



ICU COMFORT SCORE



Insert Patient Sticker:

Time & Date of Assessment																			
Alertness	1 - Deeply asleep (eyes closed, no response to changes in environment)																		
	2 - Lightly asleep (eyes mostly closed, occasional responses)																		
	3 - Drowsy																		
	4 - Awake & alert																		
	5 - Awake & hyper-alert																		
Calm/Agitation	1 - Calm																		
	2 - Slightly anxious																		
	3 - Anxious																		
	4 - Very anxious																		
	5 - Panicky																		
Respiratory Response	1 - No spontaneous respiration, no cough																		
	2 - Spontaneous breathing no resistance to ventilator																		
	3 - occasional cough or resistance to ventilator																		
	4 - Actively breathes against ventilator or coughs																		
	5 - Fights ventilator coughing or choking																		
Physical Movement	1 - No movement																		
	2 - Occasional (three or fewer) slight movements																		
	3 - Frequent, (> 3) slight movements																		
	4 - Vigorous movements limited to extremities																		
	5 - Vigorous movements include torso & head																		
Blood Pressure MAP Baseline BP MAP : _____ BP MAP >15% : _____ BP MAP <15% : _____	1-BP below baseline																		
	2- BP consistently at baseline																		
	3- Infrequent elevation of >15% (1-3 times)																		
	4- Infrequent elevation of >15% (more than 3 times)																		
	5- Sustained elevation of >15%																		
Heart Rate Baseline Base HR: _____ HR >15%: _____ HR <15%: _____	1- Heart rate below baseline																		
	2- Heart rate consistently at baseline																		
	3- Infrequent elevation of >15% (1-3 times)																		
	4- Infrequent elevation of >15% (more than 3 times)																		
	5- Sustained elevation of >15%																		
Muscle Tone	1 - Muscles totally relaxed; no muscle tone																		
	2 - Reduced muscle tone; less than normal																		
	3 - Normal muscle tone																		
	4 - ↑ muscle tone & flexion of fingers & toes																		
	5 - Extreme muscle rigidity & flexion of fingers & toes																		
Facial Muscles	1 - Facial muscles totally relaxed																		
	2 - Normal facial tone																		
	3 - Tension evident in some muscles (not sustained)																		
	4 - Tension evident throughout muscles (sustained)																		
	5 - Facial muscles contorted & grimacing																		
Comfort Score																			
Pain Score: Numeric Rating Scale (0 = no pain 10 = worst possible pain)																			
Observer Signature																			

