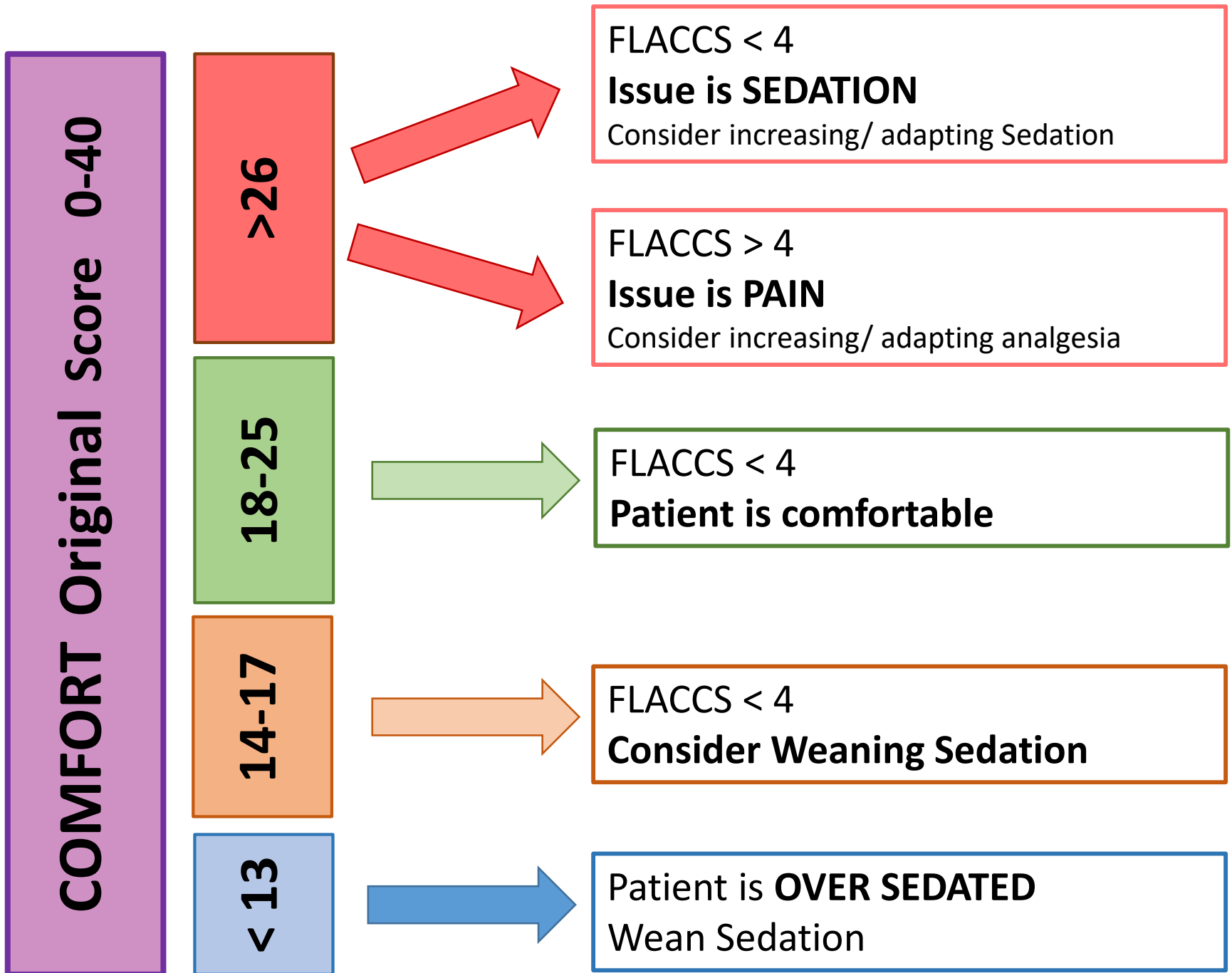




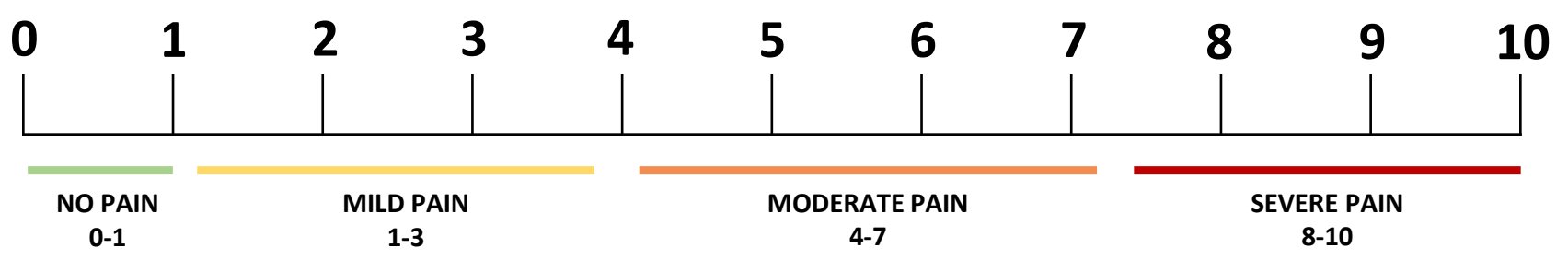
COMFORT Original Score Titration Guide



FLACCS Pain Score

Pain score, can be replaced with appropriate alternative validated pain score e.g. FACES, CRIES, NRS, Patient Reported Score.

RESPONSE	SCORE 0	SCORE 1	SCORE 2
Cry / Voice	No complaint/ no cry	Consolable/ Not talking/ negative	Inconsolable/complaining of pain
Facial Expression	Normal	Short grimace <50% of time	Long Grimace >50% of time
Posture	Normal	Touching, rubbing, sparing	Defensive/Tense/ rigid/ arched
Movement	Normal	Reduced or restless	Immobile or Thrashing
Colour	Normal	Pale	Very Pale/ Green/Grey

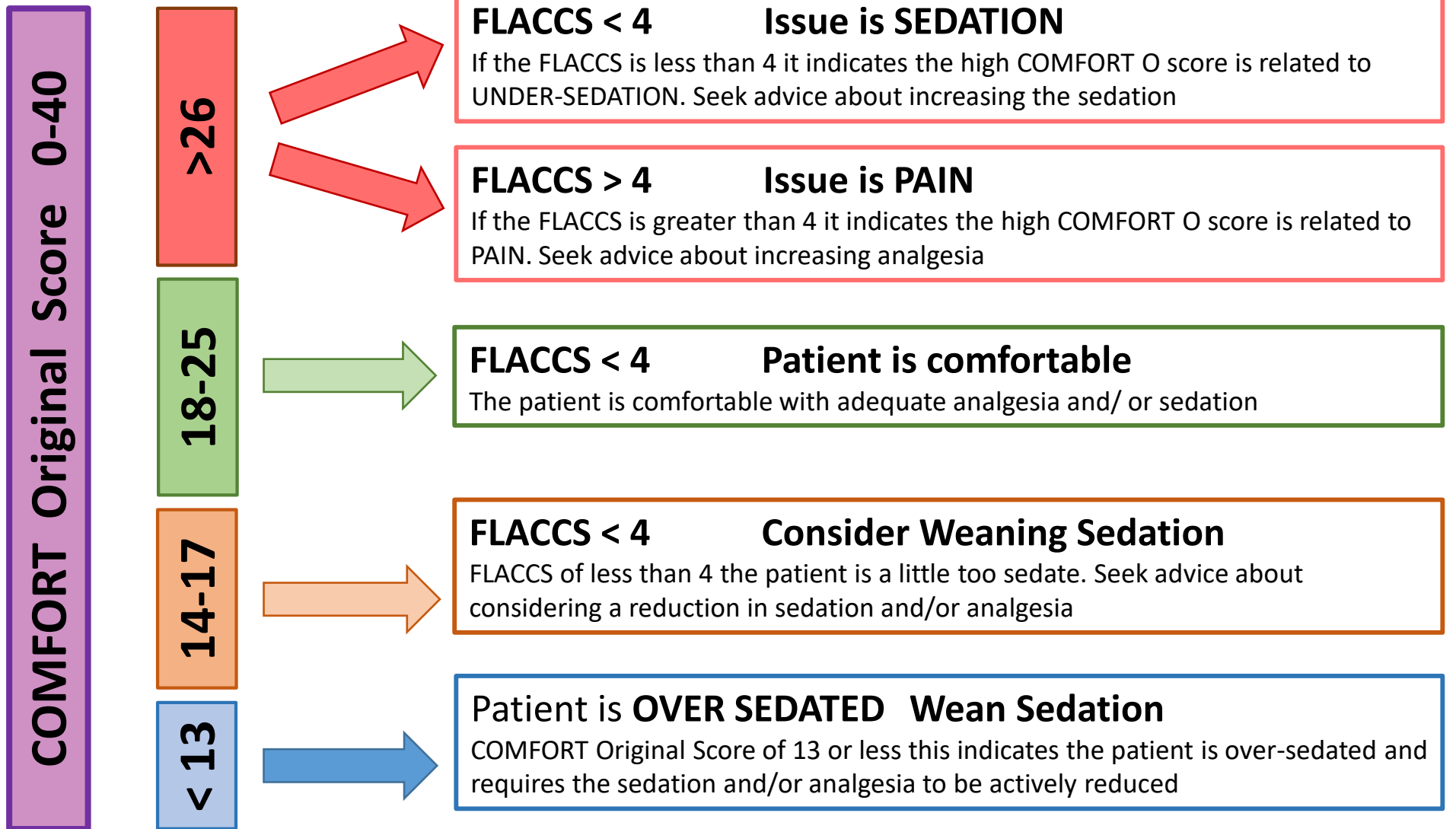




COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score



FLACCS Pain Score (0 – 10)

RESPONSE	SCORE 0	SCORE 1	SCORE 2
Cry / Voice	No complaint/ no cry	Consolable/ Not talking/ negative	Inconsolable/complaining of pain
Facial Expression	Normal	Short grimace <50% of time	Long Grimace >50% of time
Posture	Normal	Touching, rubbing, sparing	Defensive/Tense/ rigid/ arched
Movement	Normal	Reduced or restless	Immobile or Thrashing
Colour	Normal	Pale	Very Pale/ Green/Grey

0	1	2	3	4	5	6	7	8	9	10
NO PAIN 0-1		MILD PAIN 1-3		MODERATE PAIN 4-7			SEVERE PAIN 8-10			

By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation

A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.

FLACCS score can be replaced with any appropriate alternative validated pain score e.g. NRS, FACES, CRIES, Patient Reported Score.

If a pain score is reported is 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated. Non-pharmacological methods of pain relief and comfort must always be considered in combination with pharmacological methods