



Reference List & Recommended Reading

Module 4: Assessing sedative states COMFORT Original Score

Useful articles for further reading on COMFORT Score development and validity

Ambuel B, Hamlett KW, Marx CM, Blumer JL. Assessing distress in pediatric intensive care environments: the COMFORT scale. *Journal Pediatric Psychology* (1992) vol:17(1) 95-109

Carnevale FA & Razack S (2002) An item analysis of the COMFORT scale in a pediatric intensive care unit. *Pediatric Critical Care Med* (2002) Vol. 3, No. 2 177-180

van Dijk M, de Boer JB, Koot HM, Tibboel D, Passchier J & Duivenvoorden HJ (2000) The reliability and validity of the COMFORT scale as a postoperative pain instrument in 0 to 3-year-old infants. *Pain* 84 (2000) 367-377

van Dijk M, Peters JWB, van Deventer P & Tibboel D (2005) The COMFORT Behaviour Scale Advanced Journal of Nursing January 2005 Vol. 105, No. 1 33-36

Ista E, van Dijk M, Tibboel D & de Hoog M. (2005) Assessment of sedation levels in pediatric intensive care patients can be improved by using the COMFORT "behaviour" scale. *Pediatric Critical Care Med* (2005) Vol. 6, No. 1 58-63

Marx CM, Smith PG, Lowrie LH, Hamlett KW, Ambuel B, Yamashita TS & Blumer JL(1994) Optimal sedation of mechanically ventilated pediatric critical care patients. *Critical Care Medicine* Volume: 22 Issue 1 (1994) 163-170

Useful articles for further reading on nurse titrated analgesia and sedation in the PICU

Larson GE & McKeever S (2018) Nurse titrated analgesia and sedation in intensive care increases the frequency of comfort assessment and reduces midazolam use in paediatric patients following cardiac surgery. *Australian Critical Care* 31 (2018) 31–36