

# Introduction to Directed Acyclic Graphs (DAGs) for Causal Inference

#### Session 1

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Economic and Social Research Council Healthy Ageing Challenge Social, Behavioural and Design Research

# Facilitators



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# **SPACE** Project



SUPPORTIVE ENVIRONMENTS FOR PHYSICAL & SOCIAL ACTIVITY, HEALTHY AGEING & COGNITIVE HEALTH

- Aim:
  - to investigate the impacts, and possible mechanistic pathways, of urban environments on healthy ageing and the cognitive health
- This research builds on several projects:
- Interdisciplinary project
- More info:







Introduction to causality	DAGs: the essentials	Confounder, mediator, collider	SPACE example	d-separation rules	Work with examples	DAGitty demonstration
Outlin	ie					4

- Short Introduction to causality
- DAGs: the essentials
- Confounder, mediator, and collider
- SPACE example
- d-separation rules
- Work with examples
- DAGitty demonstration



causality	essentials	mediator, collider	SPACE example	d-separation rules	examples	demonstration
Webi	nar part	icipation				5

- Participants can use the Q&A to ask questions
- Questions breaks Open to general question throughout (Q&A, raise hand)





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• what

• who

### Prediction

- what will
- who will

Causal Inference

- why
- what-if



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Count	erfactu	al Thinking				7



Fundamental problem of causal inference





Although we can not achieve exchangablity at individual level we can do so at group level.

Unconditional Exchangeability

Conditional Exchangeability

















We need to know the data generation process

To understand

To explain

To avoid biases



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# Questions







- DAG: Directed Acyclic Graph
- Mathematical object built from letters and arrows
- Visual representation of qualitative causal assumptions







- Study design e.g., dealing with selection bias
- Analysis plan e.g., decisions on confounders
- Results interpretation
- Communication with other researchers
- Reading scientific literature



DAGitty

demonstration

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Eleme	ents of a	DAG				16

• Nodes (vertices): variables that may be observed or unobserved

In this class we will use the following:

- A will represent exposure (or treatment)
- Y will represent outcome
- L will represent other measured variables
- U will represent other unmeasured variables



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Eleme	ents of a	DAG				17

• Edge



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Eleme	ents of a	DAG				18

• Arrow (directed edge): possible direct causal effect





V

A has a causal effect on Y OR We don't know whether A has a causal effect on Y or not

Complete DAGs do not exclude any possible causal effect

A does not have a causal effect on Y

Incomplete DAGs encode expert knowledge in the form of missing arrows



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Eleme	ents of a	DAG				20

• Node terminology





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Eleme	ents of a	DAG				21

- Node terminology
  - Descendants: all nodes directly or indirectly caused by the node. Desc (A)={L,Y}







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  - Children: all nodes directly caused by the node. Child (A)={L}







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  - Descendants: all nodes directly or indirectly caused by the node. Desc (A)={L,Y}
  - Children: all nodes directly caused by the node. Child (A)={L}
  - Ancestors: all nodes directly or indirectly causing the node. An (L) = {A, U1, U2}







# Elements of a DAG

- Node terminology
  - Descendants: all nodes directly or indirectly caused by the node. Desc (A)={L,Y}
  - Children: all nodes directly caused by the node. Child (A)={L}
  - Ancestors: all nodes directly or indirectly causing the node. An (L) = {A, U1, U2}
  - Parents: all direct causes of the node. Pa (L)= {A}











- 3 nodes, representing 3 random variables (L, A, Y)
- Arrows, representing causal effects
- By convention: time goes from left to right



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Confo	under, ı	mediator, c	ollider			28















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# Questions





- Is green space associated with dementia?
  - Exposure: green space
  - Outcome: dementia
  - Covariates: age, sex, education, physical activity (unmeasured), air pollution

















- Is green space associated with dementia?
  - Exposure: green space
  - Outcome: dementia
  - Covariates: age, sex, education, physical activity (unmeasured), air pollution
    - Confounders: age, sex, education
    - Mediators: physical activity (unmeasured), air pollution
    - Colliders (path specific): physical activity (unmeasured)

(green space and dementia could be considered colliders too, but as they are our exposure and outcome we won't focus on them)


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# Questions







- A path is a sequence to get from one vertex (variable) to another traveling between edges (arrows)
- Rules:
  - <u>Cannot pass by the same vertex (variable) twice</u>
  - <u>Can</u> move against the direction of the arrow (backdoor path)



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Paths						39
L—	→ A	Y Y	$A \leftarrow L \rightarrow Y$	Non-causal pat	th	



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Paths						40

 $Y \qquad A \leftarrow L \rightarrow Y \qquad Non-causal path$ 



→ A





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d-separation rules (Pearl, 1995)						42





#### d-separation rules (Pearl, 1995)

RULE #1: If there are no variables being conditioned on, <u>a path is blocked</u> if and only if two arrowheads on the path collide at some variable on the path.





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RULE #2: Any <u>path</u> that contains a noncollider that has been conditioned on <u>is</u> <u>blocked</u>.





Introduction to<br/>causalityDAGs: the<br/>essentialsConfounder,<br/>mediator, colliderSPACE exampled-separation<br/>rulesWork withDAGitty<br/>demonstration

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RULE #3: A collider that has been conditioned on does not block a path.



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RULE #2: Any <u>path</u> that contains a noncollider that has been conditioned on <u>is</u> <u>blocked</u>.

RULE #3: A collider that has been conditioned on does not block a path.

RULE #4: A collider that has a descendant that has been conditioned on <u>does not</u> <u>block a path</u>.















#### d-connected (collider bias)





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Exam	ple 1					50



How many paths between A and Y? Are they causal/non-causal? Are they open or blocked? What set of variables is sufficient to control for confounding?







 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)







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 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)







 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ }







 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ } {B} OR {C} OR {B, C}







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 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

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 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ } {B} OR {C} OR {B, C}

![](_page_55_Picture_7.jpeg)

![](_page_56_Figure_0.jpeg)

![](_page_56_Figure_1.jpeg)

 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ } {B} OR {C} OR {B, C}

If I control for Z, I must control for B, C, or both

![](_page_56_Picture_8.jpeg)

![](_page_57_Figure_0.jpeg)

![](_page_57_Figure_1.jpeg)

 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ } {B} OR {C} OR {B, C}

If I control for Z, I must control for B, C, or both

![](_page_57_Picture_8.jpeg)

![](_page_58_Figure_0.jpeg)

![](_page_58_Figure_1.jpeg)

 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ } {B} OR {C} OR {B, C}

If I control for Z, I must control for B, C, or both

![](_page_58_Picture_8.jpeg)

![](_page_59_Figure_0.jpeg)

![](_page_59_Figure_1.jpeg)

 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$  Non-causal path, blocked (collider)

Set of variables that is sufficient for adjustment

{ } {B} OR {C} OR {B, C}

If I control for Z, I must control for B, C, or both

![](_page_59_Picture_8.jpeg)

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Exam	ple 1.1					61

![](_page_60_Figure_1.jpeg)

![](_page_60_Picture_2.jpeg)

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Exam	ple 1.1					62

![](_page_61_Figure_1.jpeg)

![](_page_61_Picture_2.jpeg)

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Exam	ple 2					63

![](_page_62_Figure_1.jpeg)

How many paths between A and Y? Are they causal/non-causal? Are they open or blocked? What set of variables is sufficient to control for confounding?

![](_page_62_Picture_3.jpeg)

![](_page_63_Figure_0.jpeg)

![](_page_63_Figure_1.jpeg)

Causal path	(main)
	Causal path

 $A \leftarrow Z \leftarrow C \rightarrow Y$ 

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$ 

Non-causal path, open

Non-causal path, blocked

![](_page_63_Picture_8.jpeg)

![](_page_64_Picture_0.jpeg)

![](_page_64_Figure_1.jpeg)

 $A \rightarrow Y$  Causal path (main)

 $A \leftarrow Z \leftarrow C \rightarrow Y$ 

 $A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$ 

Non-causal path, open

Non-causal path, blocked

![](_page_64_Picture_9.jpeg)

![](_page_65_Figure_0.jpeg)

{C}

![](_page_65_Figure_1.jpeg)

#### Paths between A and Y

$A \rightarrow Y$	Causal path (main)
$A \leftarrow Z \leftarrow C \rightarrow Y$	Non-causal path, open
$A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$	Non-causal path, blocked

Set of variables that is sufficient for adjustment

![](_page_65_Picture_5.jpeg)

![](_page_66_Figure_0.jpeg)

![](_page_66_Figure_1.jpeg)

$A \rightarrow Y$	Causal path (main)		
$A \leftarrow Z \leftarrow C \rightarrow Y$	Non-causal path, open		
$A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$	Non-causal path, blocked		

Set of variables that is sufficient for adjustment

{C} {Z,B} OR {Z,C}

![](_page_66_Picture_6.jpeg)

![](_page_67_Figure_0.jpeg)

![](_page_67_Figure_1.jpeg)

$A \rightarrow Y$	Causal path (main)
$A \leftarrow Z \leftarrow C \rightarrow Y$	Non-causal path, open
$A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$	Non-causal path, blocked

Set of variables that is sufficient for adjustment

{C} {Z,B} OR {Z,C}

![](_page_67_Picture_6.jpeg)

![](_page_68_Figure_0.jpeg)

![](_page_68_Figure_1.jpeg)

$A \rightarrow Y$	Causal path (main)		
$A \leftarrow Z \leftarrow C \rightarrow Y$	Non-causal path, open		
$A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$	Non-causal path, blocked		

Set of variables that is sufficient for adjustment

{C} {Z,B} OR {Z,C}

![](_page_68_Picture_6.jpeg)

![](_page_69_Figure_0.jpeg)

![](_page_69_Figure_1.jpeg)

$A \rightarrow Y$	Causal path (main)			
$A \leftarrow Z \leftarrow C \rightarrow Y$	Non-causal path, open			
$A \leftarrow B \rightarrow Z \leftarrow C \rightarrow Y$	Non-causal path, blocked			

Set of variables that is sufficient for adjustment

{C} {Z,B} OR {Z,C} {Z, B, C}

If controls for Z, also must control for B, C, or both

![](_page_69_Picture_7.jpeg)

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# Questions

![](_page_70_Picture_2.jpeg)

![](_page_71_Figure_0.jpeg)

![](_page_71_Figure_1.jpeg)

Tennant PWG, et al. Use of directed acyclic graphs (DAGs) to identify confounders in applied health research: review and recommendations. Int J Epidemiol. 2021;50(2):620-632. doi:10.1093/ije/dyaa213

Boyle T, et al. Lifetime physical activity and the risk of non-Hodgkin lymphoma. *Cancer Epidemiol Biomarkers Prev*. 2015;24(5):873-877. doi:10.1158/1055-9965.EPI-14-1303

![](_page_71_Picture_4.jpeg)


Sleep

medication use

Tennant PWG, et al. Use of directed acyclic graphs (DAGs) to identify confounders in applied health research: review and recommendations. *Int J Epidemiol*. 2021;50(2):620-632. doi:10.1093/ije/dyaa213

Evandt J, et al. Road traffic noise and registry based use of sleep medication. Environ Health. 2017;16(1):110. DOI: 10.1186/s12940-017-0330-5

Road traffic noise



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#### Example 3. DAG where the flow of the arcs are inconsistent



Tennant PWG, et al. Use of directed acyclic graphs (DAGs) to identify confounders in applied health research: review and recommendations. *Int J Epidemiol*. 2021;50(2):620-632. doi:10.1093/ije/dyaa213

Buckley JP, et al. Prenatal Phthalate Exposures and Childhood Fat Mass in a New York City Cohort. Environ Health Perspect. 2016; 124(4): 507–513. DOI: 10.1289/ehp.1509788



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#### Checklist of recommendations for studies using DAGs

Section	Recommendation number	Recommendation details	Page
Introduction	l		
	1	The focal relationship(s) and estimand(s) of interest are stated in the study aims	
Methods			
	2	DAGs for all focal relationships and estimands of interest are provided	
	3	DAGs include all relevant variables, including those where direct measurements are unavailable	
	4	DAGs are arranged so that all constituent arcs flow in the same direction	
	5	Missing arcs have been carefully considered. Optionally, these are justified with theory and/or evidence.	
	6	DAG-implied adjustment set(s) for all estimand(s) of interest are clearly stated, including any unobserved confounders	
	8a	Alternative adjustment set(s) are clearly described and justified	
	8b	Optionally, the consistency of all DAGs with the observed data has been explored. Subsequently modified DAGs are reported separately	
Results			
	7a	Estimate(s) from unmodified DAG-implied adjustment set(s) - or the nearest approximation thereof - are provided	
	7b	Optionally, the impact of unobserved confounders has been estimated, and bias-adjusted estimates are reported	
	8c	Estimates from alternative adjustment set(s) are reported separately to those obtained from DAG-implied adjustment sets	

Tennant PWG, et al. Use of directed acyclic graphs (DAGs) to identify confounders in applied health research: review and recommendations. *Int J Epidemiol*. 2021;50(2):620-632. doi:10.1093/ije/dyaa213



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### Questions



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### Literature

#### **References:**

- Pearl J. Causal diagrams for experimental research. Biometrika, 82(4):669-710, 1995.
- Greenland S, Pearl J, Robins JM. Causal diagrams for epidemiologic research. Epidemiology (Cambridge, Mass). 1999;10(1):37-48.
- Staplin et. al, 2017. Use of causal diagrams to inform the design and interpretation of observational studies: An example from the Study of Heart and Renal Protection (SHARP). Clin J Am Soc Nephrol. 2017 Mar 7;12(3):546-552.
- Tennant PWG, et al. Use of directed acyclic graphs (DAGs) to identify confounders in applied health research: review and recommendations. *Int J Epidemiol*. 2021;50(2):620-632. doi:10.1093/ije/dyaa213

#### **Recommended readings:**

- Elwert, Felix (2013). "Graphical causal models". In: Handbook of causal analysis for social research. Springer, pp. 245–273. Available: <u>https://www.researchgate.net/publication/278717528\_Graphical\_Causal\_Models</u>
- Hernán MA, Robins JM (2020). Causal Inference: What If. Boca Raton: Chapman & Hall/CRC. Available: <u>https://cdn1.sph.harvard.edu/wp-content/uploads/sites/1268/2020/02/ci\_hernanrobins\_21feb20.pdf</u>
- Check the 'Introduction Literature on DAGs' section of the 'Learn' option of DAGitty website for more introduction readings: <u>http://www.dagitty.net/learn/index.html</u>





# Thank you!

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Economic and Social Research Council Healthy Ageing Challenge Social, Behavioural and Design Research