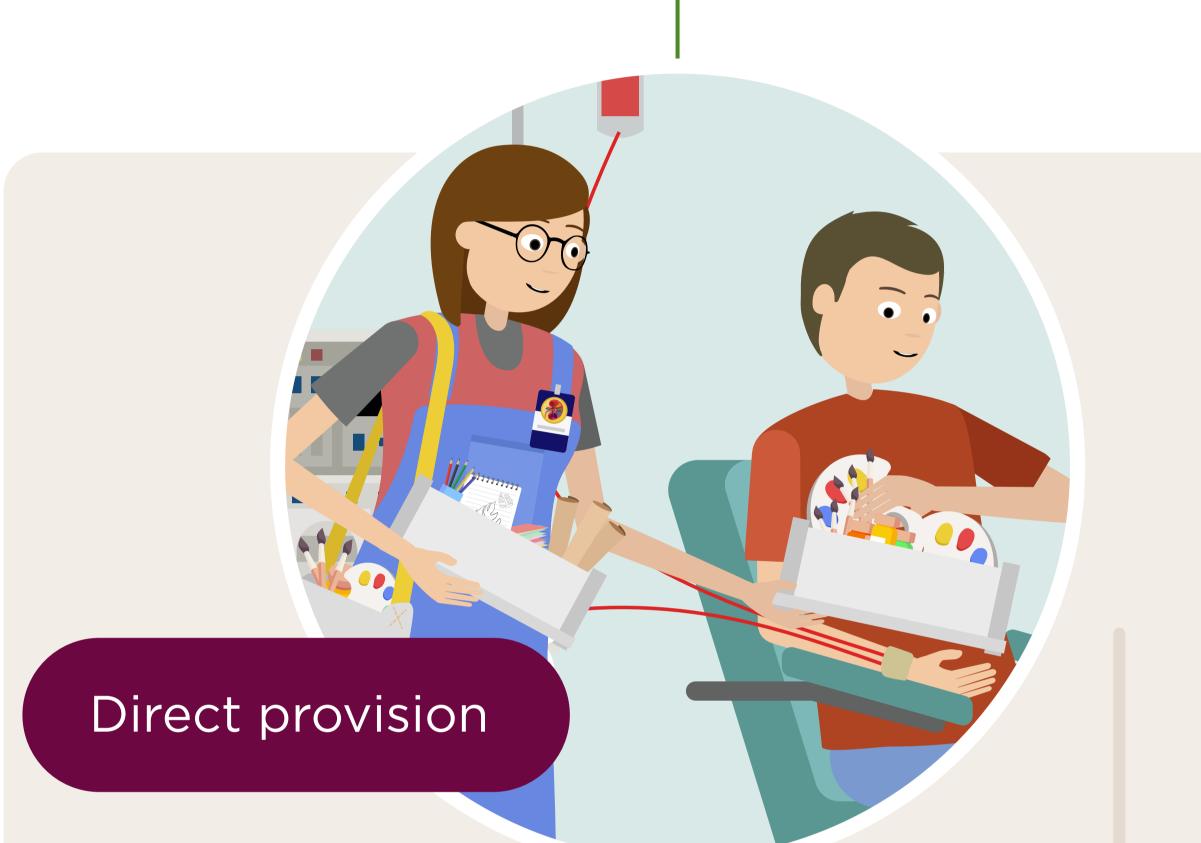
information governance, including confidentiality

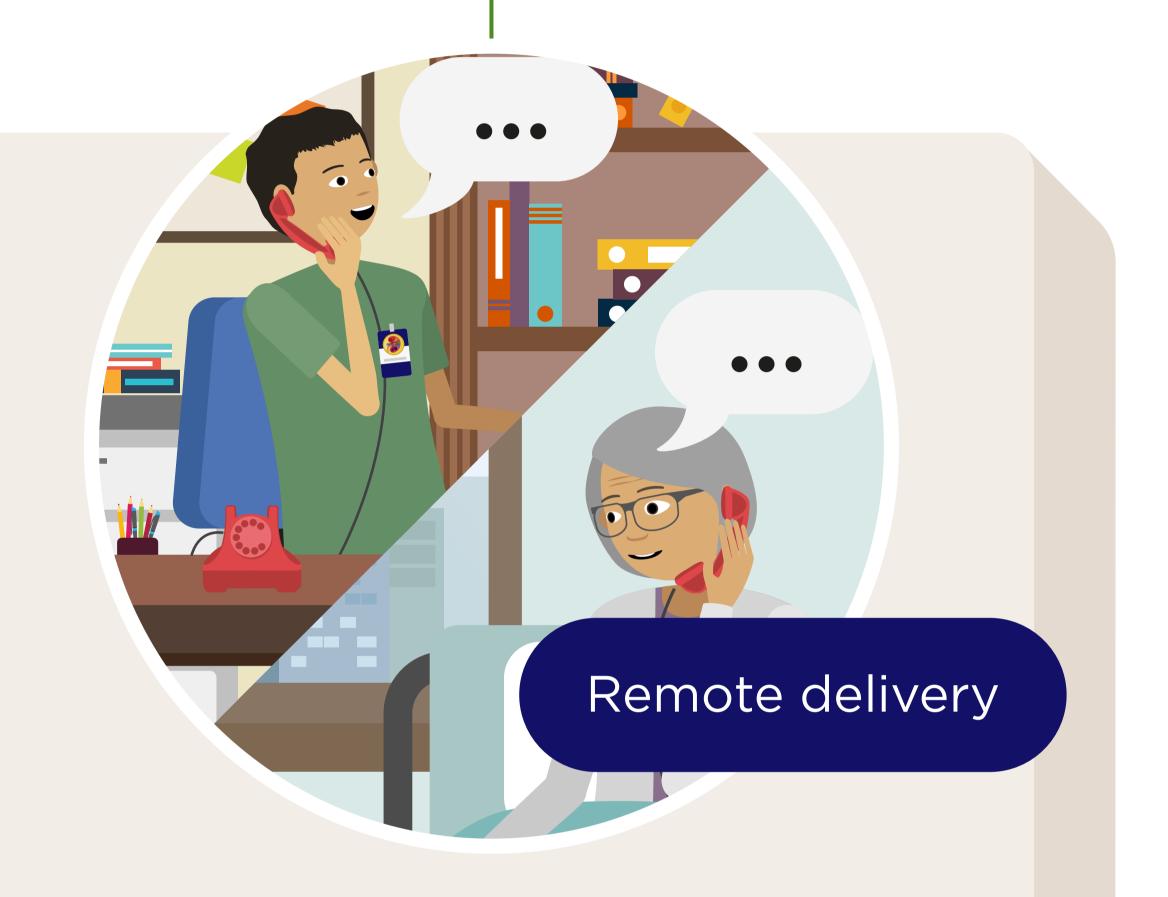


role and responsabilities of a volunteer

Direct volunteers require specific training related to the arts and the haemodialysis setting itself (e.g. an awareness of clinical alarms, patient symptoms and how they might impact the session).

Remote volunteers do not need training on infection prevention or fire safety.







one-to-one facilitation



individual arts pack (not stored onsite; avoids cross-contamination)



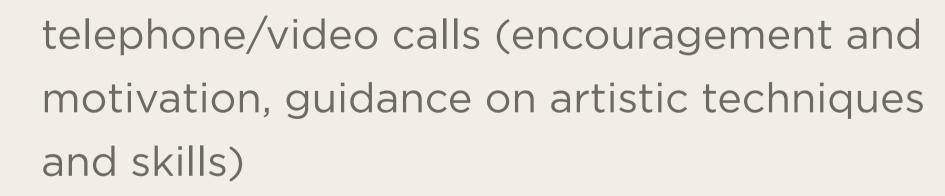
artist matched with each patient, makes initial contact and outlines programme

less suited to those with mobility restrictions

or extreme fatigue (patient may need more

one-to-one facilitation over

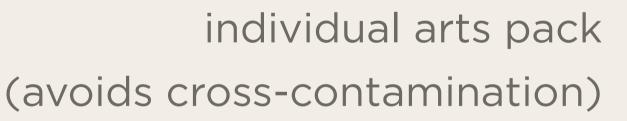
practical support)





pre-recorded online tutorials can support the virtual one-to-one sessions (but more support may be required)

practical support and assistance with arts materials





wider variety of arts materials



social engagement

TO SUSTAIN THE ART PROGRAMME YOU'LL NEED:

PATIENT AND VOLUNTEER



# ENGAGEMENT

- CHOICE OF ARTISTIC ACTIVITIES
- DISPLAY AND SHARE ARTWORK
- SHARE GOOD PRACTICE AND METHODS
- EVALUATION
- FUNDING









