

Leadership for healthy people and planet

An invitation to accelerate
integrated policy and action
on health and environment

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Overview and structure of the workshops

The workshops took place across three consecutive Wednesdays in September 2023, in the MAC Belfast.

The purpose of the workshops was to:

- Bring together diverse perspectives connected to the issue;
- Bring participants on a journey of discovery where they learned by sharing knowledge and experiences;
- Focus on what a shared policy agenda that addresses the systemic relationships between environment and health might look like.

Perspectives represented were:



Day 1. Making Connections –

Establishing what this agenda meant to each perspective

Day 2. Discovering policy agendas

– what is currently being done; finding the opportunities for action.

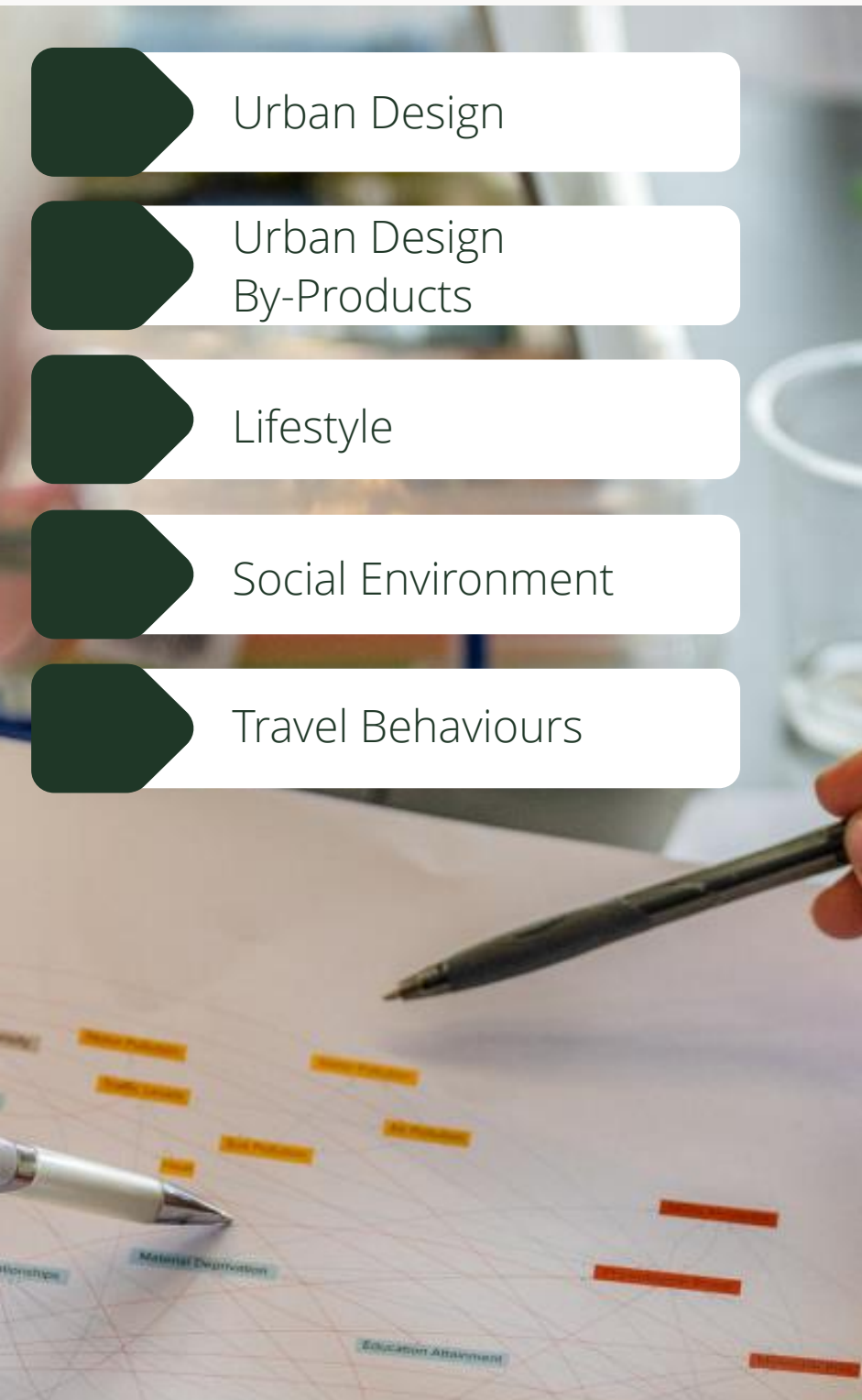
Day 3. Agreeing Actions –

and discovering what can sustain the connections.

The Process and Workshop Design

A large blank map was placed on the wall with the five key factors in bubbles.

Participants built on five themes identified by researchers by naming current trends within their own areas of work.



Urban Design

Urban Design
By-Products

Lifestyle

Social Environment

Travel Behaviours



6

emerged from the workshops to reflect the insights and aspirations of the participants

topic



Topic 1
**Knowledge
Sharing**

Topic 4
**Reducing
Car Dependency**

Topic 2
Collaboration

Topic 5
**Community Level
Action
Incorporating
Urban Design**

Topic 3
Sustainability

Topic 6
**Leadership for
Change**

Emerging Topics for Leadership for Healthy People and Planet: major conclusions

Topic 1

Knowledge Sharing

Knowledge sharing is essential for effective translation of data and evidence into policy decisions.

Topic 2

Collaboration

Meaningful collaboration – from planning through to implementation – is the only effective way of improving outcomes for environment and health.

Topic 3

Sustainability

Sustainability is an umbrella concept that offers a way to bring many different parts of the environment and health agenda into coherence.

Topic 4

Reducing Car Dependency

Our spaces and places have been designed to accommodate cars, we must change our culture of car dependency and design spaces around the people who live in them.

Topic 5

Community Level Action Incorporating Urban Design

How We Design and Live in Our Communities

Plan places and spaces for and with the communities that live in and visit those neighbourhoods.

Topic 6

Leadership for Change

Leadership is needed to enable all the necessary stakeholders to come together to play a coordinated role in tackling Environment and Health issues.



Evaluation of the process

93%

met or networked with groups and individuals they previously have not.

73%

were happy with the outcome of the workshops and learned more about health and environment

67%

learned more about the groups and individuals with capacity to influence policy action.

63%

plan to reach out to groups and individuals in the future to discuss policy action.

60%

plan to implement findings from the workshops in their work or advocacy

over half

believed they learned more about the current policy landscape around health and the environment

“

Fantastic process to bring together different stakeholders to share insights and experience as a basis for policy action and other forms of action.

Learned a lot from other people. The value of the group was reinforced.

”

Great learning and networking experience.

Well structured and hosted event, with multi-sector input and discussion. Challenge now of moving to implementation.

Workshops really made me think and I will be implementing actions.

The mix of attendees was terrific – we should do more of this.

Thank you!

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