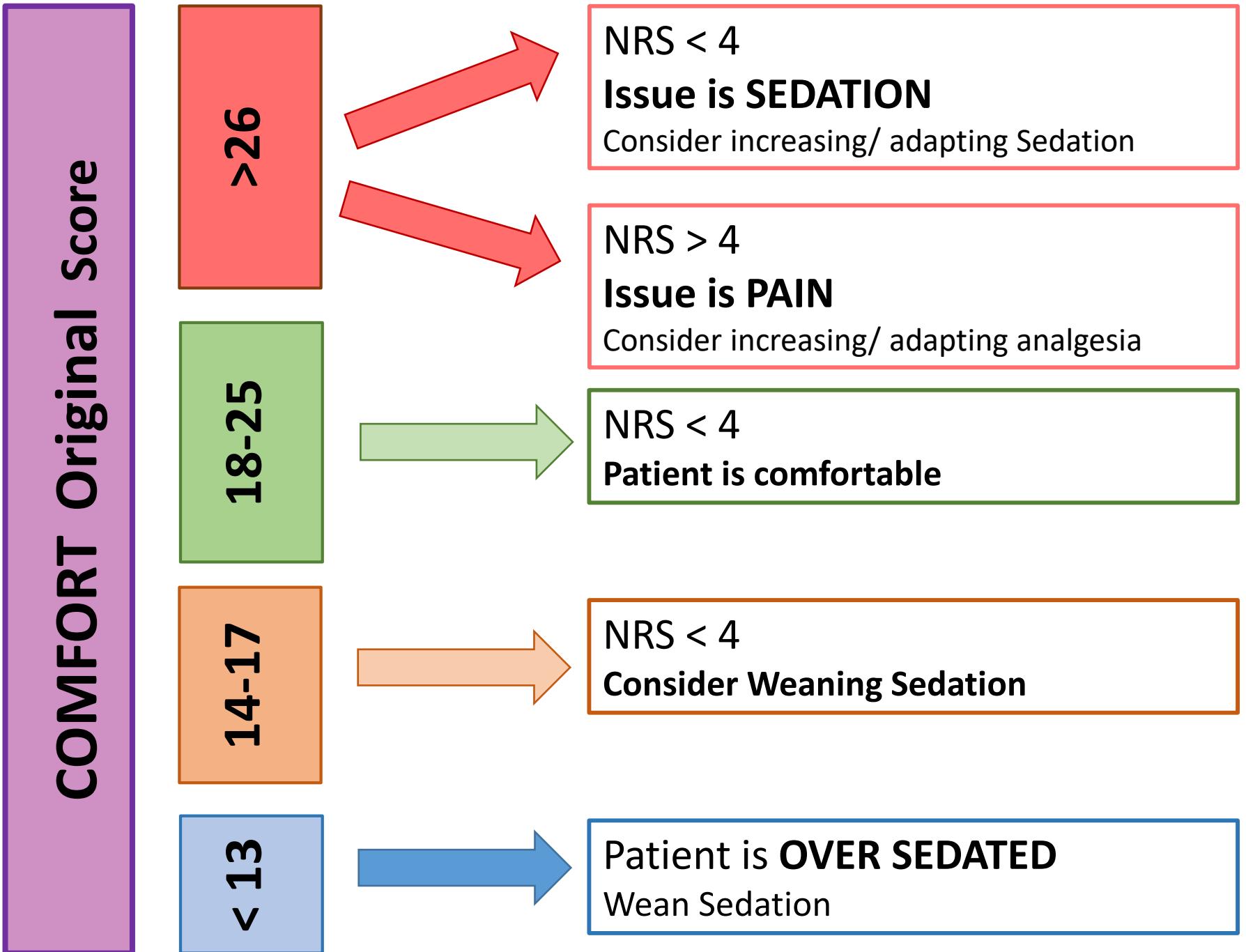


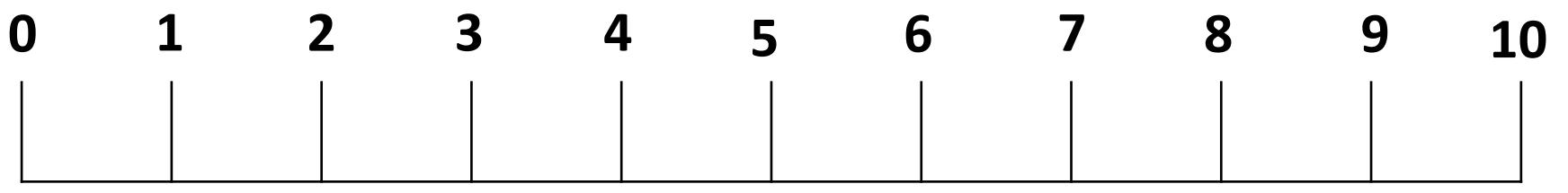


# COMFORT Original Score Titration Guide



## Nurse Reported Scale

Nurse reported pain score, can be replaced with appropriate alternative validated pain score e.g. FLACCS, FACES, CRIES, Patient Reported Score.

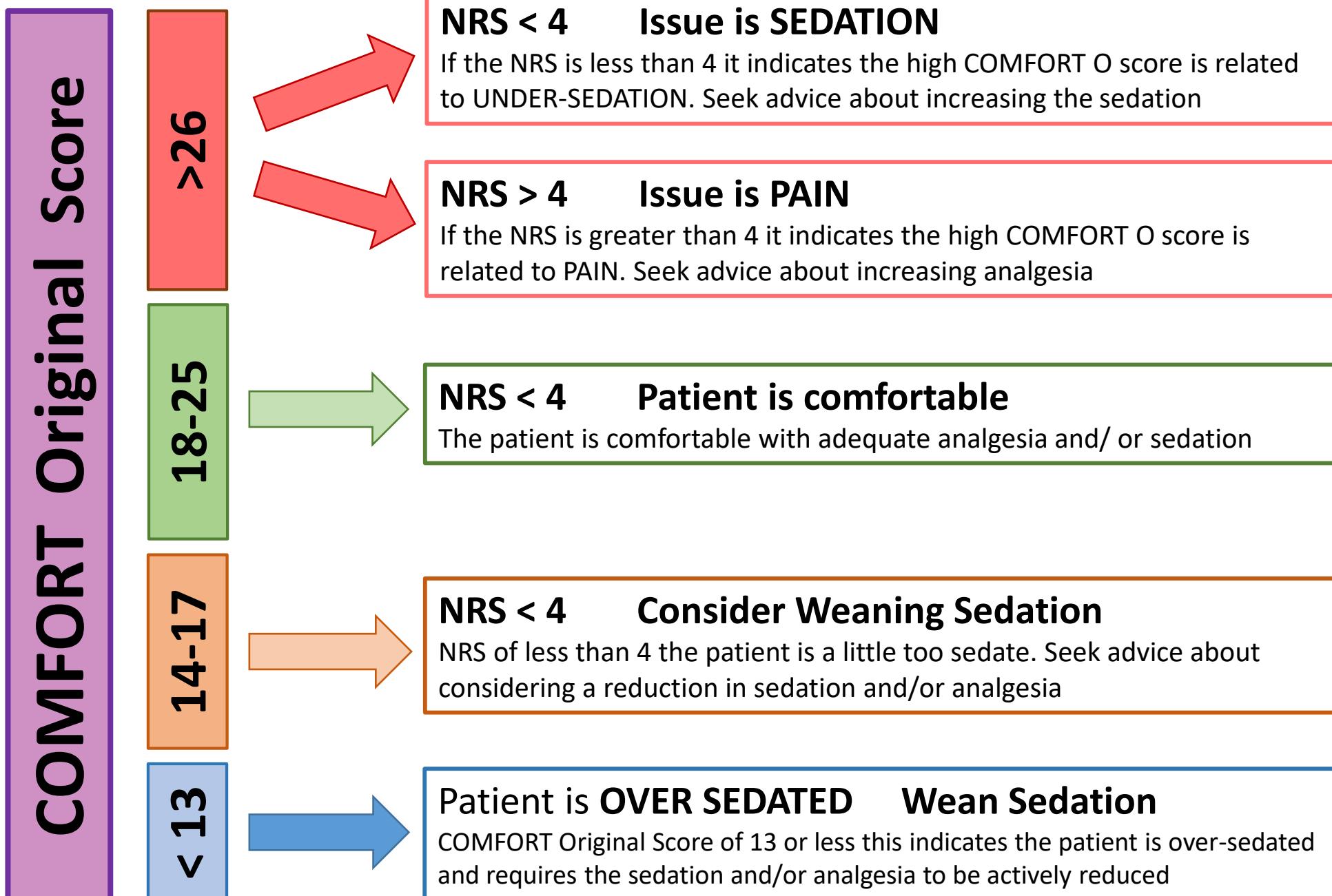




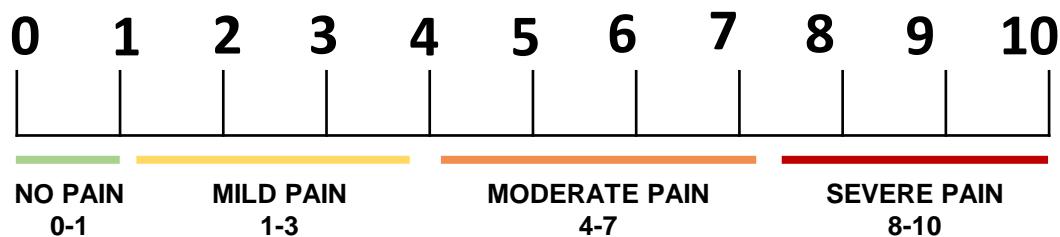
# COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score



## Nurse Reported Score Pain Score (0 – 10)



The NRS is a 0-10 pain score reported by the bedside nurse caring for the child. The NRS takes into account the expertise of the bedside nurse, the normal behavioural mannerisms reported by parents/ guardians and emotional factors ongoing at the time of the assessment.

By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation

A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.

NRS score can be replaced with any appropriate alternative validated pain score e.g. FLACCs, FACES, CRIES, Patient Reported Score.

If a pain score is reported is 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated

Non-pharmacological methods of pain relief and comfort must always be considered in combination with pharmacological methods