



# SANDWICH Checklist



Have you set a COMFORT target?



Have you discussed sedation management & COMFORT trends?



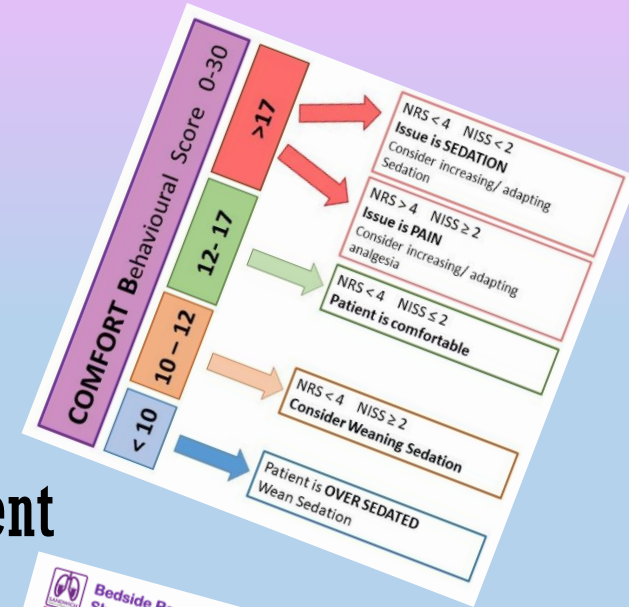
Have you discussed ventilation management & set ventilation goals?



Have you reviewed the Bedside Screen?



Is the patient ready for an SBT?



Bedside Record Sheet

Minimum Spontaneous Breathing Trial (SBT) Screen: at least once during the day shift & at least once during the night shift.

Date	Time	SBT	SpO2	ECG	HR	RR	PEEP	CMAP	Spontaneous RR	Spontaneous RR (min)	Spontaneous RR (max)	Spontaneous RR (avg)	Spontaneous RR (std dev)	Spontaneous RR (range)	Spontaneous RR (trend)

**Criteria for extubation readiness (SBT) criteria:**

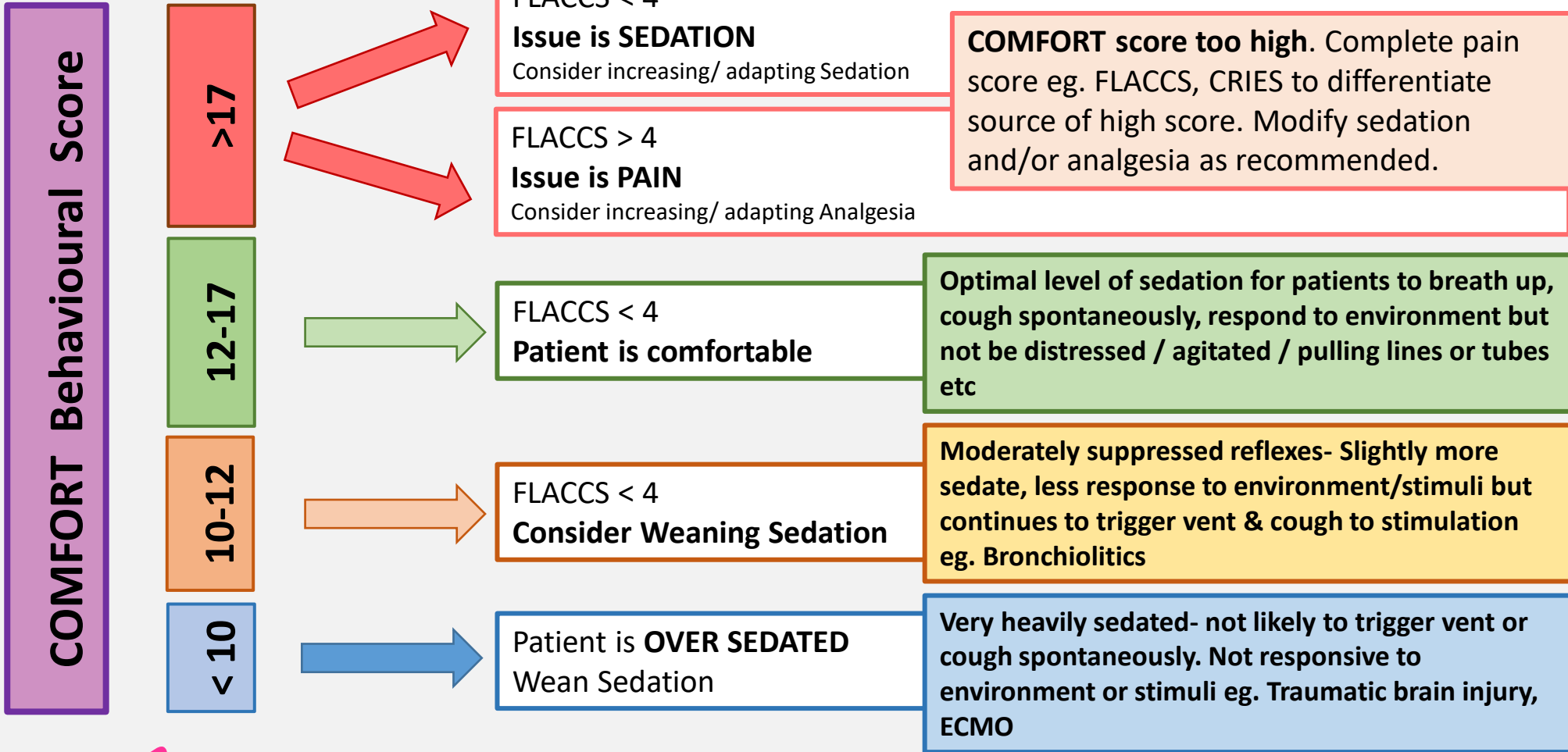
- Low consciousness level (awake or arousable)
- Spontaneous respiratory effort (spontaneous, regular)
- Spontaneous tidal volume (adequate)
- Spontaneous RR (adequate)
- Spontaneous RR (adequate)
- Spontaneous RR (adequate)
- Spontaneous RR (adequate)
- Spontaneous RR (adequate)

AND FINALLY...



Is the patient ready to extubate?

# Setting COMFORT targets



**SBT METHOD.**

**Spontaneous mode of ventilation**  
**PEEP of 5cm H2O & Pressure Support of 5cm H2O above PEEP**



# SANDWICH Checklist



Has your patient been set a COMFORT target?



Have you assessed your patient's COMFORT score regularly?



Have you completed the Bedside Screen this shift?



Is your patient ready for a SBT?

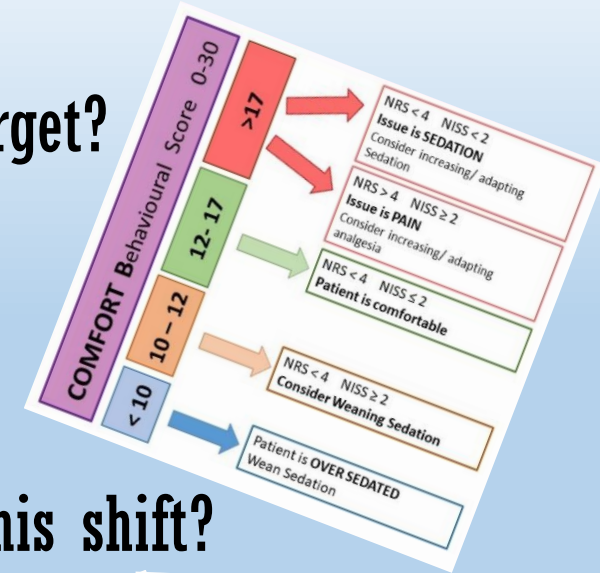


Is your patient ready to extubate?

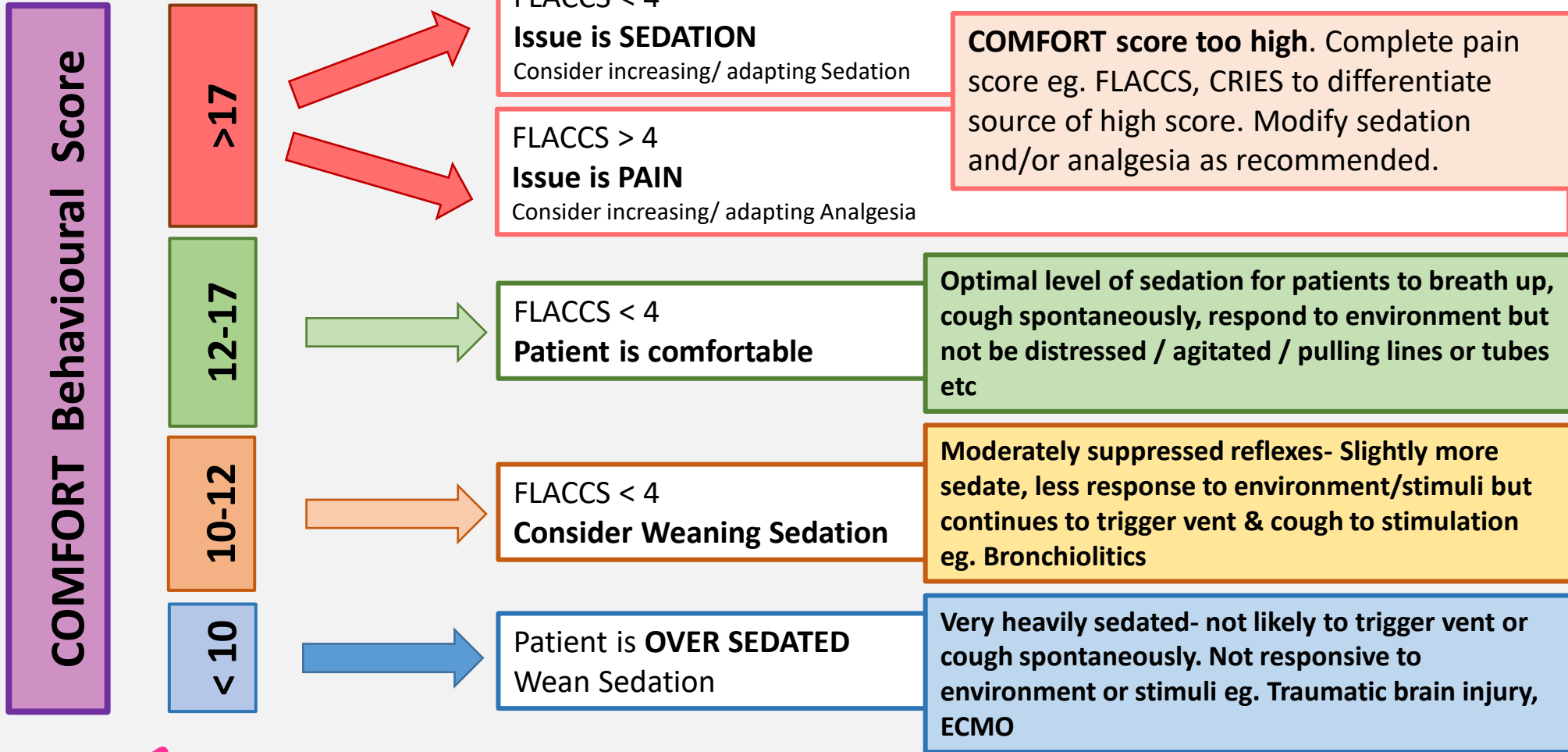
**AND FINALLY...**



Have you discussed all above on the MDT ward round?



# Setting COMFORT targets



**SBT METHOD.**

**Spontaneous mode of ventilation**  
**PEEP of 5cm H2O & Pressure Support of 5cm H2O above PEEP**