

FLACCS Pain Score

Pain score, can be replaced with appropriate alternative validated pain score e.g. FACES, CRIES, NRS, Patient Reported Score.

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RESPONSE SCORE 0			SCORE 1			SCORE 2			
Cry / Voice	No complaint/ no cry		Consolable/ Not talking/ negative			Inconsolable/complaining of pain			
Facial Expression Normal			Short grimace <50% of time			Long Grimace >50% of time			
Posture	Normal		Touching, rubbing, sparing			Defensive/Tense/ rigid/ arched			
Movement	nent Normal		Reduced or restless			Immobile or Thrashing			
Colour Normal			Pale			Very Pale/ Green/Grey			
0 1	2 3	4	5	6	7	8	9	10	
NO PAIN 0-1	MILD PAIN 1-3		MODERATE PAIN 4-7			SEVERE PAIN 8-10			



COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score

COMFORT Original Score 0-40

13 14-17 18-25 >26

FLACCS < 4 Issue is SEDATION

If the FLACCS is less than 4 it indicates the high COMFORT O score is related to UNDER-SEDATION. Seek advice about increasing the sedation

FLACCS > 4 Issue is PAIN

If the FLACCS is greater than 4 it indicates the high COMFORT O score is related to PAIN. Seek advice about increasing analgesia

FLACCS < 4 Patient is comfortable

The patient is comfortable with adequate analgesia and/or sedation

FLACCS < 4 Consider Weaning Sedation

FLACCS of less than 4 the patient is a little too sedate. Seek advice about considering a reduction in sedation and/or analgesia

Patient is **OVER SEDATED** Wean Sedation

COMFORT Original Score of 13 or less this indicates the patient is over-sedated and requires the sedation and/or analgesia to be actively reduced

FLACCS Pain Score

(0 - 10)

RESPONSE		SCORE 0				SCORE 1		SCORE 2		
Cry / Voice	r	No complaint/ no cry			Consolable	Not talking/ n	egative	Inconsolable/complaining of pain		
Facial Expression	N	Normal			Short grima	ce <50% of time	e	Long Grimace >50% of time		
Posture	r	Normal		Touching, re	ubbing, sparing		Defensive/Tense/ rigid/ arched			
Movement	r	Normal			Reduced or	restless		Immobile or Thrashing		
Colour	r	Normal			Pale			Very Pale/ Green/Grey		
0 1	2	<u> </u>	3	4	5	6	7	8	9	10
NO DAIN MILD DAIN				<u> </u>	DATE DAIN	SEVEDE DAIN				

NO PAIN MILD PAIN MODERATE PAIN SEVERE PAIN 0-1 1-3 4-7 8-10

By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation

A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.

FLACCS score can be replaced with any appropriate alternative validated pain score e.g. NRS, FACES, CRIES, Patient Reported Score.

If a pain score is reported is 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated. Non-pharmacological methods of pain relief and comfort must always be considered in combination with pharmacological methods

Pharmacological methods

Comfort O FLACCS Guide POSTER v2.0 FINAL 10nd June 2018