

Leadership for Healthy People and Planet: A series of multi-stakeholder workshops to accelerate policy action on health and environment

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Introduction

It is important that the environment we live in is designed and improved to maximise brain health, and prevention receives very little policy attention. This co-design process aimed to bring together a wide range of stakeholders to set a policy agenda and pathways to improve the environments where we live with a focus on prevention, healthy ageing and brain health.

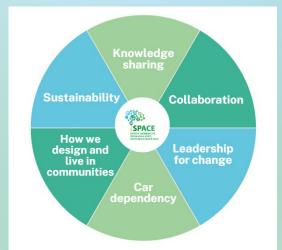
Results

Six topics emerged from the workshops to reflect the insights and aspirations of those participating: knowledge sharing, collaboration, leadership for change, car dependency, how we design and live in communities, and sustainability.

Method

Working with involve NI, we designed 3 workshops taking place on consecutive weeks in September. We gathered together policy makers, implementers, researchers, advocates, campaigners and the general public to engage in the process - with 54 participants representing 30 individual organisations represented. Participants heard from experts, made connections, discovered policy agendas and agreed actions.

majority (93%) of participants reported meeting or networking with individuals they had previously not. Most (73%) reported they were happy with the **outcome** of the workshops and that they **learned more** about current research. 63% said they plan to reach out to groups to discuss policy action.





"I learned a lot from other people - the value of the group was reinforced."

Conclusion

The collaborative process with a range of stakeholders produced six emerging

topics with regards to prevention, healthy ageing and brain health, which research, policy & practice can address to advance policy action, to improve the way we live and age. A forthcoming report will help disseminate findings.



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