



COMFORT Behavioural Score



Insert Patient Sticker:

Date Time															
Alertness	1 - Deeply asleep (eyes closed, no response to changes in environment)														
	2 - Lightly asleep (eyes mostly closed, occasional responses)														
	3 - Drowsy (etc)														
	4 - Awake & alert etc														
	5 - Awake & hyper-alert etc														
Calmness/ Agitation	1 - Calm														
	2 - Slightly anxious														
	3 - Anxious														
	4 - Very anxious														
	5 - Panicky														
Respiratory Response <i>(Use for mechanically ventilated patients only)</i>	1 - No spontaneous respiration														
	2 - Spontaneous & ventilator respiration														
	3 - Restless or resistance to ventilator														
	4 - Actively breathes against ventilator or coughs														
	5 - Fights ventilator														
Crying <i>(Use for spontaneous breathing patients only)</i>	1 Quiet breathing, no crying														
	2 - Occasional sobbing/ moaning														
	3 - Whining														
	4 - Crying														
	5 - Screaming or shrieking														
Physical Movement	1 - No movement														
	2 - Occasional (three or fewer) slight movements														
	3 - Frequent, (> 3) movements														
	4 - Vigorous movements limited to extremities														
	5 - Vigorous movements include torso & head														
Muscle Tone	1 - Muscles totally relaxed; no muscle tone														
	2 - Reduced muscle tone; less than normal														
	3 - Normal muscle tone														
	4 - ↑ muscle tone & flexion of fingers & toes														
	5 - Extreme muscle rigidity & flexion of fingers & toes														
Facial Tension	1 - Facial muscles totally relaxed														
	2 - Normal facial tone														
	3 - Tension evident in some muscles (not sustained)														
	4 - Tension evident throughout muscles (sustained)														
	5 - Facial muscles contorted & grimacing														
Comfort Score															
COMFORT Target Score															
Pain Score: Numeric Rating Scale (0 = no pain 10 = worst possible pain)															
Sedations Score : Nurse Interpreted Sedation Score (1= under sedated 2= adequate 3= over sedated)															
Observer Signature															



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ADDITIONAL NOTES AS REQUIRED

Time & Date	