COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score

COMFORT Original Score 0-4013 14-17 18-25 >26

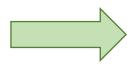


NRS < 4 Issue is SEDATION

If the FLACCS is less than 4 it indicates the high COMFORT O score is related to UNDER-SEDATION. Seek advice about increasing the sedation

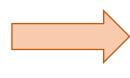
NRS > 4 Issue is PAIN

If the FLACCS is greater than 4 it indicates the high COMFORT O score is related to PAIN. Seek advice about increasing analgesia



NRS < 4 Patient is comfortable

The patient is comfortable with adequate analgesia and/ or sedation



NRS < 4 Consider Weaning Sedation

FLACCS of less than 4 the patient is a little too sedate. Seek advice about considering a reduction in sedation and/or analgesia



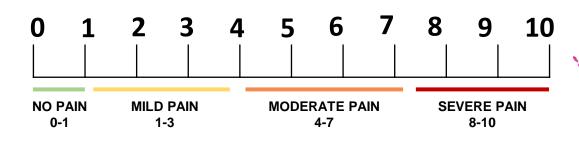
Patient is **OVER SEDATED** Wean Sedation

COMFORT Original Score of 13 or less this indicates the patient is over-sedated and requires the sedation and/or analgesia to be actively reduced

Nurse Reported Score

Pain Score

(0 - 10)



The NRS is a 0-10 pain score reported by the bedside nurse caring for the child. The NRS takes into account the expertise of the bedside nurse, the normal behavioural mannerisms reported by parents/ guardians and emotional factors ongoing at the time of the assessment.

Comfort O NRS POSTER v1.0 FINAL 18nd May 2018



By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation



A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.



FLACCS score can be replaced with any appropriate alternative validated pain score e.g. NRS, FACES, CRIES, Patient Reported Score.



intervention should be initiated
Non-pharmacological methods of pain relief and comfort must always be considered in combination with





If a pain score is reported is 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological

COMFORT Original Score

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First assess the COMFORT Original Score then assess the NRS

>26



NRS < 4 Issue is SEDATION

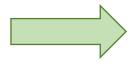
If the NRS is less than 4 it indicates the high score is related to UNDER-SEDATION. Seek advice about increasing the sedation



NRS > 4 Issue is PAIN

If the NRS is greater than 4 it indicates the high score is related to PAIN. Seek advice about increasing analgesia





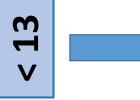
NRS < 4 Patient is comfortable

The patient is comfortable with adequate analgesia and/ or sedation



NRS < 4 Consider Weaning Sedation

NRS of less than 4 the patient is a little too sedate. Seek advice about considering a reduction in sedation and/or analgesia

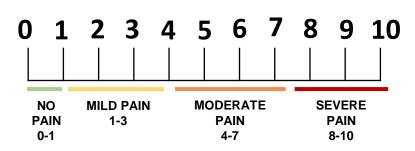


Patient is **OVER SEDATED** Wean Sedation

COMFORT Original Score of 13 or less this indicates the patient is oversedated and requires the sedation and/or analgesia to be actively reduced

Nurse Reported Scale (NRS)

Utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high score is in relation to pain or under-sedation



High COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT Scores.



If the NRS is reported as 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated

